Food

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People who were barely scraping by to begin with are the ones hit the hardest when the economy declines. "Marginalized people are the people who get whacked first," Ferraro said.

Receiving emergency food provides a way for these people to meet their debt obligations and feed their families, he added.

Norton agrees. "There are so many issues that contribute to the hunger," she said.

Those who use the food pantry at St. Alphonsus say they have to pay other bills - rent, utilities, prescriptions and higher taxes - before buying food. And once those bills are paid each month, there's no money left to buy groceries.

"They still have to feed their family, and the grocery store doesn't care," Norton said.

Laurie Farraro, a volunteer at Catholic Charities of Livingston County, has heard similar tales. Farraro not only coordinates Catholic Charities' food pantry in Mt. Morris, but also the Salvation Army's food pantry in the same community, where she's recently seen a doubling in the number of families served.

She said some of her clients use food stamps, but oftentimes the stamps do not last an entire month. In some cases, she said, a person's food stamp allotment has decreased because their wages have increased – but that wage increase does not make them more able to buy the food they

And the local economy's health - or lack thereof - is another contributing factor to the rise in food pantry clients.

"Mostly it's down to the work situation," Farraro said. "Everybody's getting laid off."

That is certainly true in Geneva, Ontario County, where Cheryl Toor manages the food pantry at the ecumenical Center of

"There's so much layoff," Toor said. "Geneva doesn't have a lot to offer right now for hiring.'

The Center of Concern, which receives donations from 19 Geneva-area churches, including the Roman Catholic Community of Geneva, serves about 300 families a month, Toor said. That figure has risen by 20 families since March.

In the Southern Tier, layoffs by the thousands at the area's largest employer, Corning Inc., have contributed to an increase in clients at Elmira's Samaritan Center, according to its director, Cindy Smith. The Samaritan Center, a part of Catholic Char-



Charile Norton arranges some of the canned goods at the St. Alphonsus food pantry.

ities of the Southern Tier, is one of 18 food pantries in Chemung County alone, Smith added, and there are plans to open two

During 2001, the Samaritan Center served 20,000 individuals, up from 19,801 served in 2000. When those numbers are compared to Chemung County's total population of 93,000, "it's a little alarming, Smith said.

"It gets harder and harder (for people) to make ends meet," she added.

The terrorist attack of Sept. 11 didn't help make things any easier. Most of the food pantries and soup kitchens interviewed for this story say people's need for food has been even more apparent since Sept. 11.

Norton said she noticed an increase in clients right after the attack, when people unexpectedly became unemployed as a result of the attacks or couldn't scrape by working minimum-wage jobs that did not pay enough to buy food for their families.

Then they have to come to us," Norton said. "We see a lot of it, and it's increasing."

The new faces

Workers at food pantries and soup kitchens around the diocese agree: They are seeing new faces all the time.

"We are seeing numbers coming through that are utilizing a food pantry for the first time," Smith said.

And many among them are children, she added. Of the 20,000 people the Samaritan Center serves annually, 7,500 are children.

According to statistics from Food Bank of the Southern Tier, the Samaritan Center's major food supplier, nearly 34 percent of those served by the food bank's member agencies are 18 years old or younger. The statistics were included as part of a national hunger study, Hunger in America 2001, sponsored by America's Second Har-

Norton said some of the former donors to St. Alphonsus' food pantry are now in need of food.

Children served are also on the rise, she added, especially in the summer months when schools - along with emergency meal plans they provide - are closed. Some communities do offer summer meal programs, but not everyone who experiences hunger has transportation needed to use the programs, Norton said.

Margit Shanahan of Catholic Charities of the Finger Lakes, who coordinates a lunch program at the First United Methodist Church in Geneva, says she serves roughly 78 meals a day, including six or eight to children. When school lets out, those numbers rise to 35 to 45 children per day.

"I've seen an increase, especially the last two months," she said.

Combating hunger

The problem of hunger locally goes much deeper than just providing free meals, according to FOODLINK'S Ferraro. Organizations that provide food for the needy also must look at the bigger picture of why people are hungry, and adopt a holistic approach to combating hunger.

Giving food to people who are hungry is just a quick-fix, he noted. FOODLINK believes that helping people find work so they have money to buy food or helping them start businesses that make them selfsufficient while creating jobs for others is the way to actually solve the hunger problem. For example, FOODLINK will allow someone who wants to start a bakery to use its kitchen facilities until the person can afford facilities of his or her own. Once the person takes that step, he or she is making money to buy food and creating jobs that will allow others to do the same, Ferraro said.

"That's foremost in our efforts to combat hunger. You don't combat hunger by just giving people food," he added.

Norton's approach to combatting hunger is to lobby local politicians for help. She asks them to support such initiatives as affordable housing, living wages and lowcost health-care programs so people don't have to choose between paying their bills and eating.

She also wants to make Cayuga County _ residents aware of the hunger problem and the reasons for it. In an effort to do so, she and members of the county's other food pantries held a fundraising soup supper at Calvary Presbyterian Church in Auburn in March, which was Hunger Awareness

"It focused awareness that there is a need," Norton said.

The Samaritan Center offers more than just food, Smith said. It also offers furniture, clothing, money for prescriptions and a wellness center. If people can get themselves healthy, Smith said, they will be able to find jobs and eventually be able to afford to feed themselves.

Smith said when she hears of job openings, she tells her clients about them. She is also exploring ways for the center to concentrate more on this aspect of assistance. Smith said her approach is to make people comfortable accessing the Samaritan Center's services, so she can offer them solutions to their hunger.

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