

DIOCESAN NEWS

Restaurant straightens workers' way

By Rob Cullivan
Staff writer

ROCHESTER — Until last year, Hector Muriel used to spend a lot of his free time with his best friends — drugs and alcohol.

"Every Friday, I'd get paid, and I'd go out in the streets," said Muriel, a 48-year-old parishioner at St. Michael's Church. "I'd come home when I feel like it. I'd fight with my wife every day. Sometimes I felt tempted to steal."

The Puerto Rican native recalled that in 1997, after 15 years of this kind of life, he decided to shun his destructive friends forever. The father of two sought and received treatment for his substance abuse problems through Main Quest Treatment Center, a division of the Health Association, and currently attends meetings of Alcoholics Anonymous every day, he said.

Part of his rehabilitation has been working at Journey Cafe, which opened last October at 200 Plymouth Ave. The restaurant employs people in recovery and is open daily from 8 a.m. to 2 p.m. Journey Cafe serves breakfast, brunch and lunch, according to Ed Liebrand, manager. The menu includes muffins, bagels, sandwiches and hamburgers, he said.

Journey Cafe is one component of the many services offered by Recovery Place Collaborative, a partnership of 10 Monroe County service agencies led by Catholic Family Center. Some of Journey Cafe's six employees were referred to the restaurant by CFC's Restart Substance Abuse Services, Liebrand said.

A veteran of the food service industry, Muriel said he likes working at the cafe because the place serves no alcohol, unlike many restaurants, and offers no temptation to return to his old ways. He added that he hopes to work someday in food service at a nursing home or other institution that doesn't serve alcohol.

"I look at myself, and I'm glad they're helping me," he said of the cafe staff.

Richard Schmitz, who manages the Main Quest Treatment Center's West Avenue community residence, or halfway house, was the primary mover behind the



Hector Muriel, a recovering substance abuser, is a cook at Journey Cafe, 200 South Plymouth Avenue, Rochester.

establishment of Journey Cafe.

"It's a Health Association idea to take our clients and have a place where people can have an employment setting to get them ready to go back into the employment community," Schmitz said.

That notion was echoed by Carla Foos, program manager at Recovery Place. People who are addicted to drugs and/or alcohol are often marginalized in society, she said, and need a safe place from which to reenter the mainstream.

"The cafe is a step in that direction in terms of telling people that you can get direction and get help and still get back in society," she said.

Liebrand said Journey Cafe members meet twice a week to discuss such work habits as punctuality, and such values as personal cleanliness and appearance.

"A lot of them don't have any job skills," he said. "We're trying to give people some-

thing on their resume. We're trying to give people a leg up into the job market."

He added that the cafe also plans to employ people with physical and mental disabilities.

Three former cafe employees have already moved into regular jobs at area restaurants, Liebrand said. He added that all applicants to Journey Cafe must come ready to work and stay clean and sober.

From Journey Cafe's picture window that looks out onto Broad Street, his employees can see the Monroe County Jail, Liebrand commented. Since many of them have wound up there once or twice due to an incident related to their addiction, the vision of the jail is a reminder of where they once were, he said.

"A lot of people look out the window, and they see the jail," he said, "and it's a constant reminder: 'I'm not going back.'"

Journey Cafe's number is 716/262-7028.

WORC

Continued from page 3

their names, addresses, phone numbers and the products or services they offer. Hennessy said WORC would use the Bell grant to develop its Internet service in the following three areas:

- Expand the number of businesses listed on the WORC Web site.

- Create a Web site that promotes various WORC-related companies that sell specialty foods. A number of entrepreneurs aided by WORC have gone into this type of business, Hennessy said, and the agency thought it was time to focus on promoting them as a group.

- Establish a Web site for young entrepreneurs. A prototype for this site was developed during a WORC-sponsored program for Geneva schoolchildren in the summer of 1997. The program was funded by several groups, including the Episcopal Diocese of Rochester and St. Stephen's Catholic Church in Geneva.

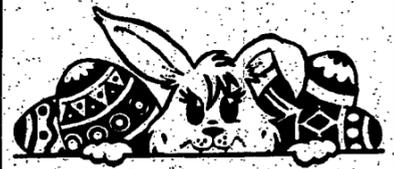
Hennessy added that WORC also wants to make it possible someday for customers of WORC-promoted businesses to order products from the entrepreneurs on-line.

Thomas Owens, director of community affairs for Bell Atlantic in Syracuse, said the company liked the fact that WORC is using high technology to help people with low incomes.

"(WORC) is encouraging folks with low incomes to get into entrepreneurship, and this, for us, was a perfect fit," Owens said.

BOSDYK'S

Restaurant & Cocktail Lounge



Wishing You a Happy Easter

Easter Dinner
Specials along
with the
regular menu

Make your reservations soon!

Party room for gatherings
of up to 60 people

430 Spencerport Road
(Corner of Long Pond)

716-247-7690

Kids' Answers
from page 12

1. c 2. d 3. e
4. f 5. g 6. b 7. a

Dining Guide

OPEN FOR THE SEASON

DINNERS SERVED FROM 5 PM
Nightly except Monday
Special Attention given to
Banquets and Parties

GOOD FRIDAY
FISH & SEAFOOD DINNER
5-9 PM

EASTER SUNDAY
SERVING DINNERS 1-9 PM
Make your Reservations!

CONESUS INN

(716) 346-6100

MR. DOMINIC'S AT THE LAKE

Fine Italian Cuisine

Delicious appetizers,
soups, veal dishes,
vegetarian, chicken,
fish, and homemade pasta



10% Senior Discount
Serving Lunch
& Dinner

4699 Lake Ave.
(716) 865-4630

GOODBYE RUTH'S RESTAURANT

465 Ridge Road West (at Dewey)

Now Serving...

SUNDAY BRUNCH
Enticing International Feasts
11 am - 2 pm

Rochester's Only

BUILD YOUR OWN BLOODY MARY BAR
Sundays 12 Noon-9pm

SUNDAY DINNER
2 pm - 9 pm

Join us April 12 for

EASTER SUNDAY

Serving Brunch, Dinner
and Special Easter Dinner Menu
Kid's Menu Also Available
11 am - 9 pm
Reservations Requested

581-0810

LAMPLIGHTER

Lunch Specials

ITALIAN DUMPLINGS
Prosciutto, pine nut and pesto
enhance this unusual dish
\$6.95

BEEF ON KIMMELWICK
As good as it gets. \$6.95

SEARED SEA SCALLOPS
served with a roasted red pepper
sauce and veggie \$8.95

All Lunch Specials
served with a choice of
soup or salad

SERVING LUNCH
Tuesday - Friday

EASTER SUNDAY

Choose from a
menu of seafood, steaks,
and Italian specialties,
along with our
Easter Specials
Children's Menu available
serving 1 TO 8 PM
Reservations are suggested



Creekside Plaza
831 Fetzner Rd.
Corner Maiden Lane
225-2500

Dinner Specials

RACK OF LAMB
marinated in a balsamic vinaigrette
crusted with Dijon complimented
with bordelaise sauce \$19.95

COUNTRY CHICKEN
with a cornbread sausage stuffing
and a apricot essence sauce \$15.95

MAITRE D' PRIME RIB
grilled with a peppercorn crusting
on a sizzler \$15.95

PORTOFINO
Lobster, shrimp, scallops and crab
meat sauteed in olive oil and white
wine served with artichoke hearts
& black olives over pasta \$17.95

SERVING DINNER
Monday - Saturday