



Keeping Fit

Lawrence Frankel, a proponent of exercise for older people, led almost 100 in an exercise workshop at Nazareth College recently. The event is an example of the Center for Elder Learning's commitment to continued intellectual and physical growth for the over-60 population. This Spring the program will include six non-credit courses and memberships to the Center for Elder Learning. Further information is available from Kathanne Mitchell 586-2525, ext. 246.

Sarah Child



All in the Family

Women, Thank God For Jesus

I have been reading Sirach, that book of the Bible whose author is primarily concerned with moral instruction.

I had "dipped in" before, reading random chapters with little or no reaction, but on this day I came across Chapter 25 with the subhead "On Wicked and Virtuous Women."

It is uncompromising, unequivocal, harshly damning. I didn't know whether to laugh or cry. I read it again.

The section begins, "Worst of all wounds is that of the heart, worst of all evils is that of a woman." Then, "No poison worse than that of a serpent, no venom greater than that of a woman."

Fascinated, I read on. "There is scarce any evil like that in a woman" and "In woman was sin's beginning, and because of her, we all die."

For good measure, I read it again — this time aloud to the head of the house and he, a man who likes and admires women, commiserated.

I wonder how many men, deep down, still hold with the sentiments espoused here.

I flip to the Gospels — not

caring to end my day's reading on Sirach's sour note.

Almost without thinking I turn to St. Luke's account of the Penitent Woman. It is a favorite of mine. The mental picture of this sinner bathing Jesus' feet with her tears, then wiping them with her hair, moves me. Her tears bring my tears. But, they are good ones. I finish the story, my equilibrium back, the beauty and love communicated by Luke's words, a powerful restorative.

My thoughts leap to the Broadway musical of the Sixties, "Bye Bye Birdie," in which a young girl in the throes of adolescent awakening sings "How Lovely to Be a Woman." I have thought so for a long time now, although that was not always the case.

I ponder on the Old Testament and its view of women — not just Sirach's — juxtaposed against Jesus' view.

I think of his first miracle — at the behest of his mother; of his mild admonition at the home of Lazarus which lifts us household Marthas to another plateau; his extolling of the Penitent Woman as a model of love; that fact that it was Mary Magdalene who was the first to see and speak to the risen Jesus.

It occurs to me that we women are indebted to Our Lord beyond that yet of the rest of mankind.



Wedding Guide

CLEANERS

WEDDING GOWNS DRY CLEANED WITH A KEEPSAKE STORAGE BOX

SAVE 20% with this ad

Open 7 days — 7:30 AM-10:00 PM

BUCKMAN'S DRY CLEANERS

Ridge at Long Pond 227-1650

APARTMENTS

APARTMENT by FARASH

155 EAST BROAD STREET

PHONE 232-4675

INSURANCE

We Help Newlyweds With All Insurance Needs

Renters • Auto • Life • Homeowners

CALL US... Free quotations... No obligation

AG ALLAN E. GAESSER

4400 EAST AVE. 381-0394

JON J. SPACHER

New York Life Insurance Company

1700 LINCOLN FIRST TOWER

ROCHESTER, NEW YORK 14604

Res: (716) 423-8338

Bus/Res: (716) 392-7584

Life, Health, Disability Income, and Group Insurance, Annuities, Pension Plans

SPECIALTY STORES

Over 50 books of traditional and contemporary designs from which to choose, all discounted.

983 MONROE AVE

442-5121

Mon.-Sat. 10-4, appts. welcome

Yes, you can sew your own beautiful wedding!

Take advantage of our complete line of fabrics, lace, headpieces, trims, illusions. Experienced Dressmakers available

patricias

631 Pittsford-Palmyra Rd. behind Hitching Post Plaza

248-2362

TABLE TRENDS

20% OFF (with this ad)

Kosta Boda

All in stock items

1492 Monroe Ave.

244-0416

10:5-30 Mon-Sat

The Pfaltzgraff Center

Bridal Registry Available

NORTHFIELD COLONIALS

30 State Street, Perinton, New York

100 Northfield Colonial 500-2880

Monday, Friday, 10:00-12:00, Saturday, 10:00-12:00

Pampered Pantry

Rochester's original gourmet shop.

Penfield Four Corners

381-8379

parkleigh

ANNOUNCING OUR EXCLUSIVE LOW PRICES ON CUISINART FOOD PROCESSORS

1726 Long Pond Road

225-8770

PERINTON: Perinton Square 223-8773

RECEPTIONS

Rose Call's

VILLAGE LANDING RESTAURANT

FAIRPORT

VILLAGE LANDING FAIRPORT, N.Y.

(716) 223-1105

Scarlat's Party House

on the **Lake at Island Cottage**

• Originator of the "Wedding Package Plan"

Ask about our Monday through Thursday Special Pricing Plan.

- Weddings
- Showers
- Banquets
- Conventions
- Stag Parties
- Sales Meetings

663-6140

MAKE YOUR CELEBRATION SPECIAL AT THE CHARMING SCENERY

We offer superb facilities for rehearsal dinners, wedding receptions, and all types of banquets. For more information, call our banquet manager at (716) 232-3030.

The Changing Scene

120 First Federal Plaza

Rochester

Free Bridal Suite!

And that's just for starters!

Call us for more information (716) 546-9400

JP genesep PLAZA

HAVE YOUR RECEPTION AT THE

The MANHATTAN

25 EAST AVENUE PHONE 454-7158

Adjacent To Midtown Plaza

PRINTERS

ABBA

PRINTERS & THERMOGRAPHY

The invitation has to be special.

673 Central Park / Rochester, NY 14609 / 466-6731

WEDDING INVITATIONS BY ANN

30% Discount on Invitations

10% Discount on Accessories

FREE GIFT

Call For Appt. **342-7265**

TANYA

PRINTERS AND THERMOGRAPHERS, INC.

The Largest and Most Trusted Name in the Rochester Area For Wedding Invitations.

1 WHIPPLE LANE PH: 467-5856

Corner 1930 Ridge Rd. East

Wedding Stationery And Accessories

- Discount Prices
- Quality Products
- Over 2000 Invitations
- Helpful Consultants

Call 334-7290 for appt.

PRINTED SPECIALTIES

CAKE DECORATORS

Martha's Cake Decorating Supplies

GATES: 1726 Long Pond Road 225-8770

PERINTON: Perinton Square 223-8773

DECORATORS

COUPON

R.C. Shaheen Paint Co.

For the new homeowner...

SAVE 10% OFF

Any Paint Purchase With This Ad

1400 St. Paul Street

266-1500

LET US HELP YOU DECORATE! SHOP US FIRST!

Décor World

Street of Shopping 1775 N. Clinton Ave. 1000 Ridge Rd. W. adj. to Maynards Elec. 663-3770 296-8780

FLORISTS

We really get around... For **Your Wedding** or Any Occasion

Filmar Florist

388 State Street 244-1122

Flowers by Stephen

FLOWERS FOR ALL OCCASIONS

"A FLORIST WHO CARES"

Wedding Packages from \$100.

340 Thurston Rd. 436-3762

Rochester, N.Y.

BANKS

Tell it to The Marine

MARINE MIDLAND BANK

TRAVEL

TRAVEL SERVICE

CALL TODAY AND START PLANNING NOW

For a memorable honeymoon you will cherish always call or come into one of our three convenient locations. Let us help you plan your special trip. A Honeymoon cruise Bermuda the Poolside. Your special dream trip!

244-8300 223-2000 536-2181

1788 Monroe Ave. Eastview Mall Caledonia

Honeymoon Trip

Make it Special

BONAPARTE

THE TRAVEL EXPERTS

101 FIRST FEDERAL PLAZA • (716) 454-3001

• ROCHESTER, NEW YORK 14614

BAKERIES

Invite Cheery Eddies To Your Wedding

CHEESY EDDIES

473-1300

Star's Golden Hearth

Bake Shops

SPECIALIZING IN WEDDING CAKES

TO SERVE FROM 35 to 400

PHOTOGRAPHERS

Wedding Candida By

AIWYN Studios

Samples Shown in Your Home

244-8500

1188 Monroe Avenue

TED SUSS 442-7365

WEDDING CANDIDS

by **Bart Shapiro**

PHOTOGRAPHY STUDIO

25% Off Wedding Invitations

Bart Shapiro Photography (716-244-3550)

FURNITURE

Mangurian's

Furniture • Carpets

531 Monroe Ave. 3042 Ridge Rd., West

RECIPES

ATTENTION NEW HOMEMAKERS... THINK FISH!

Palmer

Fish 'N' Seabod

25,000 prizes

Details At Participating Stores

Carico-Barna Inc. Expires 4/15/81

Enter Blue Boy's Garden Varieties Recipe Contest.

25,000 prizes

Details At Participating Stores

Carico-Barna Inc. Expires 4/15/81

JEWELERS

For Diamonds, Watches, and Jewelry... SEE

Bernard J. Hensler & Son Jewelers

922 Sibley Tower Bldg. 454-6918

source

One of the largest selections of wedding bands from America's leading designers. Special Discounts with this ad

Village Mall

588 Ridge Rd. W. E. Rochester 621-6280 381-5719

Scheer's

Pittsford Plaza • Eastview Mall • Long Ridge Mall

381-3050 223-4140 225-4110

For That Special Someone

Beautiful selection of engagement rings and wedding bands.

Trio Jewelers

Culver Ridge Plaza 266-1755

BRIDAL SHOPS

70 STORES to serve you

Everything for the new couple.

OPEN DAILY 10:00 to 9:30

Most stores open Sunday Noon to 5

LONG RIDGE MALL

wedding soon? let our Beauty Salon do beautiful things to your hair.

Sibley's Beauty Salon, Third Floor Downtown and all suburban stores

BRIDAL HALL

You haven't seen it all 'till you've seen Bridal Hall.

Eastview Mall 223-3110

Greene Towne Mall 225-3500

IRONDEQUOIT BRIDAL SALON

Perinton Hill Mall Fairport, N.Y. 14450 Rt. 250 & 31 716-425-1228

Ridge Hudson Plaza Ridge Road East Rochester, N.Y. 14621 716-342-6160

Mon., Fri. 10-9; Sat. 10-9:30

We offer complete Wedding Service

BRIDAL CENTER

Bridal Consultant

E. Beck Village Inn M-F 10-9 SAT. 10-6 **381-3460**

Mary Hutton offers the kind of individual service that makes every bride special.