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April 23 at the Lasers' home field on LaGrange Avenue.

When the three-and-a-half-hour marathon was finally completed, AQ (1-1) had scored a 22-15 victory and knocked the Lasers (4-1) from the unbeaten ranks.

Aquinas took control early, leading 13-2 after just two innings and 20-6 after four before Nazareth got eight runs in the last two innings to narrow the gap.

Pitchers from both sides combined for 31 walks (17 for Nazareth and 14 for AQ). The Lasers managed 15 runs despite getting only four hits all day; Aquinas finished with 13 hits.

"We actually made some nice plays and got some good hits. It's just that the walks got kind of comical after awhile," commented Little Irish Coach Dave Herbst.

Aquinas was led by Sandy Thies, who drove in five runs. In addition, Shawndralynn Joiner hit a two-run homer over the right-field fence in the sixth inning.



Scott Wheeler (19) of McQuaid and Webster's Kevin Chimileski (35) battle for a loose ball during the April 22 game between the Knights and Warriors.

Mercy aims for first sectional track title

By Mike Latona Staff writer

With 68 members, the Our Lady of Mercy High School girls' track program is one of the largest in all of Section 5.

Yet there is also a high level of quality among this large group, which features several athletes who won Section 5 championships earlier this school year in soccer and basketball.

So it's not surprising that the Monarchs have a good shot at their firstever sectional Class B track title.

"The girls believe they can do it," said Head Coach Tim Jones.

The Monarchs have begun their season with a 2-0 record in dual meets, crushing Private-Parochial League opponents Nazareth Academy, 128-4 on April 6; and Bishop Kearney, 122½-9½ on April 15. Mercy also placed second in the Pittsford Relays held April 11.

Although the other three Private-Parochial League schools might not match up to Mercy in team competition, a fair amount of strong individual talent can be found in each program.

Kearney (1-2), in addition to its Mercy loss, won 76-45 over Aquinas Institute on April 15 and lost 83-31 to Greece Arcadia on April 13; Aquinas (1-1) was a 61-49 winner over Nazareth on April 13; and Nazareth (0-2) has not competed outside of the Private-Parochial League up to this point.

In Elmira, Notre Dame has gotten off to a 1-4 start. The Crusaders' lone victory came on April 9, when they placed ahead of Avoca in a four-way meet held at Arkport High School.

More Mercy success

The Monarchs are led by the quintet of senior Gabby LaMagna (triple and long jumps), junior Mimi LaMagna (triple jump, 100- and 200-meter dashes), junior Amy Martin (400 intermediate hurdles), senior Colleen O'Neill (400 and 800), and sophomore Jenny Smith (400 hurdles and 400 run). Gabby LaMagna, Martin, O'Neill and Smith also form a potent 1,600 relay.

Other big contributors are senior Meghan Clancy (800, 1,500), sophomore Kate Crossed (3,000), sophomore Angela Brown (high jump), and sophomore Christine Wierenga (800).

In Jones' six previous years as coach, Mercy has won league titles every season and only lost three dual meets over that stretch. Cooper excels for BK

Junior Nicki Cooper, Kearney's most experienced competitor, is adept in the 100 and 200, long and triple jumps, and hurdling events. She was a triple winner in the victory over Aquinas, capturing the 100 run, 100 high hurdles and long jump.

"She's the only one who has true track sense," commented second-year Coach John Walker. "The others are kind of stumbling in the dark, but that will change because we're young and need to get more experienced."

Out of the 25-girl program, more than 70 percent are either sophomores, freshmen or eighth-graders.

Senior Lisa Shoniker is one of BK's best in the 1,500 and 3,000. Four sophomores also excel: Brenda Gustan (1,500, 3,000), Deanna Hindman (shot put, discus), Kathy McMahon (400 run, 400 hurdles), and Jennifer Bunce (400 run, 100 high hurdles).

Bell leads AQ

Junior Mary Beth Bell is Aquinas' top all-around performer, excelling in the 400 hurdles, 400 run and high jump.

Also among AQ's best are senior Karen Williams (triple jump, 400), junior Kristina Dudley (shot put, discus), junior Kristy Fowler (400, 800), senior Jessie LeBlanc (400 hurdles), and freshman Katya Metidieri (100, 200).

"With our small numbers (14), we just try to move girls around to different events, find their potential and gear them up for sectionals," said second-year Coach Tom Nicolay.

Lasers eye future

In order for Nazareth's 10-member program to grow, second-year Coach Joe Merenda emphasizes the importance of selling it to current students at Nazareth Hall.

"It's tedious to try to get seventhand eighth-graders into the program, but some of my girls have volunteered to talk to them. It's kind of like a Big Sister program," said Merenda.

The Lasers' current squad includes senior Teresa Inclema (shot put, discus), juniors Aimee Bishop (800, 1,500) and Tiffany Adams (triple and long jumps), sophomores Becky Rothfuss (800, 1,500), Elizabeth Capozzi (shot put, discus), Becky Maltese (hurdling),

Margie Chaves (100) and Carolyn Courtright (3,000); freshman Kristin Gagliano (shot put), and eighth-grader Hope Alexander (shot put, discus).

Seniors strengthen ND

Senior Julie Farstad has been outstanding for Elmira Notre Dame, going undefeated thus far in the shot put and discus. Another senior, Theresa Gardner, excels in the long jump as well as the 100.

Other top Crusaders are senior Chris Muscarella (100, 200, 100 hurdles), juniors Jill Fusco (400) and Trixie Dienhart (400 hurdles, 400, triple jump), sophomores Amanda Fusco (800, 1,500), Christina Brunner (800) and Katie Huddle (400); and freshman Georgia Grieco (100, 200, 100 hurdles).



Faust leads guest list for AQ sports dinner

ROCHESTER — Gerry Faust, former head football coach at the University of Notre Dame, will be the featured speaker at Aquinas Institute's eighth annual Sports Celebrity Dinner.

The gala is scheduled for Monday evening, May 4, at the Rochester Riverside Convention Center, 123 E. Main St. A cocktail hour is scheduled for 5 p.m., followed by the dinner at 6.

Joining Faust — now coaching the University of Akron football team — at the head table will be Jim Baron, head men's basketball coach at St. Francis College in Pennsylvania; Jack Armstrong, head men's basketball coach at Niagara University; and Mark Kelso, safety for the Buffalo Bills; and Charlie McMullen, former marathon runner.

Outstanding Aquinas Athlete Awards will be presented to Sean Schiano (Class of 1989), Amy Reynders (1992) and Mike Sloan (1992).

Four Aquinas alumni will be inducted in to the Hall of Fame that evening: Daniel R. Meagher (Class of 1933), Robert "Moose" Landry (1941), John R. Parrinello (1956) and James L. Chatterton (1962).

Tickets are \$50 per person. Tables of eight or 10 can be reserved. For tickets or information, call the Aquinas Alumni Office at 716/247-2990.

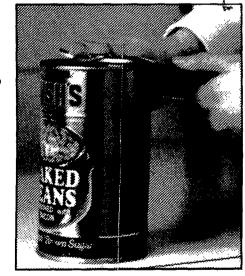
To you, this means beans. To her, it opens up a world of

world of possibilities.

Do you remember the thrill? The pride you took in preparing your very first meal?

If you do, then you know what Estelle was feeling here. But Estelle is 40.

You see, she has mental retardation. Yet she has always had the innate ability to cook and care for herself. She just needed a helping hand to realize that potential.



That's what we're all about at Lifetime Assistance. Our individualized services help a wide range of people with developmental disabilities.

Programs are individually tailored. Our staff is trained to provide the unique care, counseling and education needed. Even if it's just help in the kitchen. Call 426-0223 for more information.





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