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THE ROCHESTER AREA PEPPER CENTER is looking for some female participants to take part in a research study at Strong Memorial Hospital. The research study is under the direction of Dr. Stephen Welle and is looking at muscle degeneration in the elderly.

VOLUNTEERS SHOULD BE:

- 1) Healthy Females
- 2) Non-Smoking
- 3) 60-75 Years of Age
- 4) Taking No Medications
- 5) Minorities encouraged to Respond

COMPENSATION \$1500.00

If you are interested in attending an informational meeting please call 716-274-7514 1:00-5:00pm Monday-Friday.

How can I prevent difficulties from grief?

Many who confront grief for the first time are surprised at the intensity of their feelings. Grief is most often associated with the death of a loved one but it can also result from divorce, loss of bodily function, moving or from a child growing up and leaving home. Because grief is poorly understood, those who have not experienced it personally can be poor helpers. By learning about grief ahead of time we can more capably assist friends in their time of need and can more readily understand the intensity of feelings when death affects our families. Take time to read and inquire about grief and learn ways to assist those in need of support.

SCHAUMAN-SULEWSKI FUNERAL HOME
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- Three meals and two snacks each day
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- Religious services
- Services available, but not included in the daily charge are:
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 - Personal laundry service
 - 24-Hour supervision
 - Cable television
 - Newspapers

Call **381-0282**

TOWN GATE EAST
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