



Budget Cuts Protested

Father Laurence Tracy, second from left, leads a group of some 30 Rochesterians in a protest march last Friday, Feb. 26, voicing displeasure with the budget cuts announced by President Reagan. The group gathered at Old St. Mary's Church, downtown, for a prayer service, and then marched to the Federal Building where the protestors called on the public to write letters to the president and to their elected representatives protesting the cutbacks and also to observe the traditional days of fast during Lent in solidarity with the poor in the local community.



Tribute to Poland Fund

The area Tribute to Poland Fund has reached \$86,621. This Religious News Service photo shows residents of Koszalin, Poland, waiting in a snowstorm outside a church to receive packages from abroad. All Rochester contributions are funneled through Catholic Relief Services directly to the Polish people. Area donations should be sent to: Tribute to Poland, 123 East Ave., Rochester, N.Y. 14604.

Certified NFP Instructors

Natural Family Planning Education of Rochester, NY

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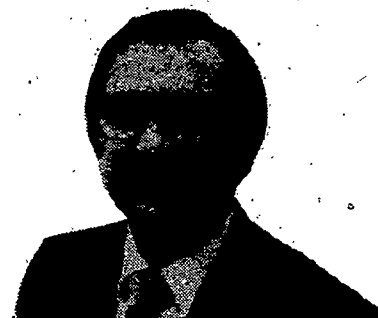
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THOUGHTS TO CONSIDER



EDWIN SULEWSKI FUNERAL DIRECTOR

What are some ways to help a child who has lost a parent?

First it is important to make sure the child is honestly included in all information and planning. This means being honest about the death and answering the child's questions. It also means allowing but not forcing children to go to the funeral or visitation as they wish. Secondly, a child needs love and security. Let a child know he will be cared for, take an interest in school work and include him in play. Some children resent being pressured to accept burdens beyond their reach. "Taking over for Dad or Mom" may be too much responsibility. Naturally, changes will occur but a child needs time and help in adjusting to them.

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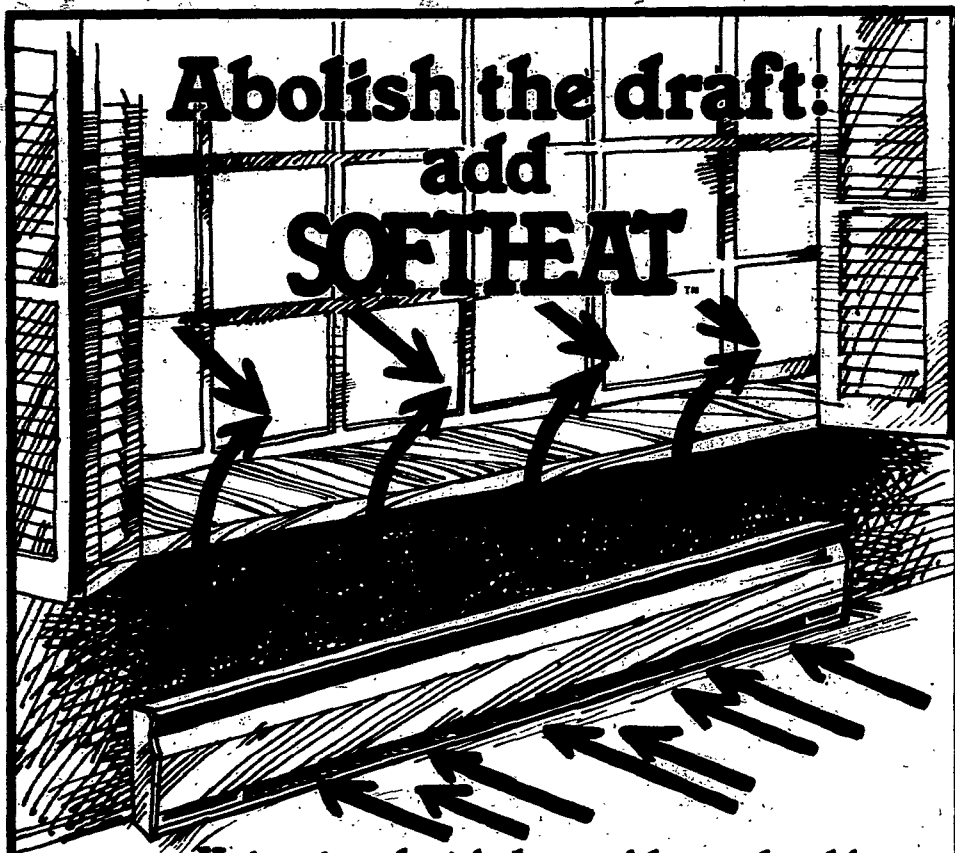


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