

Senior community needs assistants during mealtimes

BRIGHTON — The Rochester Friendly Home, a senior retirement community located at 3156 East Ave., is currently seeking volunteers.

Volunteers are offered a variety of experiences ranging from direct contact with elderly residents to indirect involvement, such as working as a cashier in the gift shop or assisting with clerical tasks.

Mealtime assistants are especially needed. Volunteers are trained to assist with tray passing and offer ways to encourage elderly residents to eat. A training session is required. Help is needed for all meals.

For information, contact Linda Morrow, volunteer coordinator, at 716/381-1600, ext. 219.

STAR program is seeking new volunteers for services

ROCHESTER — Support to Aged Residents (STAR), a program operated through the Catholic Family Center, is seeking volunteers.

This program is designed to assist elderly people with a variety of services, including: transportation for doctor's visits; errands such as banking and grocery store trips; and indoor and outdoor chores.

Mileage reimbursement for volunteers is available. For details, call 716/262-7055.

Rochester agency begins new program for elderly

ROCHESTER — Family Service of Rochester recently announced the beginning of "Senior Program" for elderly alcohol and drug abusers and their families.

The program includes evaluation, treatment and socialization opportunities for elderly people (60 years of age or older) and their families who are troubled by the effects of alcohol and drug dependency.

"There are 12,000 seniors in Monroe County with alcohol and drug problems. The effects of such dependency on these elderly and their families are devastating," said Scott LaVigne, who heads the Rochester agency's alcohol and drug program.

LaVigne added that it is important to have these professional services available where seniors feel comfortable. Family Service of Rochester operates this program from the Garson Meyer Senior Center, which is located at the Regional Council on Aging, 79 N. Clinton Ave.

"The site that was chosen is downtown and near major bus routes," LaVigne explained. "The Garson Meyer Center hopefully will provide a convenient and effective place for this program."


Currently, the only other such program operates from the Park Ridge Chemical Dependency Program, part of Park Ridge Health Systems. Barbara Fernandez, the program's coordinator, noted that a strong need exists for a more accessible senior program in

Monroe County.

The Rochester agency provides counseling, educational and support services to people of all ages. The agency's elderly services include Enriched Housing, Eldercare/Aging Services, financial management, legal services and health-care planning. People of all ages can receive help through the agency's state certified alcohol and drug clinic, state certified mental health clinic, family and individual counseling and prevention, and intervention for sexually abused children.

"Senior Program" offers a sliding-fee scale and accepts most major insurance coverage. For information about the program, call Family Service of Rochester, 716/232-1840.

"Oh, my aching feet."



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During this Season of New Hope, may you find Peace and Joy in Remembering.



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Now, there is a special program where elderly and disabled people can live at home and spend their days at St. Ann's.

St. Ann's announces the opening of the *Home Connection*, a unique concept in health care for the elderly and disabled.

The *Home Connection* offers people the best of both worlds: It enables them to live at home and spend their days at St. Ann's, where they can take advantage of fully-staffed health services along with leisure time activities in a safe, secure environment. Services include:

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- Social work counseling
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- Transportation

We can also arrange special services like podiatry, dental hygiene, and trips to St. Ann's beauty salon, barber shop and the Peartree store.

The *Home Connection* can mean something very special for people who need help: It means they can get skilled, professional care and daily socialization and recreation. They even stay under the care of their own physician. In addition, the *Home Connection* offers much needed respite for family members who help care for a person at home.

If you would like more information about the *Home Connection*, please call us at 342-1700.



The Home Connection at St. Ann's • 1500 Portland Avenue • Rochester, New York 14621