



In-Home Care for Children & Elders

- Senior Care
- Housekeeping
- Meal Preparation
- Child Care
- Transportation
- Companionship
- Respite
- Shopping
- Errands

Bonded And Insured **Call 723-8760**

Serving Monroe & Surrounding Counties/Eastside office 473-5580

Senior World Services



Call in your order 594-4500
4415 Buffalo Rd. • Suite 3 • North Chili
Offer valid through June

MIDTOWN MANOR APARTMENTS

(For Age 50 and Older)
Convenient Downtown Location, walk to shopping. One direct busline.

- Studio: \$299
- One Bedroom: \$359

All Utilities Included, Monthly Mass Services, Section 8 Accepted

546-3650
475 East Broad St.

A special Community of Homes nestled in a quiet, comfortable country setting for seniors 55 and over.



This home & several lots available immediately!
Club House • Lawn Care • and more!

HIDDEN MEADOWS COMMUNITY
716-494-1424

7289 Lake Road • Route 19S • Bergen NY • 1 Mile South of Route 33 & Rt. 19

Generations

CARE SOLUTIONS FOR TODAY'S FAMILY

Child Care

- ♥ Full Day Child Care 6 weeks - 12 years
- ♥ N.Y. State Licensed Center
- ♥ N.Y.S. Accredited Kindergarten
- ♥ Summer Camp

Elder Care


- ♥ Adult Social Day Care
- ♥ Respite for those providing care for elderly
- ♥ Socialization & positive self-esteem through a variety of activities

♥ Intergenerational Programs ♥ Meals Provided
♥ 6:45am-6:00pm ♥ Two locations: 230 Coldwater Rd., 179 Stenson Street (Opening late summer)

For more information contact
Kathy A. LeFrois-Executive Director, Child Care
Eve M. Moses-Executive Director, Elder Care
247-3490

THE HERITAGE

Maybe it's all the new friends. And the fun activities. Maybe it's the personal attention. And support and independence. Maybe it's living safe and secure, free to enjoy family, friends, and special times. Maybe that's why **People blossom at The Heritage.** At The Heritage, you'll enjoy living in the comfort of your own home, with a world of services at your door. Our friendly, caring community provides a complete range of social, recreational, and healthcare programs. For \$79⁵⁰ a day, our package includes all medications along with full medical and health maintenance. To find out more, call (716) 342-1700 today for a personal tour.




1450 PORTLAND AVENUE, ROCHESTER, NEW YORK 14621
(716) 342-1700 ext. 426 Marilyn Yaniga

LIFE'S OTHER PLEASURES

"I used to spend my time worrying about the upkeep of my home — the housekeeping as well as the maintenance ... but not anymore!"

Since I've moved to the Gables at Brighton I spend my time playing cards with friends and enjoying life's other pleasures."



Rochester's Premier Luxury Rental Retirement Community

- No endowment fee
- Personal care services option
- Activities
- Healthful, delicious, waiter served dinners
- Private apartments
- Safety and security
- Chauffered van
- Housekeeping and linen services

PEOPLE WHO CARE
461-1880

We encourage you to call for an appointment.

I would like to receive a brochure. CC
Clip and mail to: Carol Zdatny,
2001 Clinton Avenue South, Rochester, New York 14618

The Gables
at BRIGHTON

Name _____
Street Address _____
City _____ State _____ Zip _____
 Married Single Widowed For a friend