



**Science Honors**

Retired Admiral Hyman G. Rickover presents a certificate of achievement to Rochester's Steven P. Strong, after Strong completed the intensive work and study program this summer at the Rickover Science Institute in McLean, Va. Strong, a senior at McQuaid Jesuit High School, was one of 60 math and science students across the country who were selected to study at the institute, sponsored by The Admiral H.G. Rickover Foundation.

**DSW Potluck**

Geneva — Persons who are divorced, separated or widowed have been invited to a potluck supper and program following, 6:30 p.m., Friday, Sept. 14 at St. Stephen's School cafeteria, 17 Elmwood. The event is sponsored by the Finger Lakes Office of Social Ministry. Participants are

asked to bring a dish to pass and a place setting. Further information is available by calling the office (315) 789-2586.

**Deadline**

The editorial deadline for the Courier-Journal is Thursday noon, preceding Wednesday publication.

**B'right Spot Seeks Clothes, Nappery Items**

B'Right Spot, the clothing and furniture distribution center for Birthright, last week announced it is "in dire need of baby furniture, maternity clothes, baby clothes and children's clothes through size eight."

"We are especially low on layette items; receiving blankets, towels, washcloths, sheets, blankets, sleepers, undershirts, bottles and diapers," said Linda Travers, president of the Birthright Guild.

She said both new and used items would be appreciated.

Persons wishing to donate goods are asked to call her at (716) 342-3420, or to call (716) 865-9872.

**Nursing School Plans Open House**

Elmira — The St. Joseph's Hospital School of Nursing will have an open house from 2 to 4 p.m., Sunday, Sept. 23, at the Dunn Memorial Building. Prospective students and their families are invited to the event which will include career information and tours of the school and facilities.

Faculty members and students will answer questions and information also will be available for persons who are considering nursing as a second or mid-life career.

**Sarah Child**

All in the Family



**Pesto Popular With Readers**

After writing the recent column about making pesto sauce from sweet basil we heard from a couple of readers who had other suggestions about how to use the versatile herb.

Chris Beauchamp of East Rochester called to tell us about a method she has of preserving basil for use throughout the year. It sounds like a winner and we plan to try it.

Chris takes fresh basil leaves and spreads them out on a tray to air-dry over night. Then she uses her kitchen shears to cut the leaves (not too finely) and packs them tightly in pint-size mason jars and covers them with oil.

She says that a light sprinkling of salt after the oil is added will help preserve the lovely green color of the basil. Screw top on tightly and refrigerate. During the winter she has a ready supply of fresh basil leaves for salad, spaghetti

sauce or whatever else she's preparing.

Chris also mentioned that not everyone likes the strong flavor of olive oil (heresy?) and thus she makes two batches -- one with olive oil for her family and the other with corn oil or the light-flavored oil to give away.

While we were talking about the recipe for pesto, Chris realized she could use the jar of oil-covered basil to make the sauce simply by adding garlic, a good quality grated cheese (pecorino) and pine nuts and then blend in a food processor or blender.

This in turn reminds me that in printing the recipe for pesto I neglected to mention that the gourmet cook at our house discovered that toasting the pine nuts and adding them to the sauce after it had been blended makes a nice variation and gives it a crunchy texture.

We also heard from John Bondi of Saxton Street in Rochester who wrote:

"I thought you might be interested in a use I

came up with as follows: process or blend 1/2 pound of American style cottage cheese (low fat, naturally), thin with a spoonful of milk to desired consistency. This is known as mock sour cream. To this add a couple of generous spoonfuls of pesto, more grated cheese if desired, and you have a wonderful vegetable dip or an excellent sauce for pasta. It will cream up mixed with the hot fettucine, etc.

"Happy eating and keep up with the recipes, although we don't always agree."

I can hardly wait to try this dip. Should be a conversation starter at any get-together. Many thanks to John and Chris.

**Healing Retreat Scheduled**

A charismatic Inner Healing Retreat is planned Sept. 28 to 30 at the Cenacle, 693 East Ave.

Sister Rita Drinkwater and Michael Koegel will conduct the retreat. Further information and reservations are available from the Cenacle Ministry Office, 693 East Ave., Rochester, N.Y. 14607, telephone (716) 271-8755.

**Correction**

The phone number for the Sisters of Mercy Prayer Center published in the official Diocesan Calendar of Events is incorrect. The correct number is 663-5351.

**COURIER CASH CLASSIFIEDS**

TO PLACE A CLASSIFIED AD CALL 454-7050 BETWEEN 8:30 AND 4:30 MONDAY THROUGH FRIDAY OR USE THE CLASSIFIED AD FORM INCLUDED IN THIS ISSUE. YOU MAY ENCLOSE PAYMENT WITH YOUR AD OR INCLUDE A BILLING ADDRESS. ONE INSERTION: \$50 PER WORD (\$7.50 MINIMUM); TWO INSERTIONS: \$40 PER WORD; THREE INSERTIONS: \$35 PER WORD; FOUR OR MORE INSERTIONS: \$30 PER WORD.

**General**

**Personals** 4

Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor for all who invoke your special patronage in time of need. To you I have recourse from the depths of my heart and humbly beg to whom God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked. St. Jude pray for us and all those who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys, and 3 Glorias. Publication must be promised. Say this Novena on 9 consecutive days. Awaiting my request, OTL. This Novena has never been known to fail.

My thanks to St. Jude for favor received. ALC.

PUBLICATION PROMISED to St. Jude and St. Theresa for favors received. MAA.

PUBLICATION PROMISED. Thanks Sacred Heart and St. Jude for favors received. J.

ST. JUDE'S Novena: May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus, pray for us. St. Jude worker of miracles, pray for us. St. Jude, help of the hopeless, pray for us. (Say this prayer nine times per day. By the ninth day, your prayers will be answered. It has never been known to fail.) Publication must be promised: AC.

THANK YOU St. Jude, St. Anne, Infant Jesus of Prague for prayers answered. Mrs. EB.

Thank you St. Jude and Mary for favors received. JK.

THANK YOU St. Jude for praying for me. John Hurst.

THANKS to Sacred Heart, St. Anthony, and friends for prayers answered. MA.

THANKS to St. Jude for favors received. GBH.

THANKS Sts. Jude, Anthony, Prague, Little Flower, Lady of Perpetual help. JHR.

THANKS to St. Jude for favors received. JAM.

THANKS to Jesus, Sacred Heart of Jesus, Blessed Mary, for favors received. RF.

THANKS to St. Jude for special favor received. GAC.

**Cemetery Lots** 6

CEMETERY PLOTS, in Mt. Olivet, Brockport. "Choice". 5 plots. Old section. 225-0526.

**Announcements** 7

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**Employment**

**Help Wanted** 14

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**Business Opportunities** 18

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**Buy/Sell—General**

**Antiques/Art** 24

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**Collectibles** 26

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**Merchandise for Sale** 36

Cedar lined wood wardrobe, mirror, separate storage space above. 38x22x75". CALL: 288-8968.

**Wanted to Buy** 37

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**Household Goods**  
**Appliances** 38  
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**Property**

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**Homes for Sale** 61  
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