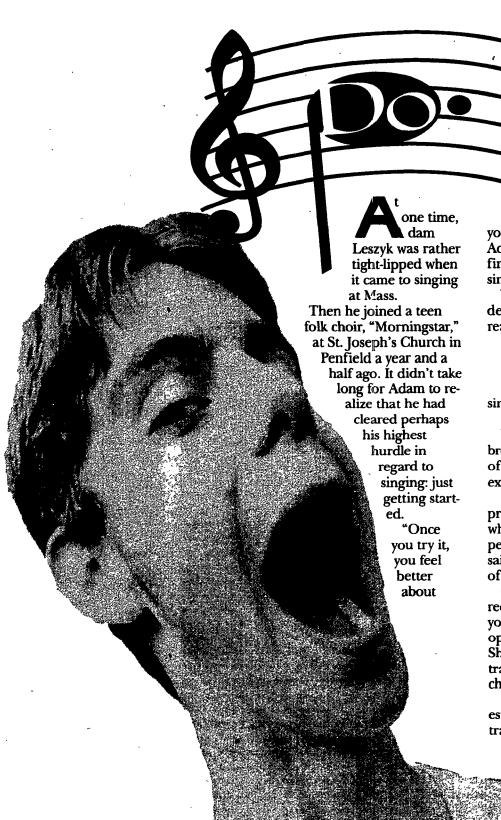
Story by Mike Latona

Photo illustration by Matthew Scott



yourself,"
Adam, 16, said. "I
finally conquered that fear of
singing in public."

What causes this fear, or lack of desire? Teens cite a variety of reasons:

- · Unfamiliarity with the music.
- Dissatisfaction with the music.
- · Lack of group participation.
- Lack of confidence in one's singing ability.

•A perception that it's not cool. Yet in the opinion of Andy's brother, Matt, the spiritual benefits of singing at Mass outweigh all the excuses for *not* singing.

"The number one thing is that it's prayer and worship. Singing is a whole different form of prayer that people don't look at all the time," said Matt, 17, a three-year member of Morningstar.

Ginny Miller, assistant diocesan director of liturgy, suggested that youths take a second look at their options for singing in parish groups. She noted that even in adult traditional and contemporary choirs, teens are often welcome.

"Cantoring is also an opportunity, especially if you've had (vocal) training at school," Miller added.

The Diocese of Rochester helped fuel this involvement by offering workshops for cantors, choir members and instrumentalists

A Coming Attractions A

from the Catholic Courier

To Life! Publication Date: October 3rd Advertising Deadline: Sept. 19th

The Consistent Life Ethic, which promotes the dignity of all human life from concep-



tion until natural death, is the second most important priority for the Diocese of Rochester. This special section, timed in conjunction with Respect Life Month, will deal with protecting and nurturing life.

Religious Vocations Publication Date: October 17th Advertising Deadline: Oct. 3rd

This supplement will address aspects of vocations in today's church – from the



motivations of men studying for the priest-hood to the efforts of women religious mapping the future of religious life; from the dwindling vocations statistics in the United States to the numbers entering religious life abroad.

Each week the Catholic Courier is delivered to more than 50,000 homes throughout the 12-county Diocese of Rochester. When you advertise in the Courier, you will introduce your organization to more than 85,000 readers.

For more information or to place your ad, speak with an account executive by calling the Courier's advertising department at 716-328-4340.

Grief & Bereavement Publication Date: November 7th Advertising Deadline: Oct. 24th

Our Grief & Bereavement supplement will offer readers information on grief and



the grieving process.
Stories may address
the traditions ethnic
communities draw
upon at times of loss;
the role parishes play
as comforter of the
bereaved; church guidance on end-of-life
choices; and the
growth of hospice care.

Catholic Courier

Weekly newspaper of the Rochester Diocese 1150 Buffalo Road ■ Rochester, NY 14624 Phone 716-328-4340 ■ Fax: 716-328-8640 III DOMINICAN SISTERS C

Share a Great Compassion

We seek women who are growing in their love of God, and desire to join a community with a strong spiritual, apostolic and community life.

Sr. Thanh
Originally
from
Vietnam,
she and
her family
came to
the United
States as
refugees

States as refugees and settled in Dallas, Texas.
Education: B.S. degree in Medical Records Administration Marymount College, Salina, Kansas; Nursing degree Pace University, Pleasantville, New York Prior Experience: Cancer Coordinator.

Living our vows and participating in the of the Church by prayer and sacramer gives us the ability to We nurse incurable free, modern nursin York, Pennsylvania, Minnesota.

dur

the

"Gi

Ser

The

Gu

to p

dio

and

Oct

in v

we

the

tee

tho

op

Ch

St.

suc

Eag

and

a g

you

the

Many who enter our nursing experience, passion for the suffer able to help them.

R-NY

FOR MORE INFORMATION:

Sr. Marie Edward Dominican Sisters of Hawthorne 600 Linda Avenue Hawthorne, NY 10532 (914) 769-4794