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God acting in the world, in our life "

At the same time, Father Young knows that life is no "Polyanna existence." Many people find life "grinding, wearing, difficult," even when they realize they are doing badly needed work, he

He recalls being in Boston when Dorothy Day explained how she avoided personal burnout in her work for the poor. She was accepting the Father Isaac Hecker award for her many decades of social service.

Father Young recalls that Miss Day told how, when responsibilities threatened to overwhelm her, she would go to New York City's Nativity Church where Father Hecker, the founder of the

or human beings takes place in ents and intelligence and spiritualith other people. This brings us Paulist religious order, once prayed. Often she would think about Father Hecker and especially a vision of angels he had, Father Young said.

Angels were the last thing the social-justice audience in the church that day had come to hear about, Father Young said. But Miss Day explained why that vision helped her. It pointed to a "transcendent dimension to life." It helped her see "beyond squalor and suffering."

Miss Day's point, as Father Young interprets it, was that faith "allows us to see beyond present pain and gives meaning to pain."

He recalled celebrating Mass recently with a family and some of their friends. The small group focused on and prayed for a woman suffering from a serious illness. The woman, who was present, was recovering after major surgery. The experience proved to be wonderfully supportive for everyone, he concluded.

Liturgy reminds Christians that they can find God in each other, said Father Young. It reminds them that they are on a common journey and can nourish each

(Ms. Bird is associate editor of Faith Today.)

### for the world

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se, propod d into ity, protious The answer is obvious. There is only one world for him to love: It is the world in which we live, the world on pilgrimage to the kingdom.

Put simply, there really is no sharp distinction between secular and sacred — not in God's world. All creation is permeated by God's

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world so only son orld was? Was it? Or was the and inpolitics and birpresence, power and saving love.
Christianity, by its very nature, is interested in the world and the life of human beings. For God created humanity in "the divine image" (Genesis 1:27). God loved humanity, redeemed it, destined it

for glory.

Reflect for a moment on the career of Jesus. He did not go around saving disembodied spirits.

To the Jewish mind in the time of Jesus there were only people — people who did not "have" bodies, but "were" bodies.

Jesus ministered to these living, breathing, laughing, crying, dancing, hurting people. He cured the sick, gave sight to the blind, fed the hungry, consoled those who mourned, healed the crippled, raised the dead, restored dignity to the exploited.

He taught them how to find happiness here and now by living in accord with the designs of a loving Father. He taught them to seek happiness by being reconciled to this Father and to each other.

"Surely (the Lord) did not come to help angels, but rather the children of Abraham; therefore he had to become like his brothers (and sisters) in every way...Since he was himself tested through what he suffered, he is able to help those who are tempted" (Hebrews 2:16-18).

(Father Castelot teaches at St. John's Seminary, Plymouth, Mich.)

## FOOD...

#### ...for thought

Think back to the last time you felt genuinely frustrated.

—Maybe you had an argument with someone at work or in your family — a misunderstanding; afterward you realized that if either party had understood the other, the argument would not have occurred.

—Or maybe you felt frustrated when you saw the impact of real injustice on people's lives.

Now think back to the last time you experienced a sense of disappointment.

—Was it when a child you care about was trying for a place in your community's summer All-Stars Swim Meet? She placed 13th in tryouts, but only the top 12 qualified.

—Or was it after you prepared a fine dinner for close friends, only to find at the last minute that they had been struck by the flu and couldn't come? Once again you realized that well-made plans can come apart at the seams.

Frustrations. Disappointments. In one degree or another, they are among the stuff of daily life. Can people be expected to believe they can encounter God, or learn about life's meaning, in the midst of such uninvited events?

Of course, frustration and disappointment do not tell the whole story of daily life. In daily

life you get to witness the personal growth that has occurred in others or in yourself. Daily life is a forum where something unexpected may yield a solution to a complicated problem. And daily life offers opportunities to express love and to share talents.

Daily life, it seems, is a mixed bag. So what does it really mean to speak of God's presence there?

Think about it. Talk it over. It is easy to think that God cannot be encountered in the messiness of daily life — or that if God were encountered there, a person would be too busy to notice.

Thus, it pays to step back from the rush of events in order to ponder what is happening in your life. God surely can be encountered during the quiet moments when you take stock of things.

But isn't it also possible to encounter God when the frustrations and disappointments of daily life tear at you? Often they force you to give attention to something or someone that means much to you. They push you to come to terms with why you care so much and how much you care.

How is God present in daily

What do you think?

#### ...for discussion

- 1. You often will encounter God through other people, it has been suggested. Can you think of a time when this happened to you? Can you think of a time when it happened for someone you know, or for a character in a book you read or a film you saw?
- 2. Do you feel there is a conflict between the time given to your work in the world and the time that ought to be given to God? Why, or why not?
- 3. How might your family life or career responsibilities cast light on God's meaning for you?
- 4. Trappist Father Basil Pennington provides some guidelines on making space in one's life for the Holy Spirit. Do you find his suggestions helpful?

#### SECOND HELPINGS

"O Holy Mountain!" by Father M. Basil Pennington, OCSO. This is a journal of Father Pennington's seven-month retreat at Mount Athos, the historic Or thodox monastic community in Greece and "the only monastic republic existing in the world today." Why would a Trappist priest need to go on retreat at all? In this book the author explains why. At Mount Athos, the author says, he was "purposely stepping back or out of his usual world vision and concern and centering upon his own personal being before his God." Readers will find in this book not only an account of steps taken during one man's special spiritual journey, but many interesting stories about the people, the places and the history of Mount Athos. (Michael Glazier Inc. 1723 Delaware Ave., Wilmington, Del. 19806. \$7.95.)