### SENIOR LIFESTYLES

#### Women

#### Continued from previous page

toxic form of ageism and sexism."

These moments forced her to face herself, she said, and her closeness to the Sisters of St. Joseph helped her through the toughest times.

While acknowledging a tendency of institutions to stifle, and that "the official power structure of the church has traditionally viewed nuns as the *cheap help* of the church," she said she finds "pockets of hope" in ways women have found to effect change.

Sister Weis said the Sisters of St. Joseph have a document with a statement defining them as "Women who dare to undertake all." She interprets that as, "Women, dare to go where no one has been before."

She added that if feminism means being human, developing talents and expressing them, the Catholic Church has always had room for feminism. Sisters are activists in many fields, she said, adding that her own leadership style is more one-on-one.

"The world will always see some women as invisible," she said. "Some will always overlook anyone growing old or aging. The danger is if women consider themselves invisible and don't do anything.

"There is another gift we can give the community and we shouldn't ignore it," Sister Weis added, "whatever it may be."

#### Priest to preside at healing Masses, retreat

Father Richard McAlear, vocation director of the Eastern American Province of the Oblates of Immaculate Mary, will celebrate a healing Mass at Christ the King Church, 445 Kings Highway, Irondequoit, at 7:30 p.m. Monday, Nov. 13.

Father McAlear will also celebrate a healing Mass at St. Louis Church, 60 Main St., Pittsford, at 7:30 p.m. Friday, Nov. 17, as part of a healing retreat. Both events are free and open to the public.

After each Mass, prayers will be offered for physical, spiritual and emotional healing through the Holy Spirit.

The prayers are not just for the physically sick, but for all who need to be healed in their relationship with God, organizers said. Individuals may stand in at the services for people unable to attend

The St. Louis retreat will continue at 10 a.m. Saturday, Nov. 18, with teaching sessions and prayers. Participants may bring a brown bag lunch; beverages will be provided. The retreat will conclude with a 4:40 p.m. Mass.

with a 4:40 p.m. Mass.
Father McAlear has traveled throughout Asia and North and South America, giving workshops, seminars, retreats and healing services.

#### Father Steinkirchner hired as renovation firm's contact

The New York City firm of Rambusch Design Studios has engaged Father Edward Steinkirchner as its upstate contact for church renovation and design.

Father Steinkirchner, who retired this June from the pastorate of St. Michael's Parish, Newark, also will serve as the firm's representative for church lighting

and stained glass.

During his active service, Father Steinkirchner was involved in the renovation of three turn-of-the-century churches and served on the Diocesan Liturgical Commission during the period of rapid liturgical change after Vatican II. He resides at St. Joseph Church, Penfield.

#### 'Irish Party House' relocates to new radio station, time

ROCHESTER — "Irish Party House," a long-running radio show on WGMC-FM in Rochester, has moved to a new station and time

The one-hour program, hosted and produced by Ted McGraw, can now be heard

on Rochester's WWWG (1460 AM) from 4-5 p.m. Sundays. "Irish Party House" includes traditional and popular Irish music, news from Ireland, an events calendar, and regular features such as "The Unreal News" and "Cobweb Corner."

#### Office for the Aging plans holiday dance; sets reservation date

ROCHESTER – The Monroe County Office for the Aging has scheduled a holiday dance for people age 60 and over Dec. 3 at the Radisson Hotel at Rochester Plaza, 70 State St.

From 1:30-4:30 p.m. the Gene Harold Band will perform in the grand ballroom. Punch and cookies with be served, and parking wil be free for dance guests.

In addition, bus transportation for groups of eight or more people will be available at a cost of \$1 per person.

Tickets for the dance are \$4 per person. They must be purchased by Nov. 30. Bus requests must be received by Nov.

For information, call 716/274-7824 Mondays, Tuesdays or Thursdays.

Listen to the Catholic Courier Wednesdays on WXXI Reachout Radio, a reading service of WXXI and the Association for the Blind and Visually Impaired of Greater Rochester, Inc. For information, call 716/258-0333, or write, WXXI Reachout Radio, P.O. Box 21, Rochester, N.Y. 14601.

## To subscribe to the Catholic Courier, call (716) 328-4340



# If you have Medicare, consider Preferred Care Gold.

The health plan that provides comprehensive coverage with no medical or hospital deductibles and only small copayments for physician visits.

Our Gold members asked for more benefits. Less cost. We listened. Preferred Care Gold offers:

- One membership card
- Low out-of-pocket costs
- Virtually no medical claim forms to file
- Worldwide coverage for emergency care



- Optional pharmacy, eye wear and eyecare coverage
- A dedicated Member Services department, available weekdays from 7am to 7pm

You can enroll in Preferred Care Gold from November 1 through November 30, 1995.

To find out more about a health care plan that already serves thousands of satisfied members, attend one of the following information sessions that will be held in November.

Academy of Medicine 1441 East Avenue November 2, 9, and 16 Perkins Family Restaurant 4835 West Henrietta Road (Henrietta) November 8

All sessions will be held 9:00am - 10:00am and refreshments will be served. Please call 327-5720 or 1-800-387-7320 to reserve a seat or obtain more information. If you have missed one of these meetings, or are unable to attend, call us for more information.

Preferred Care is a federally-qualified HMO with a Medicare contract.



