COURIER-JOURNAL

Bishop Matthew H. Clark, center, concelebrated the Baccalaureate Mass at St. John Fisher College with, from left, Father Charles J. Lavery, chancellor, and Fathers Peter Kersso and Emmanual Okombo of Kenya, both members of Fisher's graduating class.

Birthright Kenya Priests Are Fisher Graduates Plans Sale

A request in 1964 from the McCarthy, then archbishop of Nairobi, Kenya, to send from Fisher working in

his native priests to St. John late Archbishop John J. Fisher College has resulted in a total of eight graduates

COURIER-JOURNAL Calendar

FAMILY PICNIC ----Traditional Irish music will be featured at a family picnic sponsored by the Irish National Caucus from 2 to 7 p.m., Sunday, June 12, at the Mendon community Pavilion, behind St. Catherine's Church in Mendon. Admission is free.

ART SHOW - The Rochester-Finger Lakes Exhibition through June 26 on the Grand Gallery

Sarah

Child

and Concourse, Rochester Memorial Art Gallery. **CONCERT** — Laurie McDonough performs piano works by J.S. Bach, Poulenc, Rachmaninoff and Debussy, Sunday, June 12, auditorium of Memorial Art Gallery;

free. PHILHARMONIC ---Eastman Kodak Co. sponsors "The Sounds of America," played by the Rochester Philharmonic Orchestra under the baton of John Head, 8 p.m.,

Sunday, July 1. NFP INFORMATION - Free Natural Family Planning Information Session, 7:30-9 p.m., June 10, Main Conference Room, Rochester General Hospital. Pre-registration required by calling 464-8705.

various areas of Kenya. Two priests, Father Emmanuel Okombo and Father Peter Lesso, both from Kenya, received thier degrees at this year's Fisher commencement. And recently, Father Charles J. Lavery, CSB, chancellor, received word from Fisher graduate Bishop Ralph Ndingi of Nakura, that Pope John Paul II has named Father Peter Kairo of Nakura, also a Fisher graduate, to be bishop of Muranga, which is a new diocese north of Nairobi. Bishop Kairo, who was graduated with a BA in sociology ion 1974, was ordained in Kenya on May 21 which coincided with Fisher's commencement.

Bishop Kairo thus joins in the episcopate his classmate Bishop Ndingi and Bishop Nicodemus Kirima of Mombassa, another Fisher graduate, who was ordained bishop in 1974.

Coordinator Named **For Pastoral**

Washington (NC) -- Sacred Heart Father Brian D. Mc-Cullough has been named staff coordinator at the National Conference of Catholic Bishops for the followup to the U.S. bishops' pastoral on war and peace.

He will assist the pastoral followup committee of three bishops headed by Bishop George A. Fulcher of

Charismatic Renewal Sets Father Stenzel

Father Duane Stenzel, OFM, founder and director of the Franciscan Friars' School of Evangelization will be in the diocese this weekend, June 10-12.

He will celebrate a Mass sponsored by the Catholic Charismatic Renewal here, 8 p.m., Friday, June 10 at St. Margaret Mary Church, 401 Rogers Pkwy.

The next morning, he will speak at a breakfast meeting of the Rochester Chapter of the Full Gospel Business Mens Fellowship. Further information on the event is obtained by calling 544-6546. Father Stenzel will preside

at a healing Mass, 8 p.m.,

The Birthright Guild will

have its first annual garage

sale from 10 a.m. to 4 p.m.,

Friday and Saturday, June

24-25, and from 1 to 4 p.m.,

Sunday, June 26, at 153

Mosley Road in Greece.

Proceeds will be used to

purchase needed items for

Donated items are needed.

Anyone with donations of

goods (no adult clothes)

should contact Linda at

458-1726 or Mary at 663-

7875, for information. Dona-

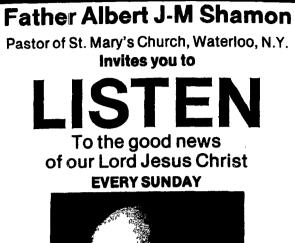
tions are tax-deductible.

Birthright.

Sunday, June 12, at St. Patrick's Church in Mt. Morris. Also during this weekend, more than 1000 diocesans

will gather at Hobart-William Smith Colleges in Geneva for the Harvest a Hundredfold celebration of evangelization.

6





Father Shamon presents an inspiring 15-minute radio program each Sunday over these stations:

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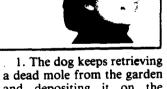
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Eating Bravely Through It All

All in the Family

Observant readers will



and depositing it on the patio. 2. Red tee shirt gets thrown

have noted that food has figured in the last five or six columns. That's because I'm dieting. Or trying to. And when I diet, all I think about is food, a situation which I understand is not uncommon.

The preoccupation with food gets particularly bad in the face of routine, day-today crises. (Is there anything as soothing as a half-pound of potato salad, a Nutty Buddy, a spoonful of peanut butter?)

Some of us would-be reducers see emergency situations as excuses to eat our way through the kitchen.

An experienced dieter knows, however, that not all crises demand such extraordinary countermeasures. And it is the mark of the pro to be able to determine which gives you license to thrown caution to her winds and which you should grin and bear.

As a public service, I herewith offer samplings of each:

MINOR IRRITANTS (stick with it):

in with your husband's unmentionables turning everything pink.

3. You find enough food under a kid's bed to feed the family for a week, if it weren't covered with mold.

4. Some dastardly person brings home the nuttiest, most chocolately, frosted brownie you've ever seen.

5. The youngest sneaks your best, most expensive blouse out of your closet and wears it to the amusement park

TOUGHIES (eat your heart out):

1. You get stopped for speeding after umpteen ticket-free years.

2. You discover your daughter's being fitted for a motorcycle helmet.

3. Your best friend announces she's marrying a guy she once described as a rat (and you concurred).

4. Your plumbing backs up and a bulldozer and crew of seven appear on your front lawn.

5. You go shopping and the buttons won't meet, the zips won't close and the velcro tabs lose their teeth.

Lafavette, Ind., whose other members are Bishops Kenneth J. Povish of Lansing, Mich., and Kenneth E. Untener of Saginaw, Mich. The committee's responsibility is to encourage dissemination. study and discussion of the pastoral, entitled "The Challenge of Peace: God's Promise and Our Response." Since 1977, Father Mc-

Cullough, has been director of the Sacred Heart Fathers' Office of Justice and Peace, at the order's U.S. provincial headquarters, Hales Corners, Wis.

Bus Plunge

Tignale, Italy (NC) - A parish pilgrimage ended in tragedy on May 24 when a minibus carrying 13 elderly women plunged off a steep embankment in northern Italy, killing all of the women and the driver. The vehicle was descending a narrow, steeply banked mountain road from the Marian shrine of the Madonna of Monte Castello when it smashed through a guard rail and plummeted into a 100-foot-deep ravine.

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