

# Pope in 'Deep Sorrow' After Cardinal's Death

Pope John Paul II sent messages of condolence Sunday to both the Archdiocese of Boston and Archbishop John R. Roach, president of the U.S. bishops, on the death of Cardinal Humberto Medeiros of Boston.

Cardinal Medeiros, 67, died Saturday, Sept. 17, 1983, of cardiac arrest, one day after he underwent triple coronary bypass surgery.

The pontiff expressed his "deep personal sorrow."

Auxiliary Bishop Thomas V. Daily was named apostolic administrator of the archdiocese.

Born in 1915, Humberto Sousa Medeiros immigrated to the United States from Sao Miguel Island in the Azores in 1931, taking a job sweeping floors in a textile mill in Fall River, Mass. for 62 cents a day.

He studied for the priesthood at Catholic University in Washington, D.C., and was ordained in 1946.

He worked as assistant pastor in parishes in Fall River, New Bedford and



**CARDINAL MEDEIROS**

Somerset, Mass., before being sent, in 1949 to North American College, Rome, Italy.

He earned a doctorate in theology from Catholic University in 1952, and assumed the post of assistant chancellor of the Diocese of Fall River. He was later named chancellor, chief ad-

ministrator and vicar for religious of the diocese.

In 1966 he was named pastor of St. Michael's Parish in Fall River, a post he held until Pope Paul VI named him bishop of Brownsville, Tex., in 1966.

As bishop, he championed the cause of immigrant laborers, the poor and minorities.

Four years later he was named archbishop of Boston, the first priest without an Irish surname to hold the post. He was made a cardinal in 1973.

He was known for his championship of the unborn in the face of permissive abortion laws, to the point of penning a letter urging parishioners not to vote for candidates who favored such laws. Although that letter did not name such candidates, his words generated a storm of controversy over the role of religion in politics.

## Teachers' Conference Scheduled

Father John Aurelio, chaplain at the West Seneca Developmental Center for Handicapped Children, will be the main speaker at the Diocesan Teachers' Conference two consecutive Fridays — Sept. 23 at St. Mary Our Mother School, Horseheads; and Sept. 30 at Cardinal Mooney High School.

Over 1100 teachers and administrators are expected to participate in various workshops on the Church, scripture, sacraments and Christian morality/social justice.

The group will also be addressed by Sister Roberta Tierney, SSND, director of the Division of Education in the diocese, and Sister Edwardine Weaver, RSM, superintendent of Catholic schools.

## Symposium Slated On Infertility

Emotional issues resulting from infertility will be the focus when Resolve for Rochester plays host to "Insights into Infertility," a symposium, from 8 a.m. to 6 p.m., Saturday, Oct. 1, at Helen Wood Hall, University of Rochester Nursing School, 255 Crittenden Blvd. The event is co-sponsored by Serono Symposia.

Keynote speakers will be Dr. Henry Hess and Dr. John Valvo. Hess will speak on "Surviving the Workup," describing female infertility testing and accompanying emotions. Valvo will speak on "Stress and the Male Workup."

"This symposium is an opportunity to provide infertile couples with information on a wide range of topics," Melissa Goggin, chairperson, said. She added that while questions about the physical aspects of infertility can be answered individually by personal doctors, emotional aspects are addressed less frequently.

Open to the public, the symposium costs \$10 per person, including coffee, snacks, lunch and social hour. Registration forms are available from Resolve for Rochester, 385-1268, by Sept. 25.

## Fr. Albert Shamon



Word for Sunday

## Hitting The Lord's Stride

**Sunday's Readings:** (R3) Lk. 16/19-31. (R1) Am. 6/1.4-7. (R2) 1Tm. 6/11-16.

"What was the nicest thing about your vacation, Johnny?" asked the teacher on the first day of school.

"The toll booths," exclaimed the lad. "If we hadn't slowed down for them, we'd never have got to see the country."

Two of next Sunday's readings (one and three) are about the idle rich. Amos scolds the people who idle through life — lying on beds of ivory, eating lambs and calves, improvising music. Jesus buries in hell the rich man who feasted splendidly every day.

Idleness is the devil's workshop — true. But, perhaps, our problem today is not idleness, but burn-out. We can become so busy that we have time neither for God nor for man. A young man in his 20s felt cheated by the rapid pace of life that denied him meaningful experiences. He wrote to Dear Abbey, "When I was young my mother was going to read me a story, but she had to wax the bathroom floor and there wasn't time. When I was young, my grandparents were going to come for Christmas, but they were too busy, even though retired, to get away. When I was young, my father was going to listen to me read my essay on 'What I Want to Be when I Grow up,' but he brought home work from the office and didn't have time. When I grew up and got married, I was going to sit down with Mom and Dad and tell them I loved them and

would miss them, but the best man kept honking the horn in front of my house so there wasn't time."

Bishop Kearney used to tell the story of the Irish conductor helping people board a train in Dublin. One lady seemed in so great a hurry that the conductor said to her, "Lady slow down. The Lord made time and He made plenty of it."

Between idleness and fervid activity, there is a cruising speed, a slowing down. Distance runners call it stride, musicians call it tempo, and workers call it pace. Between idle and full speed there is cruising speed.

A father kept on bringing work home night after night. When his first-grade daughter asked why, the father tried to explain that he had so much to do he couldn't finish it all during the day.

"Well, then, Daddy," she asked, "Why don't they put you in a slower group?"

A parishioner said to a priest, "I called you yesterday for your advice, but you weren't in."

"I'm sorry," apologized the priest, "but yesterday was my day off."

"A day off?" sniffed the parishioner. "The devil never takes a day off."

Smiling, the priest answered, "You are right, my dear. But if I didn't have a day off I'd be just like him."

If life is all relaxation, it lapses into idleness. If it is all work, it ends in burn-out. All work no play makes Jack a dull boy. All play no work makes Jack a bad boy.

A blend of the two is called for. God Himself, strange as it may seem, commanded a day of rest in the Ten Commandments. A day of rest that the life of the spirit might not wither. Do we take it?

## DEATHS

### Sister Helen Marie O'Herron

Mass of Christian Burial was celebrated Sept. 9 for Sister Helen Marie O'Herron, SSJ, who died Sept. 7, 1983 at the age of 88.

A native of Elmira, Sister Helen Marie entered the Sisters of St. Joseph from St. Mary's Parish. She was a graduate of Nazareth Academy and Nazareth Normal School where she earned a state lifetime teaching certificate. She earned her

bachelor's and master's degrees from St. Bonaventure University.

Sister Helen Marie taught in the diocese for 52 years: 17 at Holy Rosary; four at Aquinas Institute; seven at St. Mary's, Auburn; two at St. Ambrose; four at St. Stephen's, Geneva; two at Holy Apostles; one at St. Francis de Sales, Geneva; and 15 at St. Patrick's, Seneca Falls.

She also served as principal at Holy Rosary and

St. Mary's, Auburn.

She retired to the St. Joseph Convent Infirmary in 1971 due to her failing health.

Sister Helen Marie is survived by her sister, Anne Crutcher of Selma, Ala.; and several nieces and nephews.

The funeral rites were held in the motherhouse chapel. Father James Lawlor was principal celebrant, assisted by Msgr. William Shannon and Father Peter Bayer.

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## LONG RIDGE MALL PRESENTS

### HEALTH EXPO "TO YOUR HEALTH" SEPT. 23 and 24

— INFORMATIONAL BOOTHS —

American Cancer Society (Skin Cancer Screening)  
T.L.C. Nursing Services (Blood Pressure Checks)  
Kidney Foundation (Urinalysis Screening)  
R.H.N. (Blood Pressure Checks)  
Feels Great (Aerobics Demonstrations)  
Holiday Health (Demonstrations)  
The Magic Camp  
American Heart Association  
Epilepsy  
Natural Family Planning  
Rochester Memorial Society  
Greece Youth Bureau  
Cambridge Diet Plan  
B.U.D.D.Y.

Visiting Nurses  
Park Ridge Hospital  
Park Ridge Nursing Home  
Western Monroe Mental Health  
Association For The Blind  
Medical Society  
Physicians for Social Responsibility  
Weight Watchers  
Camp Good Days And Special Times  
Society For Prevention of Cruelty To Children  
Family Services  
A.I.D.S. of Rochester  
Park Ridge Chemical Dependency  
Alpedquo Information Services

### OPEN FORUM (McCurdy Court Area)

#### FRIDAY

Impro About Family Living (Family Services of Roch)  
Reflexology (Alpedquo Inf Serv)  
New Games (Greece Youth Bureau)  
Reach To Recovery (American Cancer Society)  
Home Care (T.L.C. Nursing)  
What is M.D.A. (Muscular Dystrophy Assoc.)  
Keeping Healthy (Holiday Health)  
Feeling Great (Feels Great)  
New Games (Greece Youth Bureau)  
Blood Pressure Control (R.H.N.)  
Fat People Have Been Exorcised From Exercise (The Magic Camp)

TIME  
10AM  
11 AM  
Noon  
1 PM  
2 PM  
3 PM  
4 PM  
5 PM  
6 PM  
7 PM  
8 PM

#### SATURDAY

Home Care (T.L.C. Nursing)  
Fat People Have Been Exorcised From Exercise (The Magic Camp)  
Sharing the Responsibility (Natural Family Planning)  
Impro About Family Living (Family Serv of Roch)  
Learn How To Manage Stress Before It Manages You (Dr. H. Ziesat, Dir of Stress Clinic U of R)  
Reflexology (Alpedquo Inf Serv)  
Getting To Know Us (Society For Prevention of Cruelty To Children)  
Feeling Great (Feels Great)  
Heart Association



LONG RIDGE MALL

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