

Abortion

Continued from page 8

That problem, she added, is gradually becoming recognized nationwide.

"I think we are in the pioneer times of dealing with post abortion syndrome," Sister Vandegaer said.

The syndrome was recognized just 10 years ago, Sister Vandegaer explained. Articles about the problem have begun to appear only in the past five years, and books about it are starting to appear.

The syndrome, Sister Vandegaer suggested, has not gained more wide-scale recognition in part because to admit that it exists means to acknowledge that there's more to an abortion than some people would like to admit.

"Women who have abortions have to deny the problems," she said. "They live in a society that denies problems associated with abortion."

Thus, the emotional and psychological effects of abortions are often hidden beneath layers of denial and rationalization. As a result, they surface in a whole series of other problems, including chronic depressions, suicide, eating disorders, and drug and alcohol problems.

"One of the big problems is that people come to agencies with the associated (symptoms) and are treated for the associated (symptoms), but not the underlying problem," Sister Vandegaer said.

That underlying problem, she contended, is that when a woman has an abortion, she must deny the feelings that developed

when she first became pregnant. The emotional life of a pregnant woman prepares the woman to have a child, she said, but when she has an abortion the woman has to deny those feelings exist in order to preserve her ego.

Complicating therapists' ability to recognize the woman's problems as resulting from an abortion is the problem that the symptoms sometimes don't manifest themselves for many years.

Camille Taylor said, for example, that some of the people who come to Birthright don't begin to show the symptoms until three to five years after the abortion.

"I've heard stories of people well out of childbearing who begin to show signs of it," Taylor said. She added that even when signs of the syndrome are present, some women are simply not ready to deal with the root cause. "The best we can do is say if you feel like talking about it, we are here," she said.

Sister Sharon Bailey, SSI, co-director of Corpus Christi Center and one of the people who helped develop the idea for the support group the center is now forming, said that she encountered post abortion syndrome when she was in pediatric practice in Elmira.

One of the ways that the syndrome sometimes surfaces is through exposure to situations somehow related to abortion — particularly a subsequent pregnancy, or contact with infants.

Support groups become increasingly important when women begin to recognize their problem, Sister Vandegaer said. She pointed out that she now spends a great

deal of her time traveling around the country explaining the syndrome and ways of treating it.

Groups such as Project Rachel are forming in dioceses across the United States to provide support similar to that provided by the Puzzle Project.

In fact, Project Rachel is becoming so well known, Father Winterkorn said, that the Puzzle Project is soon to be renamed Project Rachel to take advantage of the national publicity. His own group is expanding, he said, because the demand is increasing.

"The minute that there's anything written about (post abortion syndrome), then I get calls," he said.

Father Winterkorn also estimated that approximately 10 percent of the calls he receives are from men. Sister Vandegaer noted that men too suffer effects from abortions.

"Men in the same situation handle the stress slightly differently, but they experience the same symptoms," Sister Vandegaer said. The syndrome affects men's ability to trust women, she added, and often leaves the men angry because they either didn't know about the abortion at the time it took place, or had no say in the decision.

What people affected by abortion need is often just permission to have feelings about it, Sister Vandegaer observed. As part of the treatment process, women are encouraged to mourn the death of the baby. In some cases, the women are even advised to give the unborn child a name, and to visualize the child.

Sister Vandegaer also expressed interest in the healing service at the cathedral. She said the only other example of such an event that she knew of is in New York City, where the archdiocese's Respect Life Office sponsors a monthly service. Approximately 70-80 people attend each one, she said.

Ken Maher, director of the Catholic Family Center's Justice and Peace Office, said that the service may become an annual event because of the response to it. In fact, he said, a group of women approached Bishop Clark at the end of the service and made that request.

In dealing with post abortion stress syndrome, Sister Vandegaer said, therapists and counselors must keep in mind that the process is slow, and often has to unravel years of denial, repression and secrecy.

"Abortion is never fully healed," she explained. "Sometimes, we heal only in parts."

Club seeks new members

Catholic women interested in socializing and charitable giving are invited to join the Catholic Women's Club of Rochester.

Among the club's activities are: sponsoring scholarships to Catholic high schools, organizing an annual clothing drive, and providing volunteers.

Prospective members are invited to call 716/461-9173, Monday through Friday between 9:30 a.m. and 12:30 p.m. Observers are also welcome to attend the club's annual Christmas Tea, Dec. 3, at 492 East Ave. Guests should bring a gift-wrapped food item for the Carmelite nuns.

CLASSIFIEDS

General

Card of Thanks 2
SAINT JUDE, GOD, thanks for favors received; for favors yet to come. J.S.W.

Announcements 7
Before you run...
Call the Covenant House 9-LINE, a hotline for troubled youth and families, open 24-hours a day, seven days a week, from anywhere in the U.S.
1-800-999-9999
The street is no solution. Old problems get worse, and new ones are created.

Employment

Help Wanted 14
Bottling Plant Needs Full-time Production Worker.
Monday - Friday 9 to 5
Small, Friendly Firm.
High School Graduate.
Fee Brothers, (716) 544-9530.

Excellent Wages for Spare Time Assembly
Easy work at home. No experience needed. Call 1-504-362-3432 EXT. 15596. Open 24 hours, including Sunday

ATTENTION: HIRING! Government jobs. Your area. \$17,840 to \$69,485. Call 1-802-838-8885 EXT R 7083.

DRIVERS: 100,000 miles tractor/trailer experience required. Earn \$550-\$700 per week. Excellent benefits. Late model equipment. Home most weekends. No need to relocate. Call Recruiting — 1-800-888-8268 Vantage Transport, Versailles, OH (NYSKAN)

DRIVERS: Come for the money; stay for the stability. J.B. Hunt, one of America's largest and most successful transportation companies, pays its drivers some of the best salaries in the business. Call 1-800-643-3331 today. EOE. Subject to drug screen (NYSKAN)

SUPERINTENDENT OF SCHOOLS
DIOCESE OF ALBANY
13,000 students in 9 high schools and 45 elementary schools.
QUALIFICATIONS
The candidate should have teaching and administrative experience, preferably in Catholic schools; also an advanced degree in education or the equivalent.
APPLICATION:
Send letter of application, resume, statement of philosophy of Catholic education, and references by November 30, 1989 to:
SUPERINTENDENT SEARCH COMMITTEE
CATHOLIC SCHOOL OFFICE
40 NORTH MAIN AVENUE
ALBANY, NEW YORK 12203

ELECTRONIC/ELECTRO-MECHANICAL Purchasing/Estimators; Northeastern Florida, experienced with sourcing, competitive pricing, expediting and buying. Knowledge of commercial and DOD documentation. FT/PT position available. Retirees welcome. Send letter with credentials to: DQM 2000 Corporation, 1 Commerce Blvd., Palm Coast, Florida 32137, Attn.: D. Donnelly (NYSKAN)

TURNKEY Balloon Wrap - Xmas - n Easter - Valentines - Any holiday equals money. Balloon wrap any gift. Full or Part time. All cash! \$4800.00 investment. Call 24 hrs. 800-545-5787 Exten. 1804. (NYSKAN)

MIDTOWN MANOR APARTMENTS
FOR AGE 52 AND OLDER
Convenient Downtown Location, walk to shopping.
On a direct busline.
• Studio \$254
• One Bedroom \$299
All Utilities Included, Monthly Mass Services. Section 8 accepted.
475 East Broad St. 546-3650

HOUSEHOLD & ESTATE SALES
Experienced. Free Estimates. We also buy accumulations. Nancy Flaherty. (716) 533-1746

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

CHRISTMAS TREES AND WREATHS WHOLESALE — Our 18th year — For a free brochure or to order call us TOLL FREE 1-800-421-4548 Pocono Tree Farms, Milford PA. (NYSKAN)

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

Buy/Sell

Help Wanted 14
JOB HUNTING? Member of the Press? The New York Press Association will provide a free classified listing in our Newsletter. Please send your employment-wanted ad to NYPA, Executive Park Tower, Albany, NY 12203. (NYSKAN)

NANNIES: needed in the Boston area. Room, board, and excellent salary. Write: NANNI, R.R. 1 Box 156, North Clarendon, VT 05759 or call 802-775-4011. (NYSKAN)

PART-TIME WORK: wanted: homemakers, and retirees to work with the elderly. Flexible hours, good pay. 723-8760.

Business Opportunities 16
EARN MONEY watching TV! \$50,000/yr. income potential. Details, 1-800-687-6000 ext K-1487.

1000 WOLFF SUNBEDS: TONING TABLES, NEW LOW MONTHLY PAYMENTS! Commercial-home tanning beds. Lamps-lotions-accessories. Call today FREE color catalog (1-800-228-6292.) (NYSKAN)

II OWN YOUR OWN BUSINESS II
All top quality. The latest up to date clothing & shoes available. Stout, misses, junior, & children. Includes fixtures, inventory, & training. \$14,900 to \$29,900, financing available. Call 404-958-0695. The Fashion Image. (NYSKAN)

TURNKEY Balloon Wrap - Xmas - n Easter - Valentines - Any holiday equals money. Balloon wrap any gift. Full or Part time. All cash! \$4800.00 investment. Call 24 hrs. 800-545-5787 Exten. 1804. (NYSKAN)

MIDTOWN MANOR APARTMENTS
FOR AGE 52 AND OLDER
Convenient Downtown Location, walk to shopping.
On a direct busline.
• Studio \$254
• One Bedroom \$299
All Utilities Included, Monthly Mass Services. Section 8 accepted.
475 East Broad St. 546-3650

HOUSEHOLD & ESTATE SALES
Experienced. Free Estimates. We also buy accumulations. Nancy Flaherty. (716) 533-1746

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

CHRISTMAS TREES AND WREATHS WHOLESALE — Our 18th year — For a free brochure or to order call us TOLL FREE 1-800-421-4548 Pocono Tree Farms, Milford PA. (NYSKAN)

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

Buy/Sell

Office Equipment 29
TYPEWRITERS: Due to school budget cuts Smith Corona offers brand new electronic with word erasers, full line memory correction, easy load correction cassette. \$169.00 list much more. 1 year warranty. Free delivery. Credit cards, COD Exchange only. 315-593-8755 anytime. (NYSKAN)

Mechandise for sale 36
CHRISTMAS TREES AND WREATHS WHOLESALE — Our 18th year — For a free brochure or to order call us TOLL FREE 1-800-421-4548 Pocono Tree Farms, Milford PA. (NYSKAN)

Wanted to Buy 37
WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

Marilyn's Antiques
Top cash paid for old wood furniture, clocks, glass and china, sterling, crocks, quilts, etc. One item or complete household.
647-2480 or 872-2239

HOUSEHOLD & ESTATE SALES
Experienced. Free Estimates. We also buy accumulations. Nancy Flaherty. (716) 533-1746

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

CHRISTMAS TREES AND WREATHS WHOLESALE — Our 18th year — For a free brochure or to order call us TOLL FREE 1-800-421-4548 Pocono Tree Farms, Milford PA. (NYSKAN)

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

WANTED Old Oriental rugs, any size or condition; also antiques. 458-5589.

Services

Bathrooms 85
BATHROOM & KITCHEN REPAIRS AND REMODELING
21 Years Serving Greater Rochester
All Work Personally Attended
Free, Courteous Estimates
Call Jim: 352-3447

Carpentry 90
Ange Construction
"Where Quality Exceeds Price"
Complete Remodeling Services
Custom Decks
Roy Ange 436-4738

Carpet Cleaning & Installation 91
WILLIAM L. ESTES (U.S. NAVY-RETIRED)
SERVICEMASTER EAST
258 MACEDON CENTER RD. FAIRPORT, N.Y. 14450
(716) 223-1709
PROFESSIONAL CARPET CLEANING FURNITURE, FLOORS, SPECIALTY SERVICES

Electricians 96
CATALFO ELECTRIC
Honest Courteous Service • Reasonable Rates
Residential • Industrial • Commercial
Licensed Master Electrician
Design & Layout • Remodeling • C of O's
Service Changes • Electric Heat
586-7401

Electrical Installation and repairs, service changes, free estimates. Village Electric Company. Call Jerry 654-6528.

MAINTENANCE • NEW INSTALLATIONS
EUGENE NOLAN
NOLAN ELECTRIC
107 ROUGE ROAD
334-6350
COMMERCIAL LIC.#1501 RESIDENTIAL

HEATING/AIR conditioning 105
BRANDT HEATING & AIR CONDITIONING
If your heating or air conditioning isn't working up to its capacity, we'll find the problem or you don't pay for the service call.
Senior Citizen Discount
24 HOUR Emergency Service 288-4270
946 Atlantic Ave. Rochester

Hicks Home Heating
Call us for Winter Comfort Heating & Air Conditioning Specialists
• Sales • Service • Installation
Family Owned & Operated
424-4848

BEAT THE WINTER RUSH!
Furnace Cleaning & Start-Up 21 Point Check
Regularly \$399 NOW \$20 OFF
Receive Coupon for 50% OFF
Your next service call!
RHEEM FURNACE
Completely Installed for \$999! (Regularly \$1,499)
Service Calls — All Makes & Models
Regularly \$299 NOW \$10 OFF
J.A.M. HEATING & COOLING
544-3445

TAYLOR HEATING & AIR CONDITIONING
"Since 1917" 10% OFF
APRILAIRE HUMIDIFIERS
MEMBER
CALL A FAMILY BUSINESS
482-4664
Air Conditioning Contractors of America 489 Merchants Rd., Rochester

Home Improvements 107
PAINTING
Garages • Windows • Etc.
MASONRY
Basement walls • Repairs • etc.
DRIVEWAY SEALING/GUTTER CLEANING
All types of small jobs work fine
FREE ESTIMATES
PROFESSIONAL WORK
392-4435
Al Meyvis, Jr. 323-2876

PAINTING
Garages • Windows • Etc.
MASONRY
Basement walls • Repairs • etc.
DRIVEWAY SEALING/GUTTER CLEANING
All types of small jobs work fine
FREE ESTIMATES
PROFESSIONAL WORK
392-4435
Al Meyvis, Jr. 323-2876

PAINTING
Garages • Windows • Etc.
MASONRY
Basement walls • Repairs • etc.
DRIVEWAY SEALING/GUTTER CLEANING
All types of small jobs work fine
FREE ESTIMATES
PROFESSIONAL WORK
392-4435
Al Meyvis, Jr. 323-2876

PAINTING
Garages • Windows • Etc.
MASONRY
Basement walls • Repairs • etc.
DRIVEWAY SEALING/GUTTER CLEANING
All types of small jobs work fine
FREE ESTIMATES
PROFESSIONAL WORK
392-4435
Al Meyvis, Jr. 323-2876

PAINTING
Garages • Windows • Etc.
MASONRY
Basement walls • Repairs • etc.
DRIVEWAY SEALING/GUTTER CLEANING
All types of small jobs work fine
FREE ESTIMATES
PROFESSIONAL WORK
392-4435
Al Meyvis, Jr. 323-2876

PAINTING
Garages • Windows • Etc.
MASONRY
Basement walls • Repairs • etc.
DRIVEWAY SEALING/GUTTER CLEANING
All types of small jobs work fine
FREE ESTIMATES
PROFESSIONAL WORK
392-4435
Al Meyvis, Jr. 323-2876

PAINTING
Garages • Windows • Etc.
MASONRY
Basement walls • Repairs • etc.
DRIVEWAY SEALING/GUTTER CLEANING
All types of small jobs work fine
FREE ESTIMATES
PROFESSIONAL WORK
392-4435
Al Meyvis, Jr. 323-2876

PAINTING
Garages • Windows • Etc.
MASONRY
Basement walls • Repairs • etc.
DRIVEWAY SEALING/GUTTER CLEANING
All types of small jobs work fine
FREE ESTIMATES
PROFESSIONAL WORK
392-4435
Al Meyvis, Jr. 323-2876

Services

Bathrooms 85
BATHROOM & KITCHEN REPAIRS AND REMODELING
21 Years Serving Greater Rochester
All Work Personally Attended
Free, Courteous Estimates
Call Jim: 352-3447

Carpentry 90
Ange Construction
"Where Quality Exceeds Price"
Complete Remodeling Services
Custom Decks
Roy Ange 436-4738

Carpet Cleaning & Installation 91
WILLIAM L. ESTES (U.S. NAVY-RETIRED)
SERVICEMASTER EAST
258 MACEDON CENTER RD. FAIRPORT, N.Y. 14450
(716) 223-1709
PROFESSIONAL CARPET CLEANING FURNITURE, FLOORS, SPECIALTY SERVICES

Electricians 96
CATALFO ELECTRIC
Honest Courteous Service • Reasonable Rates
Residential • Industrial • Commercial
Licensed Master Electrician
Design & Layout • Remodeling • C of O's
Service Changes • Electric Heat
586-7401

Electrical Installation and repairs, service changes, free estimates. Village Electric Company. Call Jerry 654-6528.

MAINTENANCE • NEW INSTALLATIONS
EUGENE NOLAN
NOLAN ELECTRIC
107 ROUGE ROAD
334-6350
COMMERCIAL LIC.#1501 RESIDENTIAL

HEATING/AIR conditioning 105
BRANDT HEATING & AIR CONDITIONING
If your heating or air conditioning isn't working up to its capacity, we'll find the problem or you don't pay for the service call.
Senior Citizen Discount
24 HOUR Emergency Service 288-4270
946 Atlantic Ave. Rochester

Hicks Home Heating
Call us for Winter Comfort Heating & Air Conditioning Specialists
• Sales • Service • Installation
Family Owned & Operated
424-4848

BEAT THE WINTER RUSH!
Furnace Cleaning & Start-Up 21 Point Check
Regularly \$399 NOW \$20 OFF
Receive Coupon for 50% OFF
Your next service call!
RHEEM FURNACE
Completely Installed for \$999! (Regularly \$1,499)
Service Calls — All Makes & Models
Regularly \$299 NOW \$10 OFF
J.A.M. HEATING & COOLING
544-3445

TAYLOR HEATING & AIR CONDITIONING
"Since 1917" 10% OFF
APRILAIRE HUMIDIFIERS
MEMBER
CALL A FAMILY BUSINESS
482-4664
Air Conditioning Contractors of America 489 Merchants Rd., Rochester

Home Improvements 107
PAINTING
Garages • Windows • Etc.
MASONRY
Basement walls • Repairs • etc.
DRIVEWAY SEALING/GUTTER CLEANING
All types of small jobs work fine
FREE ESTIMATES
PROFESSIONAL WORK
392-4435
Al Meyvis, Jr. 323-2876

PAINTING
Garages • Windows • Etc.
MASONRY
Basement walls • Repairs • etc.
DRIVEWAY SEALING/GUTTER CLEANING
All types of small jobs work fine
FREE ESTIMATES
PROFESSIONAL WORK
392-4435
Al Meyvis, Jr. 323-2876

PAINTING
Garages • Windows • Etc.
MASONRY
Basement walls • Repairs • etc.
DRIVEWAY SEALING/GUTTER CLEANING
All types of small jobs work fine
FREE ESTIMATES
PROFESSIONAL WORK
392-4435
Al Meyvis, Jr. 323-2876

PAINTING
Garages • Windows • Etc.
MASONRY
Basement walls • Repairs • etc.
DRIVEWAY SEALING/GUTTER CLEANING
All types of small jobs work fine
FREE ESTIMATES
PROFESSIONAL WORK
392-4435
Al Meyvis, Jr. 323-2876

PAINTING
Garages • Windows • Etc.
MASONRY
Basement walls • Repairs • etc.
DRIVEWAY SEALING/GUTTER CLEANING
All types of small jobs work fine
FREE ESTIMATES
PROFESSIONAL WORK
392-4435
Al Meyvis, Jr. 323-2876

PAINTING
Garages • Windows • Etc.
MASONRY
Basement walls • Repairs • etc.
DRIVEWAY SEALING/GUTTER CLEANING
All types of small jobs work fine
FREE ESTIMATES
PROFESSIONAL WORK
392-4435
Al Meyvis, Jr. 323-2876

PAINTING
Garages • Windows • Etc.
MASONRY
Basement walls • Repairs • etc.
DRIVEWAY SEALING/GUTTER CLEANING
All types of small jobs work fine
FREE ESTIMATES
PROFESSIONAL WORK
392-4435
Al Meyvis, Jr. 323-2876

PAINTING
Garages • Windows • Etc.
MASONRY
Basement walls • Repairs • etc.
DRIVEWAY SEALING/GUTTER CLEANING
All types of small jobs work fine
FREE ESTIMATES
PROFESSIONAL WORK
392-4435
Al Meyvis, Jr. 323-2876

Please...
Tell them you saw their ad in the Catholic Courier