# **Equal Time**

What would you do if suddenly faced with a disability?

**NAZARETH** 

MICHELLE HAYES Senior

**MAUREEN COSGROVE** Senior

"I'd live with it. I'd have to face it no



matter what. You have to face things that happen in life. You can't simply give up because you are alive and have to face it. You can overcome anything that happens in life, but support from family and your own strength helps. Perserverance through what

happens to you will make you even stronger.

> MOIRA YOUNG. Sophomore Student Council rep

"I think I'd try changing my life so it



would fit around the disability. I think I'd ask parents and friends for support. I'd need understanding from people. I'd have to find new interests and new ways of doing things. I think the human spirit is capable of adjusting.'

**ELAINE LOMEDICO** Senior vice president

'I would turn toward my family for



support. I would try to readjust my life. I'd look at what I've done and look for new ways of doing things and not just crawl into a corner and die. I'd try and live one day at a time.

CHRISTINE KONESKI ;Freshman hoomroom rep

"First, I'd sit down and tell myself that it



really happened to me. I'd look to my family and friends for help, then I'd start thinking about how I was going to live and act, and really accept it. Once it is accepted, it would be easier. In the beginning it would be hard to accept.

"I'd be upset and would think about it for



a long time. I'd have to confront the fact that I was disabled and live with it. I'd find ways to keep myself busy. The toughest thing would be fighting the depression, especially when you see everyone able to do things you are no longer able to do. I'd need help

from other people, and love from family and friends

> **JEAN DARLING** Freshman Math Club

"My family and friends would be im-



portant. I wouldn't feel self pity because that would cause depression. Setting new goals would be im-. portant to get through it, but most of all, I'd try and fight back. I think it's worth fighting back and changing the direction of your life."

LULY PEREZ Junior Spectrum staff

"I think I'd need lots of support from



family and friends. The courage everyone admires in the handicapped is in all of us, but it takes a disability to bring it out. It would be difficult because I'd need different outlets for my energy. You need friends and family to make you pick up and push on.'

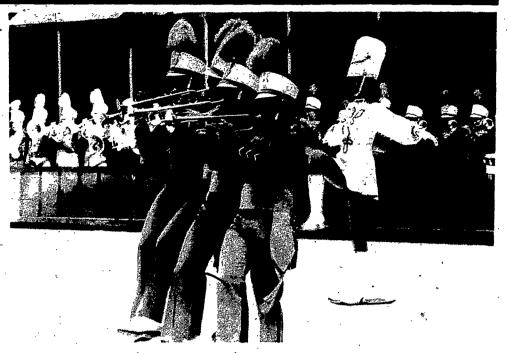
**CHRIS GERBINO** Junior Student Council vice president



"First, I'd need support from family and friends. One tendency would be for me to feel sorry for myself and I'd overcome this by realizing my limitations. I'd set new goals within these limits. The main thing I'd work against would be giving



### Winner's Circle



Photos by Joan M. Smith

### **Ice Stars**

Wednesday, Nov. 24, was the traditional opening of the Xerox skating rink. On hand for the procedings were the **Bishop Kearney Marching** Kings, members of the Ice Capades, and Rochester celebrities. Above, the band and trumpeters Terry Kaleta. Chuck Weisshaar, Dave Haller, and Jim Alati, under the direction of Lynn Jackson, swing into "New York, New York." At right, Donna Dedek, BK alumna and 1981 Monroe County Junior Miss, skates with Charlie Tickner, Olympic medalist and world champion skater, now starring with the Ice Capades.



### **Student Opportunities** To Achieve and Learn

The members of Nazareth Academy's National Honor Society recently elected their officers. They are: Mary Ellen Borreggine, president; Christine Gleichauf, vice president; Peggy Wang, secretary; Michelle Powers, treasurer.

NHS planned activities for the year are varied and will provide a year of service to the Nazareth community. Two ongoing projects are a teacher aid program and a one-on-one : tutoring program. Members will also act as hostesses during the day, welcoming guests and speakers to classes and organization meetings. NHS will also sponsor the annual College Bowl assembly which pits the juniors against the seniors in the academic arena, and an informational workshop on how to apply for college scholarships.

During the month of December, eligible juniors will be invited to apply for membership in the NHS.

According to Sister Kathleen Weider, moderator, membership is based on four qualifications: scholarship, leadership, character and service. Aspirants are then voted on by faculty and administration. Those chosen for membership will be inducted in a candlelight ceremony on Sunday, Jan. 24.

In the home economics area, there were classes in child development where students had the opportunity to hear professionals discuss the nature and problems of childbearing.

Aware that most of her students will be mothers someday, Mrs. Linda Kantor, teacher, organized the program to stress those aspects of motherhood that the girls would need to know to avoid stress and anxieties that surround childbearing.

Topics discussed included childbirth, premature infants and the danger surrounding premature births, and the care and feeding of infants. Speakers included Jane Reagan Ames from the Childbirth Education Center. and Mona Yuhas, a nurse who works in the intensive care unit with premature infants at Buffalo Children's Hospital. Information on breastfeeding was presented by Bonnie Bushart of the Rochester La Leche Society.

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#### Returning To Court

The Aguinas varsity basketball team, under the coaching direction of Anthony Ferrara, has four returning starters for the season. They are seniors season. They are seniors Darryl Henderson, Tony Alomar, Bob Bleir, Tim Lambert, Ed Wedow, and sophomore: Tony: Louis 42 2 44

## **FUND RAISING**

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