

CRS Sets Annual Appeal

New York (NC) — Catholic Relief Services, Overseas Aid and Development Agency of U.S. Catholics, will hold its annual collection appeal in Rochester and in most other dioceses March 13, Laetare Sunday.

The annual collection, now 27 years old, benefits not only CRS but also the church's

Migration and Refugee Services, Special Papal Charities and the National Catholic Apostleship of the Sea Conference.

CRS began operations in 1943 to assist prisoners of war, refugees and civilian victims of World War II. It continued its work around the world after the war and in

1957 the special collection was begun under the auspices of the U.S. bishops.

"Last year, the approximately \$8 million received by CRS from the bishops' collection funded the administration of programs and distribution of resources valued at \$350 million," said

Bishop Edwin B. Broderick, CRS executive director.

"The agency's philosophy has been to reach out to anyone in need regardless of their race, religion or political affiliation," he added. "With this in mind, through self-help development programs we provide resources, equipment and skills training to bring clean water, nutrition education, rural advancement and community organization to 70 Third World countries."

The agency also provides disaster relief, including recent provision of food, clothing

and medical care to people in Honduras, Ecuador, Lebanon and Nigeria.

CRS Collection Unique Among Other Appeals

The Catholic Relief Services collection which will be taken up here on Laetare Sunday is unlike other special appeals also sponsored by CRS, Lourdes Perez-Albuerne said last week.

Such collections as Operation Rice Bowl, Tribute to Poland, the Thanksgiving Clothing Drive and others seek funding for specific projects.

Ms. Perez-Albuerne,

coordinator of the diocesan International Justice and Peace Commission and the local agent for the national drive, said that the Laetare Sunday collection "provides the operational support which enables CRS to administer all of its other programs."

Last year's appeal, on a national scale, funded the delivery of 193,600,000 pounds of food aid to relieve shortages in Poland and has enabled CRS to continue its

allocation of \$20 million raised for Southern Italy to help it rebuild after the devastating 1980 earthquake, she said.

In addition, the agency also provided assistance last year to refugees of war and political turmoil in Lebanon, Honduras and East Africa, Ms. Perez-Albuerne said.

She particularly cited CRS efforts in self-help development, pointing to nutrition programs in Africa which coordinate food distribution, cash crop projects and nutrition education to give villagers a steady source of income and the knowledge to better monitor the health and diet of their children.

Other examples include the agency's rural outreach and leadership training programs in Latin America, helping farmers increase productivity, improve commercialization, and become less prone to exploitation in the market place.

"I urge everyone to give generously," she said. "Through the efforts of Catholic Relief Services, we can fulfill our Christian responsibility to share with the many less fortunate than ourselves."

Sarah Child



All in the Family

Green Spring Dining

"What do Italians eat on St. Patrick's Day?"

"I don't know," said the head of the house who is half Irish, half Italian. "What?"

"Pasta Primavera," I quipped, and proceeded to ladle a good-sized portion of the same — linguine topped with bechamel sauce and bite-size chunks of crisply cooked broccoli — onto his plate.

He winced at the joke but dug into the dish we had created after he had described eating something similar at lunch the day before.

Primavera in Italian means spring or springtime and for me always brings to mind the Botticelli in the Uffizi in Florence depicting gorgeous goddesses dancing about in gauzy costume.

Pasta Primavera is not quite as ethereal, but mind-bending in its own way. Chances are the non-adventurous who think eating Italian means tomato sauce will not take to it immediately. Our kids, we found, don't like their broccoli and pasta mixed.

If you want to try Pasta Primavera you can use any vegetables you like, in-

cluding mushrooms, cauliflower, carrots, etc. (In addition to the broccoli, we used thumb-nail sized onions and bits of red and green pepper.)

You may also disregard the bechamel sauce and simply toss the pasta with butter and a little olive oil before adding the vegetables.

PASTA PRIMAVERA

Cook vegetables (2 or 3 cups) until tender but crisp. Make the bechamel sauce (a fancy name for white sauce) while a pound of linguine is cooking by melting 4 T. butter, then adding 1/4 cup of flour, stirring over low heat until the mixture bubbles. Then add up to 2 1/2 cups of milk gradually and continue stirring until the sauce thickens. Add a pinch of salt and one of nutmeg.

Drain the linguine, place in bowl and pour sauce over it, tossing lightly. Add vegetables and toss lightly again. Add some grated Parmesan, Romano or pecorino cheese for extra protein. Buon appetito!

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Art Group

Carl Zimmerman, a member of Allofus Workshop and the Arena Group, will lead the discussion at the next meeting of the Chili Art Group, 7:30 p.m., Thursday, March 10, at the Chili Community Center, 4400 Buffalo Road. Further information is available by contacting the president, Maria Lovett, 865-9116.

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SAINT PATRICK IN TEARS

THE HOLY FATHER'S MISSION AID TO THE ORIENTAL CHURCH

TO THINK ABOUT THIS HOLY WEEK
Saint Patrick, whose feast day is this month, put himself through such penances in Lent that, against his will, tears ran down his face. For centuries afterwards monks like him poured out of Ireland to bring learning and holiness to people in need. Today self-sacrificing priests and sisters in our 18 countries do the same heroically. In sorrow for your sins, here's what you can do this Holy Week!

HELP FOR THE HANDICAPPED
 From Chalakudy, India, Sister Stella of the Franciscan Clarist Congregation writes for help to complete construction of a home and training center for handicapped girls there. Work on it had to be discontinued because rising costs depleted the Sisters' funds. The project can be completed for only \$6,000. Will you come to the aid of these poor handicapped children?

HOMELESS BOYS
 The people of Karunalayam, India, are so poor they often cannot provide for their own families. As a result, Brother Paschal has set up a home for needy street urchins. But so many little boys are seeking admission that there is great need for expansion. Just \$8,000 will complete the new building. Local villagers have given all they can, but they are poor and can afford very little. Can you give \$100, \$50, \$10 to help?

FACILITIES AND FOOD
 \$10,000 will help build a 'parish plant' complete church, (school, rectory, convent), and \$975 will give a priest a two-acre model farm for his own food and the instruction of his parishioners. Archbishop Mar Gregorios will write to thank you.

"NO STRINGS"
 Holy Week gifts "no strings attached" enable the Holy Father to act immediately where help is needed most. We'll thank you by return mail.

PRIESTS
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