Thursday, January 8, 1987

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By Sean McNamara Aquinas Institute

This school year, Aquinas has introduced a new organization, the Aquinas Winterguard. Winterguard incorporates the grace and motion of dance, the military discipline of marching, the sound of music, and the flash and technique of equipment work.

Sixteen young women have taken on the challenge of Winterguard at Aquinas. They will be performing to Madonna's "Into the and "Typical Male" by Tina Groove"

Turner. The guard has been working since late fall to perfect its routine. Every Tuesday and Thursday night, you can see banners twirl and rifles fly as the guard goes through its rigorous practices.

The members of the guard are Michelle Barrett, Lisa Bell, Lisa Berritella, Lara Boucher, Chris Clark, Karen Cuba, Sheryl Draper, Julie Glor, Josette Lemoyne, Sheri Murtaugh, Chris Neary, Renee Prame, Mary Kay Psyk, Beth Reiter, Ellen Stoffel and Tara White. The staff includes Kathy Myers, director; Peter Corbone, assistant director; Karen Watt, equipment designer; and Vincent Monacelli, drill design/show coordinator.

Winterguard is not simply an offshoot of the color guards one commonly sees accompanying marching bands. Once released from the regimentation of marching, Winterguard has more freedom of artistic expression, allowing members to incorporate many art forms into their show. This activity challenges each member to develop selfdiscipline, confidence, showmanship and dedication.

As a member of the ICGC Colorguard Circuit, the guard will be competing on the following dates: January 25, Bishop Kearney; January 31, Rochester; February 21, Rochester; February 28, Shortsville; March 14, Bishop Kearney; March 21, Medina; and April 5, Kenmore East Championships.

Please come and help the girls spread the Aquinas spirit. They hope to see you at their shows.



By Shealyn McGuire Our Lady of Mercy High School The time has come to put the Christmas presents away, start taking down the tree, clean up after the New Year's parties and clear off the dining room table. Why? Because another special week is coming for which we all must start preparing ... MIDTERM EXAM WEEK!

Ugh! The thought of having to put down that new Walkman so that you can study for your biology exam makes you cringe. Your once-new September folders, now torn apart and scribbled on - a favorite American pastime - lie before you, reminders of all the notes you passed and never took.

In a recent scientific analysis, it was determined that high school students can be divided into two main categories. The first consists of those who are wonderfully selfdisciplined, start to study for their midterms weeks in advance and have usually already read those books assigned in English class.

The second group consists of those who aren't, don't and haven't. Astonishingly enough, the majority of teenagers have full-fledged memberships in the latter category. This group, however, can be further sub-divided into three parties: the organizers, the crammers and the "I-just-don'tcares." The last group is self-explanatory, but the first two make extremely interesting case studies.

THE ORGANIZER: Jane is a junior in a local school. She likes to be neat. About a week before midterms. Jane takes all of her books, notebooks and folders out of her book bag and puts them on the table. She then proceeds to re-cover her books, painstakingly writing the title "English II" in the upper right-hand

corner,

Next, she examines the condition of her folders and comes across a dilemma. "Well, gee! My dark blue math folder is coming apart at the pocket. Shall I replace it with another dark blue one or a vellow one?" Fifteen minutes pass before she decides that she needs a change to the yellow one.

The remaining time before exams is spent re-copying her notes, because "they were messy" and she really wasn't absorbing the content. On the day of the exams, Jane happily places her freshly organized books, notebooks and folders back into her book bag and goes - prepared - to school.

THE CRAMMER: John who is also a junior at the local high school, likes to go out with the guys, who are also crammers. The night before the exam, John all but eats his textbooks, and he memorizes his notes, scribbles and all. He goes to sleep at 3 a.m., waking up at 5 a.m. to get in another hour of studying.

During the whole bus ride to school, he crams trivial bits of information into his already over-stuffed head. A minute before the exam, John is still going over his notes, but he's confident because, after all, he's a pro at cramming.

WARNING: This method of studying has been determined to be hazardous to your grades. Many students have totally blanked out upon receiving the actual exam.

Well, everybody has his or her own way of studying - or not studying - as the case may be. It is helpful though, while you are studying, to ask yourself, periodically, "Am I studying hard or hardly studying?'

The answer to this question will be evident on your report card.





important aspect of choosing a college is actually going to the colleges you are interested in and seeing if you think you can live there. Once you



Rochester will again sponsor the annual

Elks National "Hoop Shoot" free-throw

contest at neighborhood recreation centers

throughout the city. "Hoop Shoot" pro-

motes hard work and discipline in a spirit of

sportsmanship, camaraderie and friendly

The contest, which is open to girls and

boys ages eight through 13, consists of

accumulating points by sinking baskets from

behind the foul line. Competition will take

place in two divisions - girls' and boys' -

with three age categories in each division:

eight to nine, 10 to 11 and 12 to 13. Eligibility

nearest participating recreation center before

advancing to the city-wide finals. In

Rochester, the finals will be held at South

Avenue Recreation Center, 999 South Ave.,

The top six finishers — one boy and one

Winners in each category will then advance

girl from each age group - will advance to

the district "Shoot-Off" at South Avenue

to state, regional and finally national com-

on Saturday, January 17, at 11 a.m.

Recreation Center on January 17.

Contestants must first qualify at the

is determined by age as of April 1, 1987.

DAVE FERRIS, Senior

My most important reason for choosing a college is to choose a place where I can comfortably mix athletics with academics.

competition.



choosing a college I wanted to go somewhere in the South. My first choice was Florida but, being too far away, I decided on North

Carolina. I wanted a medium or largesized school, so I decided on U.N.C. at Asheville. This is near a fairly large city, and a lot of mt family live there.

ANDREW GARMEN, Senior



realize that the college that you choose to go to is going to be a new home, a new life. Therefore, I think compatibility is the key. In an atis easier to find success.

mosphere that you enjoy and fit into, it National 'Hoop Shoot' contest set for area recreation centers

petitions in April. National winners will be honored by the Basketball Hall of Fame in Springfield, Mass.

For information on qualifying competitions, call your neighborhood recreation center or Rochester's Bureau of Recreation at (716)428-6755.

Bobby Seale to speak at Fisher regarding black liberation

Bobby Seale will deliver a lecture entitled "New Perspectives on Black Liberation" on Monday, January 19, at 8 p.m. in Kearney Auditorium at St. John Fisher College. The lecture is free and open to the public.

Seale's appearance has been organized to coincide with the date of the observed birthday of Martin Luther King Jr.

Once advocating armed revolution against the power structure during his eight years as chairman of the Black Panther Party, Seale today works with the system by encouraging communities to develop their own active involvement politically and economically.

Becker Motors	HOUSE OF GUITARS
in Canandaigua A NAME TO REMEMBER!	We received 28 correct entries identifying "The Graduate" . as the movie which contained the Simon & Garfunkeł hit, "Mrs. Robinson."
	MUSIC TRIVIA
STOP IN TO SEE OUR SELECTION OF NEW '87 LINCOLNS, MERCURYS AND MERKURS. -USED CARS-	This weeks question: Fill in the missing lyric; "Modern love gets me to the on time." A:
FULLY SERVICED & ROAD TESTED We wholesale any used cars not good enough to sell to our customers. Open Monday thru Thursday 'til 8:00 p.m.	Rules: Each week, the Courier-Journal, in conjunction with the House of Guitars will feature a Music Trivia contest. All you have to do to enter is answer the guestion, fill in your name and address and the school you attend (if ap-
the second se	plicable), cut qut the coupon, and send it in to the Courier Journal. If more than one correct entry is received, a drawing will be held and one winning entry will be drawn.
Becker Motors	If yours is the winning entry, you will be mailed a coupon for a free album or tape of your choice redeemable at the House of Guitars , 645 Titus Ave. All entries must be received within seven days of this papers issue date. Winning names and answers will be printed the week following each drawing.
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