

RAP AROUND

Educational Processes for Parents & Students

At McQuaid . . .

The Counseling Department at McQuaid offered two 90-minute evening sessions on stress in April for parents of students. Father William McCusker, SJ, director of Counseling Services, conducted the sessions.

The introductory workshop included exercises in stress awareness including a stress history as well as a "work" and "at home" inventory. The second session introduced the 30 participants to the fundamentals of stress management both at home and at work. Techniques included stress avoidance, use of support groups, life style variety, physical activity, and relaxation techniques.

Ten parents continued after the initial meetings in small group sessions of stress therapy where individual stresses were analyzed, self-awareness exercises were practiced, and group techniques were utilized to learn appropriate coping skills.

At DeSales . . .

Chris Leven, DeSales math teacher, is directing a committee to study the improvement of teaching and learning through the use of technological equipment.

"In this day and age," he said, "it is absolutely imperative that students be given at least the basics in computer science if they are to compete in the job market of the future." and to date DeSales has purchased three TRS 80 Model III 16K computers. Software will be purchased as various departments examine their needs.

Guidelines used for purchase include compatibility of equipment, availability of training and resource people, and maintenance.

Leven has conducted a preliminary information session with the faculty and has a series of in-service workshops planned for the staff.

Leven, a native of Dansville, has studied computer science at Niagara University and Community College of the Finger Lakes. He has taught at DeSales for five years.



Quick with the Answers

Recently, Nazareth Academy class of '83 beat the class of '82 in the school's annual College Bowl competition. Members of the winning team in front from left are: Cindy Ford, and Judy Chiang; in back row are Laura Hinkelman, Kathy Foran, Ermelinda Bonaccio and Jannette Dauenhauer.

Government Study Intrigues Houle

Lynne Houle, daughter of Mr. and Mrs. Glen R. Houle of Holcomb and a senior at Our Lady of Mercy High School, will attend the National Youth in Government Conference on June 25-27 in North Carolina. The conference, sponsored by the YMCA, will be attended by youth from throughout the U.S. to discuss and try to solve current issues. Any student who has held an official post in the Youth in Government program is able to attend the national conference.



LYNNE HOULE

Lynne attended the state conference in Albany last December where she participated as an associate judge in the judicial program. Asked what she thought of the program she answered, "It was fantastic. I was really lucky to be in the judicial program because it was the best part."

Lynne is president of the senior class, is active in Junior Achievement, is a member of the tennis team, and participates in the student government. Her future plans

Winner

Kathy DiDio, a senior at Bishop Kearney, was the recipient of the Winner's Circle \$5 for the week of May 5.

A Library Offers More than Books

An important part of any school is given particular attention during an annual event at Nazareth Academy. The fancy name for this important facility is the Educational Media Center, but Nazareth students call it "the library." With five librarians on hand, students can find, read, write, research, duplicate, or ask just about anything. During Library Week, however, they also can do other things.

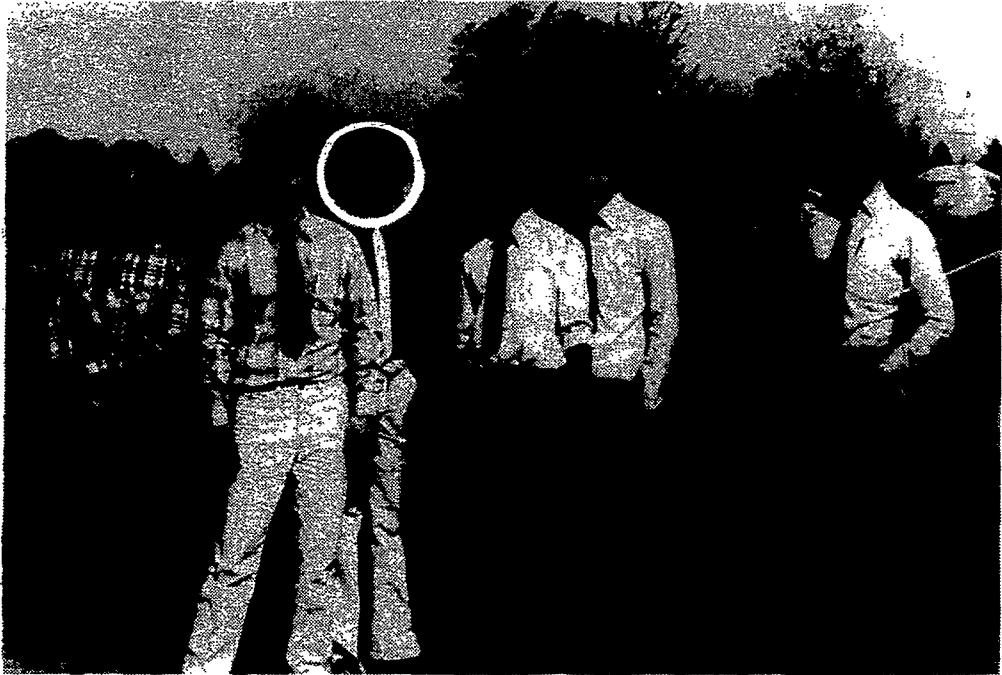
and computer games for students to test their own library skills and knowledge. She had more customers than usual who wanted to play the electronic games to see who could beat a computer.

As a result she said, "I think students found out that learning library skills can be fun."

The faculty enjoyed perusing new acquisitions and even trying out the games themselves while they enjoyed coffee and cake, compliments of the library staff.

This year, Sister Jean Agnes who is in charge of the operation, designed electronic

include college where she will study international relations and Japanese.



Winner's Circle

RapAround weekly will run a photo of a group of students taken somewhere in the diocese. One person will be circled and if that person brings the clipping to the Courier-Journal before noon of the Tuesday following our publication date, he or she will receive \$5. This week's photo was taken at Aquinas. The person circled should bring the clipping to Joan M. Smith, Courier-Journal, 114 South Union St., by noon, Tuesday, May 25, to receive \$5.

Jamming At Aquinas

The Aquinas Student Council is sponsoring a Ham Jam at 7 p.m., Thursday, May 20, in the school auditorium.

Tomanovich, council president, "and a good time is guaranteed for everyone."

"A Marx Brothers movie will be shown during intermission," said John

Tickets for the show will be sold at the door for \$2. Aquinas and St. Agnes ID's will be honored.

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Music in the Air

The music department of Our Lady of Mercy High School will present its Spring Concert at 4 p.m., Sunday, May 27, in the school auditorium, 1437 Blossom Road. Admission is free and open to the public. The band, glee club, soloists, guitar groups and pop vocal classes will entertain. Preparing the students for the event are music teachers Mrs. Shirley Bezek, Sister Marie David, and Ms. Phyllis Contestable.

Speedsters Set Records

The Mercy High School girls track team recently defeated Cardinal Mooney in a 91-40 victory. In the competition, three league records were broken. For Mercy, freshman Amy Hodges set a new record in the long jump with a leap of 15 feet, four inches. In the 400-meter hurdles, sophomore Kris Sloerek ran a 72.2. Adrian VanStrander, the race walker from Cardinal

Mooney, bettered her own league record by almost 10 seconds, turning in a time of 8:34.

Also for Mercy, junior Heather Dixon continued to dominate the sprint events winning the 100- and 200-meter dash.

Mercy will finish off the season against Bishop Kearney and Cardinal Mooney.

By Monique Cirelli
St. Agnes

SPEAKING OUT

St. Agnes students have been receiving criticism lately, and frankly, I'm sick of it. Don't you think the year has been hard enough on us already? Do you think we need more to contend with, while making big decisions concerning the rest of our high school years?

I can understand the feelings that some Aquinas students may hold about the prospect of going co-ed. However, other high school students have been criticizing St. Agnes girls' decisions to attend Aquinas

I have been told we have been criticized on buses and downtown, and have been criticized in the press. I don't feel that they have a right to dwell on a decision that has already been made. It seems as if they are just trying to add aggravation to our situation. These other students don't seem to realize that we have been invited to Aquinas. This invitation was warm and sincere. Aquinas is giving us the chance to remain together. Of course, we have received various invitations from other schools, but I believe these invitations were made so that we would blend in and become part of their school.

I know I'm going to upset many people with this "Speaking Out" column, but my intention is to protect the rights of the St. Agnes students to make their own decisions. If you can't understand, I wish you would try to put yourself in our position. How would you feel if you knew you could not attend your high school next year? What plans would you make? If Aquinas were opening its doors to you, would you go there and anticipate continuing friendships, traditions and a quality education? Or would you attend a different high school and feel lost in the crowd?