

# YOUTH FEATURE



Nora Bradbury-Haehl (top center) leads a discussion on the 'anatomy of a leader' during a late-August youth leadership retreat held at Camp Koinonia in Yates County.

S. John Wilkin/Staff photographer

## Teens take the lead during retreat

By Mike Latona  
Staff writer

ITALY VALLEY — This retreat demonstrated that born leaders aren't the only kind out there.

Youth-group members from two Penfield parishes — St. Joseph's Church and Church of the Holy Spirit — not only enhanced but also discovered their leadership skills during the second half of a recent four-day retreat at Kamp Koinonia in Yates County. About 20 teens took part Aug. 28-29 in a variety of drills geared for students entering their sophomore, junior and senior years in high school.

One of the more unique activities had participants all standing on a piece of paper measuring 15 feet by 7 feet. They then listed on the gigantic sheet the qualities they thought a leader should possess, and assessed each other's leadership skills as well.

On the final day, youths climbed up a tree and "talked about looking at things from a new perspective, and how to break out of fears and insecurities," reported retreat director Nora Bradbury-Haehl.

Some of those fears focused on failure, rejection, appearance, letting people down and the possibility that "somebody might stop loving me," according to Bradbury-Haehl. Among the ways participants offered to combat these thoughts were: do a special favor for someone; be around people who build you up; and do a daily affirmation of yourself.

Finally, the Penfield teens practiced being small-group and large-group facilitators. "It was the leaders leading the leaders. They were so good, I started taking notes," laughed Bradbury-Haehl, who serves as youth minister for both parishes (full-time at St. Joseph and part-time at Holy Spirit).

Bradbury-Haehl stressed that she was trying to draw out more than the obvious leadership qualities — "not just who was popular or who had good public-speaking skills. Maybe somebody who has a really good prayer life, or maybe somebody who's shy and can understand what it's like to be shy, or somebody who can show sympathy."

St. Joseph's parishioner Theresa Garbach, 16, spoke highly of the retreat's educational value.

"I found out that I can relate to a group. I had always had a fear that I couldn't get across to one," she said. "I also learned how to keep a group interested."

Bill Maley, 17, who also attends St. Joseph Church, acquired similar enlightenment during his Kamp Koinonia visit.

"I learned that once you have the trust of a group, you can get better cooperation," he noted.

Garbach added that the intimate retreat atmosphere helped enhance this trust.

"Just by being in a group setting, you get to know people so much easier than walking down the street or in school," she remarked.

**REGISTER NOW!!**  
Classes start September 12.  
Classes in ballet, tap, jazz and flags for ages 3-adult

Professional training in a virtuous environment

**CLASS LOCATIONS**  
Gates (Westmar Plaza)  
Webster (King's Gym)  
Avon (South Ave.)

To register or for more information:

Cynthia Ford  
Artistic Director:  
(716) 226-2083

Claudette Collado  
Registrar:  
(716) 226-9361

Come and learn with us  
-over 30 years experience-

**SHANNON MILLER**  
is Coming Sunday, September 11th!

Shannon Miller is the 1993 World Champion and winner of five medals from the 1992 Olympic Games. Miller was undefeated both nationally and internationally in 1993.

**Call 388-8686 for details!**

**The GYMNASTICS TRAINING CENTER**  
OF ROCHESTER, INC.

2051 Fairport Nine Mile Point Rd., Penfield  
(Routes 250 & 441)

Call for information today! **388-8686**  
Our Motto: "Safety First, Last and Always!"

**DiMaria Travel**

1521 MONROE AVE. 271-0100

**Mid-Winter Break, 7-Day EASTERN CARIBBEAN CRUISE**  
With WHAM's CHET WALKER  
February 18-25, 1995 • Featuring the S/S NORWAY  
"One of the World's Legendary Cruise Ships"

We invite you to join us on this mid-winter Cruise! DiMaria Travel has special group rates for this popular mid-winter sailing. We have **inside** cabins at a rate of **\$1259.00** or **outside** cabins at **\$1349.00** per person plus \$104.50 per person port tax.

Ports of Call include: St. Maarten, St. John, St. Thomas and others.

**Includes:**

- Roundtrip airfare from Rochester to Miami
- Roundtrip transfers from airport to pier, including baggage handling
- Cruise accommodations
- All meals aboard the ship
- Fabulous entertainment aboard the Norway
- Our private Cocktail Party aboard ship
- Pre-departure get-together
- Personally escorted from Rochester

**DON'T DELAY! SPACE IS LIMITED! CALL TODAY!**

**WIN A FREE Album OR TAPE**

**THIS WEEK'S QUESTION:**  
What's the name of the newest Rolling Stones album?

**ANSWER:** \_\_\_\_\_

Name: \_\_\_\_\_ Zip: \_\_\_\_\_  
Address: \_\_\_\_\_ State: \_\_\_\_\_  
City: \_\_\_\_\_  
School: \_\_\_\_\_

**HOUSE OF GUITARS MUSIC TRIVIA**

OVER 4 MILLION Albums and Tapes Largest Selection of Compact Discs  
645 Titus Avenue  
544-9928 or 544-3500

Rules: One correct entry will be selected at random to receive a gift certificate for a free album or tape of the recipient's choice from the House of Guitars

**WINNER: Joe Canam** of Bishop Kearney H.S. correctly identified **Melissa Etheridge** as the female rocker who recently released **Yes, I Am**.

**Mail Entries To:**  
Catholic Courier  
Music Trivia  
1150 Buffalo Rd.  
Rochester, NY 14624

ESTER, N.Y.  
S  
ES  
eling  
PSKI, Com-  
general car-  
ws, doors,  
(6)637-8674.  
Siding  
rs  
IAN  
DING CO.  
1912  
iters  
71-2912  
EARNING  
15  
JRED  
ROE  
EARNING  
34-0701  
Marble  
ks  
4-8556  
d Marble  
mmercial  
E FOR TILE  
vel  
UNIVERSAL  
da. Discover  
Cloud this fall  
discounts of  
many central  
ns and lodg-  
savings at at-  
s Walt Disney  
asure Island,  
, and Univer-  
rida(TM), as  
affordable ac-  
are offered  
e discount  
all 1-800-352-  
#6936)  
IDA/ BA-  
/acation, Un-  
ays/4 Nights,  
3 days/3  
do, Florida.  
Must sell lim-  
10-278-4730.  
AN #6865)  
ls, 75  
lumn  
30p.m.  
to:  
S