## CONTINUED...

## **Milestones**

#### Continued from page 1

... in the Christian view every jubilee – the 25th of marriage or priesthood, known as 'silver,' the 50th, known as 'golden,' or the 60th, known as 'diamond,' – is a particular year of favor for the individual who has received one or other of the sacraments.

" ... All these personal and community jubilees have an important and significant role in the lives of individuals and communities," he wrote. Therefore, the 2,000th year since Christ's birth will represent "an extraordinary jubilee," he explained.

While such celebrations point up significant moments in life, some people today mark more "ordinary" occurrences.

"I think we celebrate birthdays and anniversaries, which are important," Rosalie Muschal-Reinhardt of Webster said. "But other things are important in our lives, like when we accomplish a goal. To stop, reflect on them and offer prayers of thanksgiving and joy is very important in the journey.

"Our lives are not lived on graduations that occur once in a lifetime," she said.

Her milestones include her marriage of 42 years, births of her four children and 10 grandchildren, and receiving her master of divinity degree in 1977 from Loyola University.

"But the fact I no longer allow myself to let people make me angry is a great milestone; that I am a joyful person is a great milestone," she added.

To help celebrate events — beyond those with long-established rituals — Muschal-Reinhardt and three friends wrote down many of the rituals they'd created and used. Their book of rituals, released last year, is called Sisters of the Thirteen Moons: Rituals Celebrating Women's Lives.

In it are their rituals for engagements; for bridal showers; for baby showers celebrating birth, adoption, or foster care; for such achievements as promotions at work and liberation from addictions; for such leave-takings as when children go off to college; and other events. They incorporate music, readings, talk and symbolic acts using anything from water to crayons.

"All of our rituals have blessing in them and offer the potential of intimacy," Muschal-Reinhardt said. "Blessing has always been part of our Judeo-Christian tradition, but we don't bless each other enough.

"You're talking to someone who thinks life should be celebrated everyday," she said. "I start every day thanking God for my blessings."

The popularity of such celebrations doesn't surprise Father John A. Colacino, of the Missionaries of the Precious Blood. Based in Brighton, he gives retreats around the country, teaches at St. Bernard's Institute and preaches for Isaiah Ministries.

"I'm not surprised that people are searching for ways to mark significant passages in life," he said. He's noticed, for instance, that more people are celebrating 10th anniversaries, both of marriage and priesthood.

"In the past, 25 years would have been the first big milestone," he said. But in today's society 10 years is becoming a milestone for such commitments.

He remembers his 10th anniversary of ordination in 1990, which coincided with being 35 years old. He went on retreat at the Abbey of the Genesee.

"The experience of the retreat allowed the time and the opportunity for reflection and hearing that some new directions were going to be opening up," he said.

Soon thereafter, he had the chance to study further in Rochester and Rome, for his doctorates in ministry and in sacred theology. And he moved from his former parish and community formation work in Ontario, Canada, into his current work.

On the other hand, people may not be psychologically or spiritually ready for a particular milestone, say a 30th or 40th birthday, he noted.

"There's nothing magical about a symbol," he said. Although it can serve as a catalyst for growth, he added, "There's not an automatic breaking through to a new level of development."

For Father David J. Faraone, pastor of Church of the Epiphany in Sodus and St. Rose of Lima in Sodus Point, every anniversary of his ordination is noteworthy. But when he reached his 10th year of ordination, his parish threw a celebration for him, and he was happy to oblige with his presence.

"I did the 10th because I've always treated the anniversary of my ordination as a time to thank and honor people who helped me make it to my ordination and sustain me since ordination," he said. Looking ahead from this anniversary to his 25th he said, "I'll keep acknowledging it in some way till then."

Similarly, he thinks married couples need to celebrate their years together, as a kind of "benchmark" and "impetus for the years ahead."

Father Faraone recently marked another milestone, though a sad one. His mother Christine died March 14. While still mourning, he and his brothers and sisters recognized the need to keep the family together, he said.

"One of the things we said we're going to do is pick a day, the first Sunday of each month and do a pot of (spaghetti) sauce and a big salad and rotate whose house we'd have it at," he said.

Even milestones that should be joyful can be too painful for people to celebrate, noted Sister Mollie Brown, RSM, who says her biggest milestone was the founding of Spirit House. The Irondequoit-based ministry is for women religious who have burned out, often have abuse in their backgrounds and need help recovering spiritually.

"One of the things we've always done here is to say to the women, 'We cannot change memories you have. ... But we can create new memories," Sister Brown said.

Often these new memories are built around celebrations the women create, she explained. And one of the first barriers to cross is the belief that they have to occur on the milestones people traditionally celebrate in order "to be correct."

The celebrations help to define where God was in their journey before, and where God is now in their journeys, she said.

She remembered a ceremony one Franciscan woman religious created on the feast of St. Clare, when she surprised the other women at Spirit House by setting up a small shrine on the piano, with a picture and mirror and rule book.

"We said, 'We know what the rule book is, but what's with the mirror?" Sister Brown recalled. The Franciscan explained that in the 13th century St. Clare made sure every nun in her order had a mirror in her cell, "because if I cannot see the face of God in myself, how will I see it in the men and women we touch?"

Spirit House had always placed mirrors in its rooms so the women "can see how beautiful they are," Sister Brown said, "but we never thought about seeing the face of God in the mirror."

Now every year on the feast of St. Clare the women at Spirit House set up a similar shrine, with a different mirror, a different napkin under it, "but the same meaning."

The visiting nun's shrine, she said, "didn't take up 12 inches but it changed us. That was a milestone for us in this house."

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