

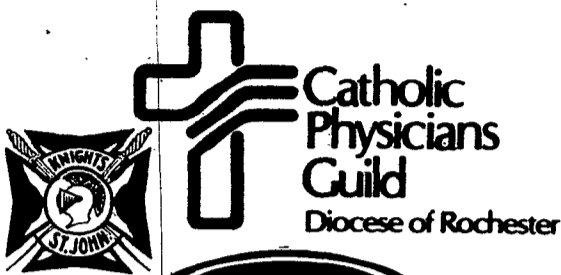
# NEWCOMERS'

G · U · I · D · E

## Retreat Centers



*Interested individuals will find plenty of opportunities for spiritual growth in the Rochester diocese through a variety of retreat centers and programs. See page 4A.*



## Lay Organizations



*Numerous groups and organizations in the diocese offer opportunities for Catholics to express their faith, practice charity and incorporate church teachings into their personal and professional lives. See page 5A.*

## Campus Communities



*Campus ministry groups attempt to provide college students in the diocese with a strong sense of belonging within their faith communities. See page 6A.*