

Courtesy Rochester Council on Aging Grandparents Living Theatre — Joe Heitter (from left), Leni Koloski, Myron Tschappat, Billie Hazelbaker, Richard Searles, Evelyn Traut, Paul Kindinger, Billie Sonderman and Mary Ann Thompson --- will perform "I was young ... Now I'm wonderful" at 7 p.m. Friday, April 24, as part of Golden Expo 92 at the Rochester Riverside Convention Center.

Golden Expo 92 offering 200 exhibits for seniors

ROCHESTER — Senior citizens will find plenty to see and do at Golden Expo '92, a presentation of 200 exhibits. Slated for Friday and Saturday, April 24,-25, the event will take place at the Rochester Riverside Convention Center, 123 E. Main St.

Sponsored by the Regional Council on Aging, Inc., the show will run from 9:30 a.m. to 4 p.m.² both days and, in addition to the exhibits will feature continuous entertainment, games and 40 workshops.

Former Olympic diving coach Betty Perkins Carpenter will kick off Golden Expo '92 with an exercise program.

be a 7 p.m. Friday performance of I Was Young, But Now I'm Wonderful, by Grandparents Living Theatre, an Ohiobased senior citizens' troupe. For \$10, expo attendees will be able to see the internationally acclaimed troupe perform Wonderful prior to its scheduled May run in New York City.

Grandparents Living Theatre earned rave reviews when it performed Wonderful in Cologne, Germany, and the troupe has also appeared on ABC "World News Tonight" with Peter **Jennings**.

Group ticket discounts are available for the April 24 performance.

Another of the expo's highlights will | In addition to Wonderful, nearly all |

the area's not-for-profit community agencies will exhibit at Golden Expo. Many of the exhibits will invite audience involvement. Among them are:

• a physical therapy booth that will help individuals establish personal heart rates and set up exercise programs:

• an occupational-therapy booth teaching ways to minimize arthritic disability;

• a dental booth where participants may have their teeth examined using fiber-optic imaging;

 a woodcarving booth where participants can try the craft.

Also on hand will be a chiropractor

who will assess body alignment and perform neck massages; a beauty school providing facials; and workshops on subjects ranging from drug use, investment, moving decisions, golfing, sleep, education and hearing loss.

Admission will be \$3 per day or \$5 for both days, with a \$1 discount for holders of Wegmans Shoppers' Club cards.

"We will, of course, admit kids under age 50 if they are accompanied by a parent or guardian," stated John Skvorak, president of the Regional Council on the Aging.

call 716/454-3224 For information,

COMFORT, SECURITY & PEACE OF MIND

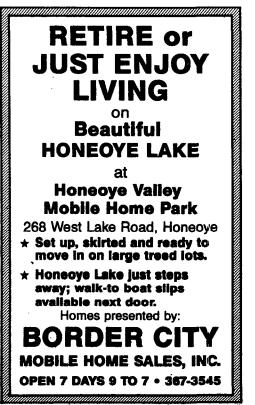
- 24 Hour staff proficient in high quality personal care
- Nutritious home cooked meals
- Latest smoke & fire detection & security systems
- Housekeeping, laundry & linen services
- Medication Management

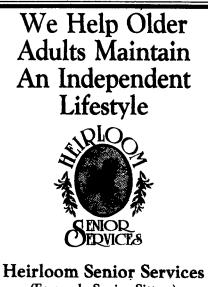
16

- Hobby, crafts & recreation programs
- Religious & cultural services

For further information call: **GRANDE'VIE** HOME FOR ADULTS 2140 FIVE MILE LINE RD. PENFIELD-4 CORNERS 381-0680 INQUIRE ABOUT OUR UNIQUE SHORT-TERM STAYS

GRANDE'VILLE HOME FOR ADULTS 555 MAIDEN LANE AT MT. READ BLVD. 621-6160





(Formerly Senior Sitters) Companionship • Housekeeping Transportation • Meal Preparation

Rochester 248-5730 Canandaigua 394-3806 Greece 663-7229

Catholic Courier