

Sarah Child



All in the Family

Bring Capri Home This Summer

With the homegrown tomato season fast approaching, it is the perfect time to treat your family and guests to an Italian salad that we frequently use as an appetizer.

The head of the house was introduced to Insalata Caprese (salad Capri style) on his first trip to Italy about eight years ago and has been making it ever since. But, the sad truth is that one must have excellent tomatoes to produce the right effect and the cardboard ones available in the store 10 months of the year just don't do the trick.

This past week while on vacation he made the salad twice but had to resort to store tomatoes, the fruit on the garden plants still in the green ball stage.

The result was only good instead of fantastic, a fact which his critics did not allow to go unnoticed. In another couple of weeks he

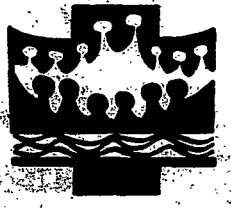
won't be able to keep the platter filled.

To make Insalata Caprese, you need besides homegrown tomatoes, real olive oil - sorry, vegetable oil just won't do this time - plus mozzarella cheese and fresh basil leaves. If you don't have any basil borrow some from your closest Italian neighbor who, no doubt, has planted more than he can use. If worse comes to worse, you can try sprinkling dry basil on the salad but it won't be quite the same.

To serve six you'll need about a pound of mozzarella, two pounds of ripe, firm tomatoes and about a quarter cup of olive oil. Slice the tomatoes a half inch thick and arrange on a platter. Slice mozzarella and place one or more pieces on each tomato slice. Drizzle olive oil over each slice and adorn with fragrant basil leaves which can be chopped or left whole. The salad is best when both tomatoes and cheese have been allowed to warm to room temperature.

Buon Appetito!

Insights In Liturgy



By Sister Nancy Burkitt, SSI

Getting Started Again

The summer months do not really lend themselves to starting anything unless it might be a good book. For parish liturgy teams this period of time is usually time off from the hurried and sometimes hectic preparations made for each Sunday's celebration of Eucharist and the bare minimum of planning is done. Meetings are cancelled and team members have the opportunity to renew and refresh themselves before beginning again. Though the difficulties of operating a parish liturgy team according to a school calendar is not the subject of this article, I recommend that teams look carefully at this type of arrangement and its possible effects on the worshipping community.

Besides doing what has to be done to insure good Sunday celebrations, what could liturgy teams be doing these months? One thing certainly that these small groups should be doing is strengthening their sense of togetherness. Every member of the parish liturgy team needs to know the others better, especially if new members are scheduled to come aboard in the Fall. A picnic, wine and cheese party, or a pool party might help the process somewhat and would allow old members to come to know new ones without the structure and atmosphere of a business meeting. The sense of church of community that should exist in a parish liturgy team must be

nurtured. Another good summer exercise for parish liturgy teams is reviewing the past year. What did we accomplish? How did we fall short? Ask these questions not only of preparations made for liturgical celebrations but also of the growth and development of the team members and of the parish community.

Since none of us can afford to strengthen our muscles to work in only one direction, we need also to spend sometime looking in the other way - ahead. What really needs to be tackled in the year ahead? Is it the Liturgy of the Word, its ministers, its celebration? Or is it the musicians who need a renewal of materials, purpose and sense of liturgical prayer? What about the assembly? Are we just going to let them come Sunday after Sunday and hope they catch on to the beauty and meaning of the liturgical worship that we find there?

Liturgy team members should use this time to look back and then forward. Rather than become frustrated they should set goals for themselves realizing they cannot do everything "next year." To help in the process the Liturgy Office is holding a goal-setting workshop for parish liturgy teams at Keuka College on August 20-21. Through the guidance of the program and facilitators from outside the parish, liturgy teams will be aided in looking back and looking ahead - a process that getting started again cannot be without.

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