

Sarah Child



All in the Family

Finding An Adequate Replacement

When the grocery stores began advertising chicken and turkey hot dogs a few years ago, I thought it the height of misrepresentation.

How misleading to give the name, hot dog, heretofore assigned to juicy, tempting pork or beef delicacies, to a product fabricated from fowl.

Hot dogs were a tradition, not to be tampered with. When we were kids we begged to eat them cold straight from the white butcher paper in which they were wrapped. We thought them good enough to eat at any meal and my gram and mom sometimes sliced them in chunks and scrambled them with eggs for our breakfast.

Hot dogs with pork and beans warmed together in the same frying pan was my husband's favorite and when we were first married we ate them at

least once a week that way.

My favorite method of preparation was to grill them on a fire, preferably in a park, charring them on one side, half raw on the other and then slathering them with relish and onions. They tasted best when consumed in a drizzling rain and when washed down with strong black coffee out of a paper cup.

When we snacked out, we often opted for hot dogs. Rochester has the best in the world for our money.

We never cared much for Rochester's famous whites but our youngest developed a taste for them and so we began buying half and half packages.

But then our bubble burst. The word was out. Hot dogs have more fat than proteins and carbohydrates. We cut way back, enjoying an occasional treat.

This past year my husband joined the heart program at the University of Rochester in order to cut the risk of heart disease and the word about hot dogs and other fatty

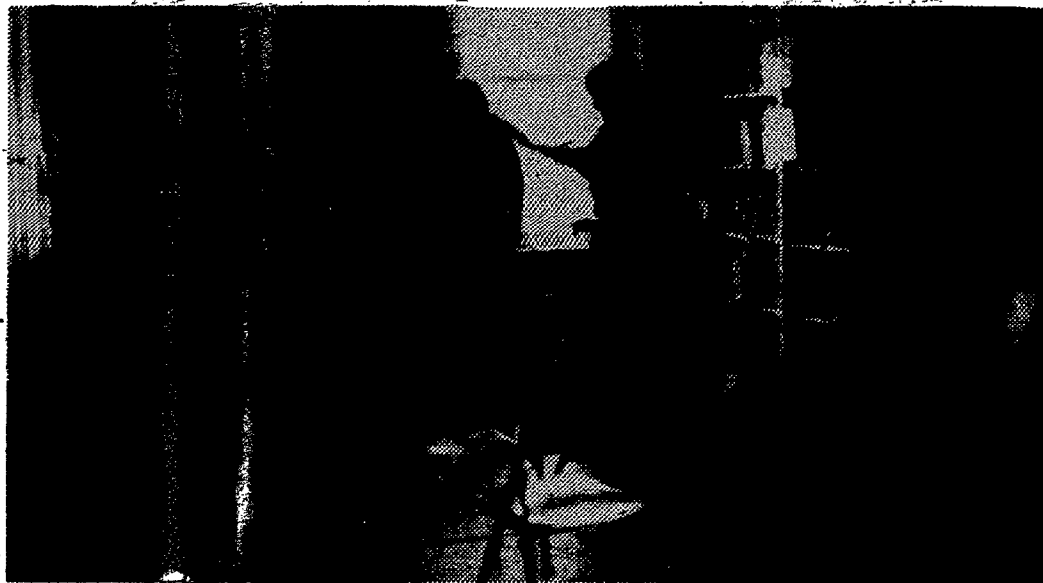
meatballs made with ground turkey for those who must restrict fats in their diet. We tried it at home, adding our own seasonings and came up with a reasonable facsimile of Italian meatballs.

Our next discovery was that turkey has been processed into a variety of products. One weekday morning we enjoyed pancakes with turkey breakfast sausage complete with sage. It was very good.

At Easter we enjoyed ham made from turkey and a couple of weeks later I brought home "Polish sausage." Each turkey product was better than the one before.

But we still hadn't tried a turkey hot dog. It just wouldn't taste right. But we rolled out the grill and the chief barbecue chef came home with turkey hot dogs for him and me and the conventional kind for the kids. I sampled both and couldn't tell the difference. The turkey hot dogs puffed up, charred and split open, dripping juice just like the others.

Our usual summer dining assured once again, I settled back and drank my coffee, dreaming of the day when the turkey industry decides to take a crack at Perugia chocolate.



Father Hewes Honored

Father James Hewes, pastor of Our Lady of Mount Carmel Church, gets a hand from Anita Marugg, diocesan coordinator of the Human Life Commission, as he shows off his new stole that proclaims "Choose Life," at ceremonies last Sunday at St. Louis School, Pittsford. Father Hewes received the gift for his 10 years of service to the HLC.

Oberlies Elected Charities Prexy

John W. Oberlies, vice president of public affairs, purchasing and districts for Rochester Gas and Electric, has been elected president of the diocesan Catholic Charities corporation.

Oberlies is a trustee and member of the Charities executive committee.

A graduate of Aquinas Institute, Villanova University and the University of Rochester, is married and has two children.

He is a communicant at St. Louis Church in Pittsford, is a member of the Diocesan Pastoral Council and is a booster of Camp Stella Maris.

Also elected were: Kathleen K. Machi, public relations specialist with the Schlegel Corp., first vice president; Ron Robataille,

accounts supervisor with Hutchins Y/R, second vice president; Gaynelle Wethers, principal of St. Monica's School, secretary; Eugene F. Lilly, controller of Lawyers Cooperative Publishing, treasurer.

In addition the following were elected trustees of the Charities corporation: Bernard E. Addams; Sister Sharon Bailey, SSJ; Deacon Anthony J. Mercadel; Oberlies; Robataille; J. Timothy Sullivan.

The board also elected two emeritus trustee: Charles M.



OBERLIES

Bayer, long-time secretary of the Charities corporation, and Patrick R. Gaffney.

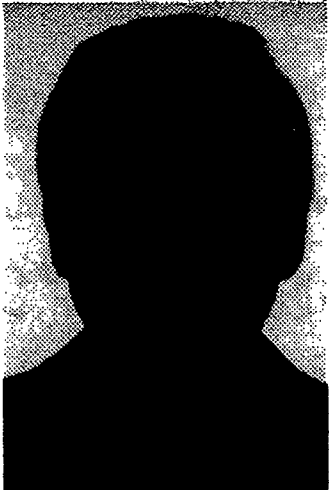
Father Conboy Returns To St. Margaret Mary

Bishop Matthew H. Clark has named Father Michael F. Conboy, a former associate pastor of St. Margaret Mary Church, as its pastor. Father Conboy is now pastor of St. Patrick's in Seneca Falls.

A native of Auburn, Father Conboy attended St. Mary's School and Holy Family High School there before entering St. Andrew's Seminary. He graduated from St. Bernard's Seminary in 1962 with a BA; and was ordained June 2 of that year by Bishop James E. Kearney.

He served at Holy Trinity Church in Webster and St. Charles Borromeo in Rochester before his 1968-69 assignment to St. Margaret Mary.

In 1969 he was named



FATHER CONBOY

secretary to Bishop Joseph L. Hogan, and served in that capacity until 1978 when he was named pastor of St. Patrick's Church.

Computer Courses Offered

The Nazareth Academy Mathematics Department again will offer Quest, a computer workshop for elementary school teachers. The course will be July 16-29 and will include morning instruction and afternoon hands-on experience in the school's computer center.

"The course is designed for teachers in the elementary schools who have computers and would like to learn how to utilize them more effectively," said Sister Ann Xavier Gantert, one of the course instructors.

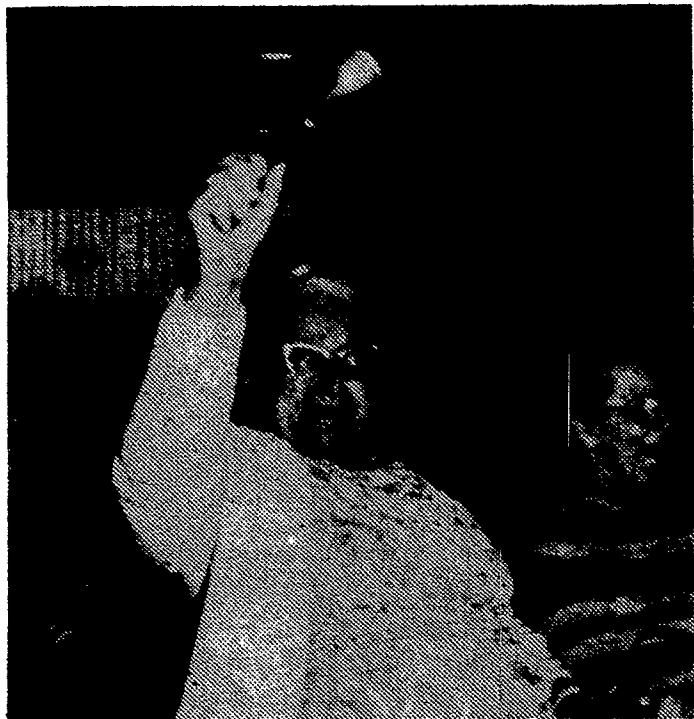
Co-directing the workshop is Sister Sheila Miller who teaches math and computer courses at Nativity School in Brockport. Workshop cost is \$200 and interested persons can call Sister Carol Cimino, 458-8583, for more information.

Justice Course

St. John Fisher College will offer "Faith and Social Mission," a course taught by Victor Bartolotta July 9 to August 17. The description states: "The purpose of the course is to challenge the modern Christian to social action after first examining the teachings of the Church. The implications of such a study are widespread, touching on the economic, social and political areas of society and relating to personal lifestyle as well. Bartolotta also teaches at Community College of the Finger Lakes and is community developer at Our Lady of Mount Carmel Church. Further information on the course is available by calling him, (716) 338-1392.

Deadline

Deadline for news in the Courier-Journal is noon on Thursday, preceding Wednesday publication.



Senior's Month

Amanda Fouquet, left, and Margaret O'Brien, St. Ann's Home/The Heritage residents, help ring in Older Americans Month (May). Lawrence Merritt, Irondequoit director of finance, presented Sister Marie Michelle, president of St. Ann's, with a proclamation designating the month for seniors.

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