

St. Elizabeth Ann Seton A Parish Is Born



Members of the St. Elizabeth Ann Seton Parish Facilities Committee recently completed a 20-foot by 30-foot addition, above, onto the depot church that will allow 80 more people seating for Mass. Construction began in early December and was completed in time for midnight Mass on Christmas Eve. The addition can be seen at the far right side of depot in photo at left.

Cardinals

Continued from Page 1

The only American named was Archbishop Joseph L. Bernardin of Chicago.

Cardinal-designate Jean-Marie Lustiger of Paris is a convert from the Jewish faith. He also became a bishop under John Paul's reign.

Jesuit Father Henri de Lubac, 86, an in-

ternationally known French theologian and writer, was the only non-bishop on the pope's list. He and fellow Jesuit Archbishop Carlo Maria Martini of Milan join 20 other cardinals from religious orders.

Father de Lubac was one of the guiding forces of the Second Vatican Council.

The others named:

Patriarch Antoine Pierre Khorriche of Antioch of the Maronites (Beirut); Archbishop Bernard Yago of Abidjan, Ivory Coast; Archbishop Aurelio Sabattani, pro-prefect of the Supreme Tribunal of the Apostolic Signature; Archbishop Giuseppe Casoria, pro-prefect of the Sacred Congregation for the Sacraments and Divine Worship; Archbishop Jose

Ali Lebrun Moratinos of Caracas, Venezuela; Archbishop Michael Michai Kitbunchu of Bangkok, Thailand.

Also Archbishop Alexandre Do Nascimento of Lubango, Angola; Archbishop Godfried Danneels of Malines-Brussels, Belgium; and Archbishop Thomas Stafford Williams of Wellington, New Zealand.

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All in the Family

Meatless Supper... Well, Almost

"But how do you come up with a different column idea every week?" asked a pleasant reader from Geneseo whom I met just prior to the holidays.

Most of the time, I told her, I have more ideas than I can use but every so often my brain refuses to cooperate and help me develop any of them beyond a paragraph or two.

When a recipe appears, I continued, then you know that's what happened.

She laughed but I could tell she wasn't sure I was telling the truth. Anyway, here's what we had for supper last night. Keep in mind that we had eaten far too well over Christmas and New Year's, and that less fat and more fiber in the diet is supposed to guard against everything from hangnails to myocardial infarction. I threw together the following and have dubbed it the Almost Meatless Supper.

Before last night it was known just as Meatless Supper I7 but everybody said it was just a little bland. By adding one cooked and crumbled Italian sausage link with its fennel and

pepper, etc., we got the flavoring the dish needed without compromising anybody's health.

The following served the five of us (with none left over for the dog). If you've got more people to feed, add more rice and vegetables; a smaller family, just halve the proportions.

ALMOST MEATLESS SUPPER

Boil enough brown rice (has more fiber than white) to produce four cups cooked. About 10 minutes before it is done, add a quarter pound of your favorite hard cheese (cubed) to the rice and stir slightly.

Meanwhile cook sausage link in a little water until well done. Pierce, drain off fat and then mince or crumble.

Add sausage to rice: in same pan saute a 16-ounce package of frozen mixed vegetables (cut broccoli, pimientos, corn). When vegetables are tender but still crisp return sausage plus rice and cheese to same pan. Stir lightly.

The best thing about this recipe — besides being inexpensive, easy, and nutritious — is that you can make it early and reheat. Oh yes, some members of the family added hot sauce. Oh well, de gustibus...

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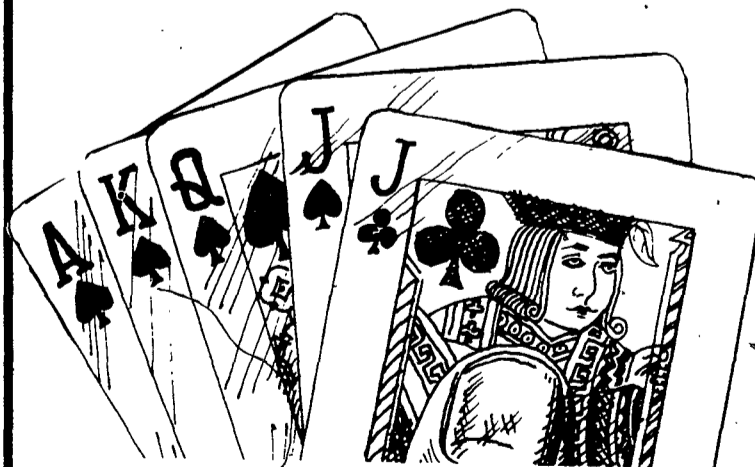
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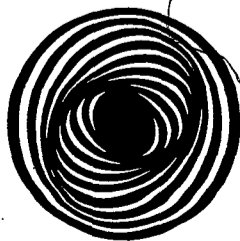
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