

Echo



Tarantulas were among the tantalizing attractions at the Aquinas Institute Science Fair for junior high students May 13. Budding scientists could choose from five categories: earth science, chemistry, physical science, biology or display.

Science fair sparks interest in technological advancement

By Amy Zampi
Aquinas Institute

On May 13, Aquinas Institute held its second-annual Science Fair for junior high students in the diocese. The fair this year was exceptional with the number of students who participated.

The fair was established in 1987 by Vilma Goetting, a teacher and dean of students at Aquinas. She began the fair to expose students to the ideas of their peers, and to encourage participation and interest in science. Goetting points out that it is "important to encourage young people through friendly competition that science is one of the most important parts of our technological age and that simple ideas can lead to important discoveries."

Judges for the fair were high school teachers, advance-placement high school students, engineers and college professors. One of the judges, Nora Steffan, who is studying advance-placement biology, was very impressed by the exhibits, noting that "the students were very enthusiastic and their oral presentations were well-done."

Exhibits were judged on their use of the scientific method, accuracy, presentation, originality and organization. The prizes included a certificate of achievement for all who entered and school plaques for the first, second, and

third places in each of the five categories — biology, chemistry, physical science, earth science and displays.

Goetting is looking forward to presenting each school with its plaque, and encouraging students and teachers to continue the good work that is being done.

The first, second and third-place winners, respectively, in each of the categories were:

Earth science — John Scahill, Christ the King; Alice Wolpiuk, Christ the King; and Ron Torrance and Robert Corey, Blessed Sacrament.

Physical science — Sarah Murkett, St. Ambrose; Matt Klapetsky, Holy Trinity; and Margaret Michaels, Seton Junior High.

Chemistry — Nicole Pechie and Lillian Rodriguez, Blessed Sacrament; Carolyn Dechaine, St. Ambrose; and Katie Cashette, Holy Trinity.

Biology — Michelle Schaefer, St. Thomas the Apostle; Anne Wolpiuk, Christ the King; and Melinda Klein, St. John the Evangelist.

Display — (five award levels) Sarah Grabowski, Holy Trinity; Dan Bachmann, Holy Cross; John Hoffman and Ryan Howe, Blessed Sacrament; Kerry Gillam and Valerina Hamilton, Blessed Sacrament; and Wendy Brundage and Heather Gray, St. Charles.

Notre Dame High School

What do you feel about your forthcoming senior year?

J.D. LOGAN, junior

I hope for a really good year. There are going to be a lot of challenges in the upcoming year and, luckily, more variety. I plan to be pretty active and also gain experience from a lot of things, such as my friends and my teachers. It's also exciting to look to the future because the preparation for college is going to be a major part of my life. Hopefully, I will gain a broader perspective in my last year. I plan to savor the moments.



KELLY MURPHY, junior

I'm very excited and anxious. The freedom of choice concerning classes makes me happy. Still, I will miss my friends and all the security I felt. I honestly enjoyed high school, and the last year will be very hard. College worries me, too. Choosing a college is going to be hard and the starting over will also be difficult. I feel, though, that I've grown throughout my high school years and I can handle the future.



How to say no to trouble without saying goodbye to your friendships

By Christopher Carstens
NC News Service

Sometimes, even good friends will invite you to join them in trouble. They don't mean to. Nobody ever called you a friend, saying "Hey, I've got a great idea for getting suspended from school."

But in any crowd somebody occasionally will come up with an idea that is "just a bit illegal," or guaranteed to outrage your parents if they ever find out.

You always can stay out of trouble by becoming a "good kid robot." Go to school, come home, do your homework and go to sleep. Your parents will never be mad at you, but you won't have any fun or any friends.

The trick is keeping your friends and enjoying your teen years without getting involved in major problems. Fortunately, a lot of the time you can recognize trouble in time to avoid getting into it.

There are five steps for walking away from trouble without losing your friends.

Listen to your internal warning signals.

When you get that uneasy "trouble coming" feeling, listen to it. There is nothing worse than finding yourself with a real problem on your hands and thinking, "I was afraid this might happen, but I didn't want to admit it." If you feel nervous about what you're being asked to do, start thinking and start asking questions.

When concerned, ask questions.

When someone suggests something you think might lead to trouble, ask more about it. Ask, "What's going to happen at the party?"

The answer might be, "His parents will be there and there won't be any beer." Then everything is fine.

But if you can't get straight answers and your friend says things like, "I'll tell you about it when I pick you up" or, "Why do you have to know everything in advance?"

Coming of Age

it's time to be really careful.

If it sounds like trouble, say so.
Tell your friend what specific sort of trouble you need to avoid. Teens are more likely to understand the truth than an exaggerated statement.

Offer an alternative.
If the party sounds like trouble, suggest doing something else together. "Let's go to the mall," or "We can rent some movies and watch them on my VCR." That way your friend knows that you want to spend time together, even though you don't want to go to the party.


Say no to the trouble and yes to the friend.
If your friend insists on going to the party and you think it means trouble, don't go along. Show you're still friends with an invitation to get together or call within a day or so.

"Look, I'm not going to the party, but why don't you come over to my house after school tomorrow?"

If you follow these steps, you can avoid a lot of trouble and still keep your friends.

"Coming of Age," a new column offered by NC News Service, is being written by a panel of youth specialists working on a rotating schedule.

The Courier-Journal is considering whether to carry the column as a regular Echo feature. Send your comments to: Editor, Courier-Journal, 1150 Buffalo Road, Rochester, 14624.



Zambito's
Team Outfitters

Golf - Baseball - Softball - Hockey - Football - Basketball

We received 7 correct entries identifying Ron LeFlore as the Montreal Expos player who stole 97 bases in 1980.

The winner was Peter Schulteis of Bishop Kearney

SPORTS TRIVIA

This week's question:
What Washington Redskins-Minnesota Vikings defensive back retired with an NFL record 81 career interceptions?

A: _____

Name: _____
Address: _____
City: _____ State: _____
Zip Code: _____
School: _____


Rules:
Each week, the Courier-Journal, in conjunction with Zambito's Sport Shop will feature a Sports Trivia contest. All you have to do to enter is answer the question, fill in your name and address and the school you attend (if applicable), cut out the coupon and send it in to the Courier-Journal. If more than one correct entry is received, a drawing will be held and one winning entry will be drawn.
If yours is the winning entry, you will be mailed a certificate redeemable for \$10.00 OFF towards any purchase at Zambito's Sport Shop, 1350 Culver Rd.
All entries must be received within seven days of this paper's issue date. Winning names and answers will be printed the week following each drawing.

The Courier-Journal Sports Trivia
1150 Buffalo Rd.
Rochester, NY 14624

HOUSE OF GUITARS

Most New Album And Tape Releases Just \$5.98
CD's From \$8.98 - \$11.98 Each

We received 11 correct entries identifying Donny Osmond as the person who recorded the top 40 hit "Puppy Love" in 1972.



The winner was JoAnne Dalle-Laber of Rochester

MUSIC TRIVIA

This week's question:
What was Bobby "Boris" Pickett's only hit in 1962?

A: _____

Name: _____
Address: _____
City: _____ State: _____
Zip Code: _____
School: _____

Rules:
Each week, the Courier-Journal, in conjunction with the House of Guitars will feature a Music Trivia contest. All you have to do to enter is answer the question, fill in your name and address and the school you attend (if applicable), cut out the coupon, and send it in to the Courier-Journal. If more than one correct entry is received, a drawing will be held and one winning entry will be drawn.
If yours is the winning entry, you will be mailed a coupon for a free album or tape of your choice redeemable at the House of Guitars, 645 Titus Ave.
All entries must be received within seven days of this paper's issue date. Winning names and answers will be printed the week following each drawing.

The Courier-Journal Music Trivia
1150 Buffalo Rd.
Rochester, N.Y. 14624

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