

Echo

Speaking Out

By Amy Carr

Our Lady of Mercy High School

In this fast-paced and competitive world we live in, pressure is defined differently depending on the person. In 1987, such issues as the "yuppy" lifestyle, political and religious scandals, malpractice suits and the hostage crisis emerged — all of which should carry over into 1988.

As each person tries to cope minute by minute with their own responsibilities, as well as

the problems around them, one aspect of society has often been forgotten — the life of the typical teenager.

I cannot begin to count the number of times I have heard parents, teachers and older siblings say, "Just wait until you get older and experience the real world. Your life is easy now." The life of a teenager may be less complicated and less stressful than that of an adult, but the obstacles that teenagers encounter on a daily basis are often forgotten.

For example, the average teenager awakes at 6 a.m. on Monday morning, after staying up until midnight cramming for a biology test. The student rushes to catch the schoolbus, and, running to homeroom, snatches a bagel for breakfast. The six-hour school day that follows brings with it exams, college deadlines, guidance appointments, forgotten locker combinations and dissatisfied teachers. In addition

to academic work, students also face social relationships as well as the continual pressure to make an impression on the right people.

As the final bell rings, the minds of most students turn to a job after school. When this happens, a typical teenager will weigh his primary responsibilities, thinking, "I can leave that English essay for first-period study hall tomorrow and do calculus on the bus. That leaves me one hour to do American (studies) tonight."

As that student climbs into bed at the end of the day, after gulping down dinner, smiling quickly at his family and finishing his homework, he tires to sleep but worries about a recent argument with a friend at the same time.

Although I agree that the lives of teenagers rarely affect the important events of the world, today's students are the leaders of tomorrow's society. The experiences and activities students encounter are learning experiences, and offer a chance for students to understand the reality of the society before them.

Yet as a fellow student, I feel teenagers face enormous pressure in the form of jobs, college choices, relationships and academic demands. I believe that the teenagers of the '80s feel they

are expected to grow up quickly and are pushed by the American dream to succeed. The opportunities for students today are endless but so are the challenges and the added pressures. Many times teenagers cannot handle the pressure of a school routine, which leads to cases of teen suicide, drug abuse and broken homes.

Even though it is natural to see a comparison between the lives of teenagers and the lives of adults, adults should remember their own teenage years and look back upon the pressure they encountered as young adults. If parents and teachers would share their experiences of dealing with teenage situations more often, they could better support students and help them handle hectic schedules.

I feel teenagers as well should be easier on themselves; they should accept failure and success on the same degree, and understand that each stepping stone is a growing experience. By combining the efforts of the leaders of today with the adults of tomorrow, students can more carefully develop who they are becoming and society can more fully realize the importance of the lives of teenagers.

And at best, teenagers can preserve "the kid" that is present in all of us.

Aquinas Institute

What is the most important element to communicate with your parents?

VICKI FARZEKAS, freshman

If children and parents don't have respect for each other then they've never going to have clear communication on both sides, and with respect you need trust. I know it must be hard for parents to let go of their kids and let them make their own mistakes, but they have to trust their kids to make the right decisions.

ANDRE TURNER, freshman

I feel the most important elements to keep an open line of communication with your parents are honesty and trust. These two things will eliminate a lot of confusion and disagreement. Communication will become simpler and easier.

KATH HEID, senior

Trust is the most important element needed to keep an open line of communication with your parents. This is because if your parents can trust that you'll tell them what you're doing and tell them the truth, then they will be better able to listen to you. Also, if you trust that the rules your parents make and the things they tell you are from experience, then you may be able to avoid bad situations.

As Teens See It

DON SCHWAB, sophomore

The most important element needed to keep an open line of communication with your parents has got to be truth. Truth is the basis to everything and with it communication between you and your parents is open and stable. Like they say, the truth never hurts.

TODD REYNDERS, junior

I think that honesty is the most important element because if you're not honest then it is hard to communicate well. When people like about things, they have to hide more and more from opening up and this ruins any chance for an open line of communication.

Mooney teacher provides hope, education for incarcerated women

By Mary Kolesar

Cardinal Mooney High School

When the bell rings at 2:35 p.m., many of Cardinal Mooney's teachers don't go home to a cozy chair by the fireplace. Some teachers are out in the community — helping people, promoting causes and programs.

One such teacher is Ann Frey, a social studies teacher at Mooney. She makes use of her knowledge, wit and teaching ability at Albion Correctional Facility — an all-female, medium-security prison. One night a week each spring semester, Frey conducts a course in political science for 20 to 25 inmates. The course is set up in cooperation with Genesee Community College for credit there.

Frey began teaching in prisons at the Oregon State Penitentiary. She believes that the education and discipline gained through these programs will help prepare those imprisoned when they are released. Attending classes puts good points on their records and Frey is often asked to write letters of recommendation to the parole board.

The correctional facility at Albion is the first all-female prison in which Frey has taught. She said that she finds it more difficult to instruct women.

"Females' emotions are very upfront. The women often complain that they are wrongly imprisoned," Frey said.

She added that being professional is a must. "You can be caring, but must never forget that they are incarcerated," Frey said. "Just your mere presence there shows your sympathy."

Frey has learned that many people commit crimes because they are deprived of many opportunities. The time and effort she spends at the prison gives prisoners an opportunity at education and hope for a second chance in the future.



Ann Frey conducts a political science course for female inmates in Albion.

Criminal justice and political issues are high on Frey's lists of interests. She was recently awarded a scholarship for a two-week program in the Federal Republic of Germany and East Germany. Frey was among 20 social studies from across New York State chosen by the 1988 Multinational-Comparative Education Committee.

Currently teaching in her seventh year at Mooney, Frey lives in Brockport with her husband, Richard, a college professor, and sons Charlie and Donald.

Program on Merton planned for Nazareth College soon

1988 marks a special year of celebration of Thomas Merton's life and work. The 20th anniversary of Merton's death and the 40th anniversary of the publication of his autobiography, *The Seven Storey Mountain*, will be celebrated by events in Rochester and abroad.

The recently founded International Thomas Merton Society — headed by Rochester's Monsignor William H. Shannon — has proclaimed January 31, 1988, to December 10, 1988 as "Celebrate Merton '88 Year."

In Rochester, the celebration will begin with a commemoration of Merton's birthday in Nazareth College Arts Center's Wilnot Hall of Music at 5 p.m. on January 31. Dr. Barbara Staropoli, SSI, and Dr. Richard Loomis will

present a program featuring selections from the Niles-Merton songs as well as assorted readings from Merton's works.

The celebration will also include a musical arrangement of Merton poetry by Dr. Albion Gruber, which will be sung by a chorus of Nazareth music students.

Call (716)586-2525 for information.

Lifeguarding jobs on tap at YMCA

Beginning February 1, 17-year-old men and women with current lifesaving and CPR certifications are eligible for lifeguarding jobs at the YMCA of Greater Rochester.

Call (716)546-5500 for information.

ATHLETES OUTLET

Professional Team & Tee-Shirt Headquarters NFL, NBA, NHL

We received 5 correct entries identifying the first pick in the NBA college draft is a Lottery.

The winner was Jessica Norton of Fairport

SPORTS TRIVIA

This week's question:

How many total bases is a hitter credited if he singles, triples, homers and walks?

A: _____

Name: _____

Address _____

City _____ State _____

Zip Code _____

School _____

Name: _____

Address _____

City _____ State _____

Zip Code _____

School _____

Rules:

Each week, the Courier-Journal, in conjunction with the Athletes Outlet will feature a Sports Trivia contest. All you have to do to enter is answer the question, fill in your name and address and the school you attend (if applicable), cut out the coupon and send it in to the Courier-Journal. If more than one correct entry is received, a drawing will be held and one winning entry will be drawn.

If yours is the winning entry, you will be mailed a certificate redeemable for \$5.00 OFF towards any purchase at either of the two Athletes Outlet locations: Long Ridge Mall, next to Sears, or Perinton Square Mall.

All entries must be received within seven days of this paper's issue date. Winning names and answers will be printed the week following each drawing.

The Courier-Journal Sports Trivia
1150 Buffalo Rd.
Rochester, NY 14624

HOUSE OF GUITARS

Most New Album And Tape Releases Just \$5.98
CD's From \$8.98 - \$11.98 Each

We received 7 correct entries identifying 98 as the maximum score a record can achieve on American Bandstand's Rate-A-Record.

The winner was Peg Lynch of St. Ann's

MUSIC TRIVIA

This week's question:

What song, first recorded in 1942, is the largest selling single in history?

A: _____

Name: _____

Address _____

City _____ State _____

Zip Code _____

School _____

Name: _____

Address _____

City _____ State _____

Zip Code _____

School _____

Rules:

Each week, the Courier-Journal, in conjunction with the House of Guitars will feature a Music Trivia contest. All you have to do to enter is answer the question, fill in your name and address and the school you attend (if applicable), cut out the coupon, and send it in to the Courier-Journal. If more than one correct entry is received, a drawing will be held and one winning entry will be drawn.

If yours is the winning entry, you will be mailed a coupon for a free album or tape of your choice redeemable at the House of Guitars, 645 Titus Ave.

All entries must be received within seven days of this paper's issue date. Winning names and answers will be printed the week following each drawing.

The Courier-Journal Music Trivia
1150 Buffalo Rd.
Rochester, N.Y. 14624