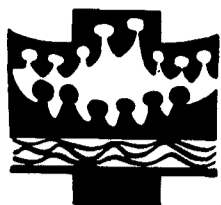


Insights
In Liturgy



By Father Jim Sauers

**Breaking
Of the
Bread**

As the joyful spirit of the sign of peace gently fades, the faithful gather around the table of the Lord and witness a rite that is significant in its simplicity — the Breaking of the Bread.

This ritual of fractioning is meant to symbolize unity — a oneness that extends beyond the elements of bread and wine, beyond the finitude of our human nature, for: "The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf." (1 Corinthians 10:16-18)

This ritual consists of three distinct elements: the breaking, the commingling, the "Lamb of God." Initially the breaking of the bread emerged from a very practical need. In order to share the eucharistic bread at the Last Supper, Jesus first had to break it! The rite itself became more elaborate with the advent of papal liturgies and now it has, unintentionally, slipped into a liturgical insignificance that betrays its original purpose.

The commingling is a part of the rite that has probably caused many of the faithful (myself included) to wonder why the priest places a small particle of the host in the chalice. Although the commingling rites have varied throughout our liturgical history, each rite has served to express some aspect of unity. It was, at one time, an expression of unity with the pope in the Church at Rome, and at another time it was an expression of unity with a mass that was previously celebrated. The present commingling rite, which originates from the first half of the eighth century, symbolizes the unity of the bread and wine — the body and blood of Christ, "a kind of symbolic re-enactment of the Lord's resurrection." (The Mystery of Faith, p.102)

The "Lamb of God" is a chant which was introduced by Pope Sergius I (687-701) for the purpose of filling out the rite of the breaking of the bread and the commingling. "The invocation may be repeated as often as necessary to accompany the breaking of the bread." (General Instruction of the Roman Missal, #56c)

Annual Meeting Scheduled

The Rochester Federation of Women's Clubs will hold its annual meeting on Thursday, May 12, at the Sibley Tower Terrace Room. An executive council meeting is scheduled for 11 a.m., with a luncheon at noon. A general business meeting will follow at 1 p.m. A slide-

Being aware of the spirit and the history of this ritual may cause us to wonder how we can improve our liturgical style and expression of these particular elements. Consider the following:

Our music creates an atmosphere. It sets the stage for what we do, and creates the spirit with which we do it. Although the "Lamb of God" may be a spoken prayer, it enriches the ritual of the breaking of the bread most readily when it is sung. In so doing, we join our voices with John the Baptist and the great communion of saints in proclaiming to all of creation: "Look, there is the Lamb of God that takes away the sin of the world." (John 1:29) "Look, there is the one who is broken for us!" To merely speak these words at our Sunday celebration of the Eucharist serves only to minimize that which the gesture symbolizes. Our faith in the risen Lord who died and rose again for us.

The real challenge with the rite of breaking is not found in the words spoken or the gestures used, but rather in what is being broken. Since most of our parishes use the "traditional" communion wafers of unleavened bread, the potential for bringing the rite to its most expressive point is limited. This problem may be solved by using more than one large host in the celebration and inviting the eucharistic ministers to assist by breaking these hosts into several pieces and placing them in the various vessels that will be used for distribution. This simple change would help to strengthen the importance of the rite.

The unity expressed in the commingling is best experienced by the community gathered when they are given the opportunity to receive communion in both forms, for we are a people who have been saved through the body and blood of Jesus Christ.

The breaking of the bread is a rite that is rich in tradition and symbolic expression for our communities. With a little sensitivity and reverence it may be restored to its position of simple significance. It is a ritual which celebrates our unity — symbolizes who we are. As Jesus Christ in the Bread of Life, so do we become the Bread in the receiving. As he is broken and shared, so are we challenged to break our "selves" so we may become his instruments of peace and presence to all. For it is in our brokenness that we become whole in his image and likeness.

**GARTL Plans
Mothers Day
Flower Sale**

Geneva — Geneva Area Right to Life will hold its sixth annual Mothers Day flower sale after all Masses, Sunday, May 8 at St. Francis Church here, St. Mary's in Waterloo, St. Patrick's in Seneca Falls, Holy Cross in Ovid, St. Theresa's in Stanley and St. Mary's in Rushville.

This is GARTL's sole fund raising project. Monies are used to educate the public on the abortion issue through publication of a newsletter, through billboards, booths at fairs, and other avenues.

GARTL is described as "an educational and lobbying organization dedicated to the protection of human life, whether it be life threatened to the unborn by abortion, the newborn by infanticide, or any human life by mercy killing or euthanasia."

GARTL is affiliated with the New York State Right to Life Commission, the N.Y.S. Coalition for Life and Central N.Y. R.T.L. Federation.

Any church interested in participating in the flower sale is asked to call Kathy Peters, 539-8006.

**Catholic Worker
Celebrates 50th**

Rochester's Catholic Worker community, centered at St. Joseph's House of Hospitality and Bethany House, is observing the 50th anniversary of the founding of the movement, May 1, 1933, by Peter Maurin and Dorothy Day.

The local events include a roundtable discussion among Art Farren, Tom Scahill and Father Benedict Ehmann, "Local History of the Rochester Catholic Worker," 7:30 p.m., Friday, May 6; and an anniversary liturgy presided over by Father Daniel O'Shea, followed by a pot-luck supper, 5 p.m., Saturday, May 7.

Further information is available from Tim Sigris, 235-6162.

Adoration

The monthly adoration of the Blessed Sacrament will begin at noon, Thursday, May 5 at Blessed Sacrament Church. The afternoon of devotions includes recitation of the rosary at 12:15 p.m., and benediction at 5 p.m. preceding the regular celebration of Mass at 5:20 p.m. According to Wilma Higgs, organizer of the rites, the intention of the month corresponds to that of the National Day of Prayer which falls on May 5. Calling for the day of prayer, she said, is based on the text of 2 Chronicles, 7:14.

Focus Rites

Focus on the Eucharist will open its devotions with evening prayer 7:30 p.m., Thursday, May 5 at Monroe County Community Hospital. The rites include recitation of the rosary, a Mass at which Father Bruce Ammering will preside, a short meditation time and the celebration of benediction. The public is invited to the event.

'Magic' Show

"Magic," a Broadway review, will be presented cabaret-style, 8 p.m., Saturday and Sunday, May 7 and 8 at the Upstairs Youth Agency. Tickets are \$5 for adults and \$4 for students. The price includes refreshments. Reservations are obtained by calling the agency, 436-0680.

Courier Cash Classified Columns
FIND A JOB • FILL A VACANCY • BUY • SELL • RENT • TRADE
FOR FAST ACTION GET IN TOUCH WITH THE RIGHT PEOPLE.

50¢ PER WORD • \$7.50 (3 LINES) MINIMUM PER WEEK.

Personals 4	Garage Sales 40	Firplaces/Chimneys 86
THANK YOU Lord Jesus, Mother Mary, St. Jude for favors received. B.L.	GARAGE SALE Cardinal Mooney High School May 7, 1983, 9 a.m. - 3 p.m., 800 Malden Lane, Greece. The public is welcome.	CHIMNEYS: Repairs and installation. Free court- eous estimates. 18 years of serving Monroe County. 352-3447.
THANK YOU St. Jude and all Saints for favor received. C.G.	Property	CHIMNEYS REPAIRED: Painted, plastered, rebuilt, new. Best prices in town. 28 years experience. Free estimates. Check our reputation. DINAPOLI BROTHERS. CALL ANYTIME. 225-7681 or 227-4635.
THANK YOU St. Jude and St. Ann for favor received. L.M.T.	Acres/Lots 48	Masonry 111
THANKS to St. Jude for favors re- ceived. HRK	LAKEFRONT LOTS: Oak Orchard area, 100 x 300+, \$169,000 Firm. Owner financed. Parklands Realty, 663- 6953.	MASON WORK Patio, brick steps, chimneys, side- walks, garage floors, planters, ad- ditions. Compare our prices. 28 years experience. Free estimates. Check our reputation. DINAPOLI BROTHERS. CALL ANYTIME. 225- 7681 or 227-4635.
THANKS to St. Jude and all for favors received. MM.	Resort Property for Rent 60	MASONRY REPAIRS, all types, brick steps, sidewalks, etc. 27 years exp., Al Meyvis, 323-1007.
Employment	BEAUTIFULLY WOODED private campsite with trailer, beach, pool, Fawn Lake. \$175 per week. 392-7384.	SPECIALIZING in step repairs. Free estimates. No job too small. Ameri- can Masonry, 288-5792 or 482-6695.
Help Wanted 14	OWASCO LAKE, Auburn. Three bedrooms, swimming, fishing, boating. Weekly \$325.00. September lease available. Evenings 637-5978.	Moving/Hauling 112
IMMEDIATE SALES OPENINGS Show our new line of Calendars, Pens and Advertising Gifts to local firms. Prompt, friendly service from 74 year old, AAA-1 Company. Weekly commissions. Set your own hours. No investments. No collections. No experience necessary. Write Frank Buckley, NEWTON MGF. COM- PANY, Dept. A1963, Newton, Iowa 50208.	Uniform Apartments for Rent 58	HOUSEHOLD GOODS, office furniture, commercial goods, deliveries, in- sured. Call for estimates and hourly rates. 473-4357.
TRI-CHEM, America's top craft teaching company is expanding. Seeking people to be trained to teach craft classes. No experience needed. Good earnings, excellent opportunity for advancement. Call 874-2436, between 8:30 and 5:00.	IRONDEQUOT: Hudson Apts. and Hill Court South Apts. East Ridge-Hudson-Titus Vicinity. One and two bedroom. Air conditioning, appliances, cable TV, carpeting, heat, hot water, security locks. Applications now being accepted. CALL 544-1788 or 544-2800.	K-D MOVING AND STORAGE Local and New York State moving. Household, offices, packing, safe secured storage. Insured. Call for estimate and hourly rates. 328-7730.
WANTED: Responsible teen (must be over 16), to mow lawn for family which will be vacationing this summer. All equip- ment will be provided. \$100.00 for the summer. CALL 377-1345 AFTER 7pm.	Lodgings to Share 80	Painting/Papering 118
Television Maintenance Engineer: minimum one year experience. F.C.C. General Class License preferred. Com- petitive salary, excellent benefits. State of the art equipment. Resume to: WXXI-TV Personnel Dept., P.O. Box 21, Rochester, N.Y. 14601 E.O.E.	HOME HOSTEL equals extra bedroom. For details contact Tom Kenny, 80 Sprucewood Circle, Geneva, N.Y. 14456.	COLLEGE PAINTER: graduate student, 6 years experience. Interior, exter- ior. Free estimates. References. 15% Senior Citizen Discount. 544-9494 or 467-4608.
TRAINEE PHOTOGRAPHERS Up to \$100 a day part/full time, male/female. No ex- perience or selling required. Photo- marketing firm expanding in your area. Management positions open. Write: UPP Box 60-B West Covina, CA 91793	Office Space 82	PAINTING AND PAPERHANGING, tex- tured-swirl ceilings. Free estimates. Quality work. Dan Burmaster, 663-0627.
Situations Wanted 16	REMODELED SPACE available. Ap- proximately 800 square feet. Securi- ty. 411 Chili Avenue. 235-3401 or 235-7729.	PAINTING: interior and exterior. Over ten years of quality service to Courier subscribers. References available. For free estimates please call 594-4724.
SITUATION WANTED: Have B.S. in management and supervisory experience in manufacturing, production, and in- ventory control. Also computer experience and MRP. CALL 225- 8622 anytime.	Transportation	PAINTING: interior, exterior. Quality workmanship, dependable, refer- ences available. Priced 100's below NADA average retail. Only \$1695, 254-9550 days.
Buy/Sell—General	Automobiles 70	PAINTING: interior, exterior. Quality workmanship, dependable, refer- ences available. Tom Mulhern, 244-5017.
Antiques/Art 24	1977 Chevy Malibu Wagon, 350V8 automatic, power steering, power brakes, air, AM/FM radio, radial tires, no rust, 81,000 miles, N.Y. State inspected. Good running condition. Priced 100's below NADA average retail. Only \$1695, 254-9550 days.	PAINTING Retired teacher. Interior, exterior, papering. 20 years experience. 342-8496.
ANTIQUE HOUSEHOLDS bought and sold. 1-657-6445.	Services	Plumbing 116
ANTIQUE CLOCKS — pocket watches. Expert repairing and sales. 223-7955	Builders/Commercial & Residential 87	RETIRED PLUMBER: Work guaran- teed. Call a.m. or evenings. 338- 2637.
Merchandise for Sale 36	CHAIN LINK FENCE: stockade, western. Free estimates. 10 years experience. Reasonable rates. 671-5243, Tom.	Remodeling 118
1976 Ford Mustang II Ghia: 2 door automatic on floor, V-6, brown exterior, camel roof and interior. 53,600 miles, Ziebart, new tires. \$1895. 266-7727	Carpentry 88	BATHROOMS Complete remodeling and repairs. Free courteous estimates. 18 years of serving Monroe County. 352-3447.
Wanted To Buy 37	ADDITIONS: 14'x16' exterior \$3895. Garages 24'x14' detached \$3495. Dormers 24' room, exterior \$2195. Porches 16'x10', deck and roof \$2195. Complete Home Remodeling. 27 years. Vern Rizzo, 225-1966 or 225-1848.	COMPLETE SERVICE: carpentry, ma- sonry, plumbing, and electrical. Additions, garages, and repairs. Free, courteous estimates. 18 years of serving Monroe County. Call 352-3447.
DON'T THROW IT AWAY - sell it. I will buy your accumulations or, manage your household sale. Nancy Flaherty, 533-1746.	Child Care/ Nursery Schools 91	HOME REPAIRS: exterior & interior painting, chimney, steps and basement wall repairs. Carpentry work, gutter cleaning, basement window bars. All types of home repair. Small jobs welcome. Very reasonable. Free estimates. Al Meyvis, Jr. 323-1676.
FURS, GARMENTS: any kind. Good condition, cash. Connie's Wear House, 544-3331, Tues.-Sat., 11-6.	Driveways 82	IRON WORKS: railings, dividers, col- umns, winton, basement. Interior, exterior. Free estimates. 671-4439.
Household Goods	DON WARNER black-topping, seal- coating, driveways, parking areas. Free estimates. 23 years experi- ence. 254-7481 or 458-1357.	ODD JOBS: storm windows removed, washing walls, floor waxing, clean- ing gutters, etc. 436-4421.
Furniture 38	Electricians 83	Repair Services 119
FOR SALE: G.M. infant car seat, plastic dressing table, baby walker, 2 baby swings, 2 baby cribs, baby buggy, bassinet. 288-2759.	ELECTRICAL WIRING, licensed and insured. Quality work, low rates. 865-1019.	MAJOR APPLIANCE REPAIRS: Best guarantee, lowest prices. All makes, models. SAVAGE APPLIANCE SERVICE: 621-3207.
'Magic' Show	Entertainment 84	Roofing/Gutters 121
"Magic," a Broadway re- view, will be presented cabaret-style, 8 p.m., Satur- day and Sunday, May 7 and 8 at the Upstairs Youth Agency. Tickets are \$5 for adults and \$4 for students. The price includes refresh- ments. Reservations are ob- tained by calling the agency, 436-0680.	FROM ROCK TO BACH - Miller to Manitou for everyone. George Manning Orchestra, 467-6749.	ROOFING: Repairs and new installation. Free, courteous estimates. 18 years of serving Monroe County. 352-3447.
	Sewing/Tailoring 122	SEWING MACHINES oiled and ad- justed, \$6.95. Used and new machines available. Call Jeff, 467- 3100.

**See Page 16 of this issue for more in-
formation and two money-saving
coupons. Get in touch with the right
people in the Courier Cash Classified
Columns!**