COURIER-JOURNAL

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Six Couples Added as NFP Instructors

Six couples have been added to Natural Family Planning Education of Rochester's corps of volunteer instructors, bringing to 18 the total number of instructor-couples.

The couples completed a four-month training program involving reading, chart interpretations and practice teaching. All have used NFP for at least one year,

A desire to share their knowledge of NFP with others is a common theme among the new instructors.

Michael and Kristin Hernberg of Irondequoit said, "We'd like to be able to help other couples use this terrific method! So often, people don't even know that a safe, effective, marriageenhancing way of family planning exists."

The Hernbergs attend All Saints Episcopal Church and have two children. He is a Kodak accountant.

John and Donna White of Gates feel that NFP "has strengthened our marriage and opened up new lines of communication." Members of St. Pius X parish, they have four children. He is an electrician at Kodak.

Other new instructors are Steven and Maribeth Galecki of Charlotte. Members of St. Charles Borromeo parish, they are expecting their first child in August. He is an engineer at Kodak and she is **Community Education** Coordinator for NFP Eucation.

John and Ann Jones of Penfield. He is a Kodak

Penfield Wesleyan Church and have one child.

Dr. David and Pat Mousaw of Horseheads, and Barry and Hollie Snyder of Big Flats will be Southern Tier instructors. The Mousaws, members of St. Mary Our Mother parish, have four children. He is a pediatrician at Arnot-Ogden Hospital. Barry Snyder is a toolmak-

er for Schweizer Aircraft and Hollie Snyder is coordinator for NFP in the Southern systems analyst. They attend Tier. They attend United

Methodist Church and hace two children.

Other NFP instructors are David and Ginny Pacyliak of Auburn; Gary and Judi Neuderfer of Brighton; John and Pat Baloga of Charlotte; Earl and Judy Knab of Fairport; Joe and Mary Zaremba of Geneseo; Gary and Peggy Bishop of Greece; Rosalie Parsons, nurseclinician of Hilton; Peter and Jeanne Filipowski of Penfield: Steve and Mary Heveron-Smith of Rochester; Michael and Patty Pragel of

Rochester; Bernie and Joan Weis of Rochester; Kevin and Julie Zweibel of Rochester, and Dave and Sherrie Thurkins of Wellsville.

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Praying For Peace

A Prayer Hour for Peace will be held 7:30-8:30 p.m., Tuesday, May 17, at St. Charles Borromeo Church, 3003 Dewey Ave.

"We invite participation by all those who are deeply concerned about peace in our world today," a parish spokesperson said.



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