

Photos by Terrance J. Brennan

Nukes? No!

The Nuclear Freeze Convocation at Rochester Institute of Technology was one of some 400 scheduled at campuses across the nation Thursday, Nov. 11. About 2,000 students reportedly participated at RIT. They released balloons containing anti-nuclear warfare notes, with the idea of depicting nuclear fallout through the floating items.



Pupils Observe Veterans Day

A ceremony honoring veterans was held last week at Holy Apostles-Holy Family School. The pupils at the school were joined for the occasion by Major Lawrence Feasel, Capt. Bruce Tyo, and Father Paul Freemesser, a chaplain in the Army Reserve.

The rites included the playing of reveille, the display

of a picture of Sgt. Bernard A. McGlynn who died in World War II, a welcome by seventh grader Paul Enright, and an address by Major Feasel, who told the children to consider how they can serve their country.

Julie Vitto, also a seventh grader, introduced the poem, "Flanders Fields," which was

recited by fifth graders. Both Cathy Jo Richardson and Luanne Bianchi of the eighth grade also spoke.

The names of veterans who were related to the children were read aloud, and Father Freemesser gave the final blessing. He encouraged the pupils "to work together, believe in each other, and find

courage" to do their part.

Laurie Hoban provided the music for the program which was organized by Sister Virginia McGlynn, SSND.

Divorced Unit Schedules Two Events

A Sharing Supper has been scheduled for 7 p.m., Sunday, Nov. 21, at St. Charles Church cafeteria, 3003 Dewey Ave., by the St. Charles Divorced/Separated Group.

Admission is \$3.50 plus a dish to pass.

The group is planning its Christmas Dinner Dance for 7 p.m., Friday, Dec. 3, at Mr. Mike's, Mt. Read Boulevard.

The cost will be \$12 a person and reservations must be made by Nov. 26.

Further information is available from the Hot Line, 225-9102.



BOOKS — Young Readers' Bookfair, for ages 4-6, 11 a.m. to 5 p.m., Saturday and Sunday, Nov. 20-21, Wilson Arts Center, The Harley School, 1981 Clover St. Admission free.

SENIOR CITIZEN — Craft and Hobby Sale, 10 a.m. to 4 p.m., Wednesday, Nov. 17, at Senior Citizens Center, 154 Pinegrove Ave. Homemade vegetable soup, pizza and assorted desserts will be available for lunch.

SENIOR MATINEE — "52nd Street" starring Ella Logan, ZaSu Pitts, 1:30 p.m., Thursday, Nov. 18, George Eastman House.

CLASSES — "Warming with Wood" starts Tuesday.

Zonta Honors Helen Dudley

Helen Dudley has been awarded the third annual Heart Award by the Zonta Club of Rochester. A Rochester Outdoor Advertising Company retiree, she was president of Zonta in 1956-1957 and has been a member since 1952.

Active in the Rochester International Friendship Council for 25 years, she was honored by Zonta for her extensive service to the community, especially to the senior citizens she visits in nursing homes and to foreign students and their families.

Nov. 23 at the Rochester Museum and Science Center Gannett School of Science & Man. For more information contact 271-4320; ext. 501.

TRAVELOGUE — "The Alps" presented by Eastman Kodak and Gannett Companies, 3 p.m., Sunday, Nov. 21, at Nazareth Arts Center. Free, but ticket necessary. Send stamped self-addressed envelope to: Nazareth Arts Center, 4245 East Ave., 14610.

SPOTLIGHT TOUR — By Docent Diane Tichell of the African collection, 2 p.m., Sunday, Nov. 21, Memorial Art Gallery. Free to members; free to non-members with gallery admission.

DANCE — The National Tap Dance Company of Canada will perform a children's special at 2 p.m., and then a "Mixed Programme" at 8:30 p.m., on Saturday, Nov. 27, at the Nazareth Arts Center. Tickets for the children's show, \$4; for the evening performance, \$8 for adults and \$6 for students.

MEETING — Of the Families and Friends of the Mentally Ill and Emotionally Disturbed featuring guest speakers Kathy Plum, RN, MS, and Susan Possidente, RN, MS, speaking on "Guidelines for Reducing Holiday Stress," 7:30 p.m., Monday, Nov. 22 at the Reformation Church, 171 N. Chestnut St.



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THOUGHTS TO CONSIDER



EDWIN SULEWSKI
FUNERAL DIRECTOR

Is my grief typical?

We are all individuals and we will react to loss of a loved one in our own manner. Some feelings and behaviors we may expect are anger, guilt, depression, disbelief, jealousy, inability to sleep well, lack of appetite or confusion. It takes time for these feelings to subside. Over a year or more we can expect our feelings to lessen as we begin to reorganize our life and find it easier to do things for ourselves. If you are generally able to do things for yourself, you are probably doing well. If no, do not be ashamed to ask for help.

SCHAUMAN FUNERAL HOME
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