## COURIER-JOURNAL

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the touchstone of religious leadership. Throughout the centuries of Christian history, many have embraced religious life - a way of following Christ that is characterized by community, prayer, ministry and the public profession of poverty, chastity and obedience. From their membership, religious congregations choose leaders to foster the life and spirit of their members and to free them for service ... to direct and govern according to the constitutions of the particular congregation, the direction set by general chapters and the canonical norms of the Church ... and to exercise this authority in the spirit of Jesus' Gospel and in a participative, consultative manner since authority resides also in the community of the members. all day?" We spend a lot of time with Sisters themselves in a mutuality that strives to encourage, support,