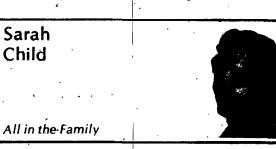
COURIER-JOURNAL

Wednesday, April 22, 1981



A Nazareth Gathering

"I'd rather be at Nazareth" is what the Homecoming Committee is hoping Nazareth College Alumnae will be saying the weekend of May 2. Planning the luncheon and dinner dance to be held on the campus are, in front row: Mary Kay Reid, Cathy Butry, Nancy Carlucchi, Joan Pulver, Ginny Sullivan, Judy Stephany. In back row: Mary Anne Grattan, Brenda Daane, Helen Shields, Rosemary Stefano, Pat Bielawa, Andrea Walker, Jeanne McElhinney.



Life After Forty

This column, first printed in 1979, is being repeated at the request of readers.

Several good friends and one close relative turned 40 this past year. Some marked the event very quietly, others threw parties. All, I am willing to wager, approached the anniversary with some apprehension, if not outright fear.

From the vantage point of my own years (I preceded them ever so slightly). I can offer a few words of advice and maybe comfort to them and others approaching the turning point.

Forty, most of us Business in Diocese

discover, is not bad. In fact, it can be very good. Anticipation, we find, is far worse than the actual event.

Forty, you soon learn, is not, as commonly thought, the beginning of middle On the contrary. age, middle age is always 10 years older than you are on any given date.

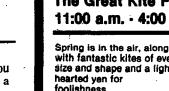
Forty is the time when you acquire a little common sense and a great deal of courage. Perhaps it comes from the ~ frequent counting of gray hair or smoothing out the crow's feet (also known as laugh lines) at the corners of the eyes.

At any rate, you discover you no longer feel compelled to take any lip from anybody, particularly authority figures to whom you've paid obeisance for too many years. These include the doctor who tells vou vou are five pounds heavier than the last time he saw you; the teacher who says it is all your fault your kid doesn't eat breakfast and gets disruptive by 11 a.m.; and the dentist who sneers when you ask for anesthetic to have your teeth cleaned.

suddenly clears and you realize that the lump of a nose you've always abhorred is really strong in character.

Forty gives you perspective and you can finally see how many good years you have left to do the things you really want to do and that dreams are not the prerogative of the young alone.

And, finally; at 40 you realize that you and the Almighty make a rather remarkable team, if from time to time you can only shut your mouth long enough to listen to your Sidekick.



So unravel your ball of string and soar for prizes in our third annual kite flying competition.

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director of the diocesan Office of Ecumenical and Interreligious Affairs. She left the religious

In addition, she served as.

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congregation in 1980. She assumes her hospital duties on May 1.

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is when you Forty discover it REALLY DOESN'T matter what others think of you; only what you yourself think.

At 40 you begin to take stock of what is truly important in your life. You find almost without trying that you can weed out the vice presidency sought after at the expense of time with your kids; the yearning for a different height, figure, face, hairline, etc.; the windfall that will rival the treasures of Tut's tomb.

Dennis J. Depczynski has been named advertising manager of Ajax Corp. Depczynski, his wife Mary Ann and three children live in Spencerport and are communicants at St. John's Church there where he is on the Parish Council. Ajax Corp. is a national supplier of electric motors and related electrical equipment.

At 40 you grasp securely the truth you've always suspected: There is no wealth greater than that afforded by a loving family and circle of friends; that physical, ernotional and spiritual health are riches beyond compare.

At 40 your vision

— 1981 DATES —

#1 — July 5-July 11 #4 — August 2-August 8 #2 — July 12-July 18 #5 — August 9-August 15 #3 - July 19-July 25 #6 — August 16-August 22

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