

# SENIOR LIFESTYLES

## Seniors help seniors by walking for meals



PHOTOS BY MIKE MERGEN



Approximately 500 seniors participated in the Monroe County County Office for the Aging's second annual Walk for Meals in Rochester's Highland Park June 5. Rose Domenica (left photo) warms for the walk with a step aerobics class, while Carl Godfrey (top photo) and Alice Updow, of the Henrietta Senior Center, walk the half-mile trail through Highland Park's Vietnam Memorial. Seniors were also treated to breakfast before the walk. (Below) Ann Lambert, right, waits while Don Maslyn, far left, and Rosie Farraenola prepare bagels for the walkers. The event raised \$46,000 for senior meal programs in 1998; 1999 figures have yet to be tallied.

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