

Lenten Regulations

Good Friday is a day of both fast and abstinence. Other Fridays of Lent are days of abstinence from meat. The fast is defined as one full meal a day, with two lighter meals. It is required of those 21 to 59 years of age. The prohibition against meat on Fridays applies to those 14 years of age and older. A Catholic should not lightly excuse himself from these practices.

Stereotype
Of Arthritis
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Sacramental Guidelines

As a service to its readers, the Courier Journal this week is publishing the new diocesan sacramental guidelines in a special pullout section, Pages 1A-8A. Be sure to read and save it.

COURIER-JOURNAL

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OUR 97th YEAR

25 Cents

Sacramental Guidelines for Diocese Issued

By Father
Robert J. Kennedy

With the publication of the revised diocesan sacramental guidelines, "Sacramental Life in the Diocese of Rochester, New York," 15 months of study, research and writing draws to a close. The official implementation date for the guidelines is July 1, 1981.

The project was initiated by Bishop Matthew H. Clark in January 1980. It resulted from the many hearings and meetings he had when he first became the Bishop of Rochester. Concerns about the preparation for and celebration of the

Father Robert J. Kennedy is the diocesan director of liturgy and was the coordinator for the sacramental guidelines committee.

sacraments were raised in these meetings more often than any other topic. These concerns included the real desire to grow more deeply in the mysteries of Christ celebrated in the sacraments, and to know more fully the teachings of the Church concerning the sacraments. But there was also concern about the uneven implementation of the liturgical and sacramental rites and the resulting confusion.

In addition, some of the

existing diocesan guidelines were already 10 years old and much additional documentation had come forth from Rome and the U.S. Conference of Catholic Bishops relating to our sacramental practice. So there was the need for updating of the guidelines as well.

In light of this, Bishop Clark appointed a committee to study, renew and revise the guidelines.

This committee began its

work by sponsoring regional hearings last Spring to hear the concerns and questions on our sacramental life. It also sent three questionnaires to parishes assessing the use of the present guidelines and the practice of the sacraments. This input was generously offered by many people throughout the diocese. The information was collated, and all pertinent Church documentation was collected, so that subcommittees could begin their work of reviewing specific sacramental areas.

The subcommittees worked through the Summer and Fall of 1980 to present to the bishop a final draft of the guidelines package. With

a few additional changes the bishop accepted what is now presented as the sacramental guidelines for our diocese.

What is now completed is found in three sections: Christian Initiation (Initiation of Adults, Reception of Baptized Christians into Full Communion within the Catholic Church, Baptism of Children, Confirmation and First Eucharist), Penance (both the full Rite and First Penance), and Marriage. Briefer guidelines remain to be completed in the areas of Eucharist, Anointing of the Sick, Christian Burial, Liturgical Ministries and Liturgical Environment and Art.

The publication of the

revised sacramental guidelines is only a beginning, however. What needs to follow is a study, not only of the guidelines themselves, but of all the rites of the Church and the pertinent documentation related to sacramental practice. We need the consistent effort of all concerned to continue in their work of implementing the revised sacramental rites with understanding and pastoral sensitivity. Finally, we have to realize that these guidelines are only another step along the way to full stature in Christ, as St. Paul writes. As we continue to grow in the sacramental life we will need patience, understanding and prayer.



Parading

George Logemann pilots the miniature van which pulled the float from St. Catherine's, Mendon, during Rochester's celebration of St. Patrick's Day, Saturday. Bishop Matthew H. Clark was also part of the city's festivities.

Photo by Terrance J. Brennan

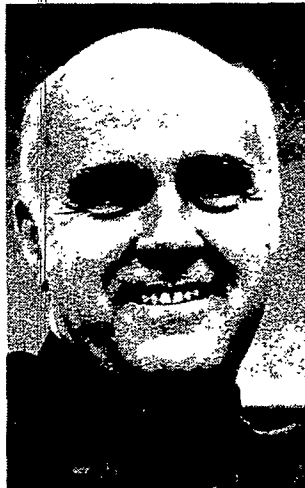
Diocese Names New Schools Superintendent

Father Richard Kinsky has resigned as diocesan superintendent of schools and Sister M. Edwardine Weaver has been named to replace him.

The Basilian priest said his resignation was prompted by feelings that he did not measure up to "certain expectations and qualifications" considered necessary for holding the post.

The Rochester native said that he had submitted his resignation in January.

Sister Edwardine, a Sister
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FATHER KINSKY



SISTER EDWARDINE

Our Oldest Priest, Msgr. Hoefen, Dies

Msgr. Francis J. (Frank) Hoefen, a priest of the Rochester diocese for nearly 70 years, died Friday, March 13, at Park Ridge Nursing Home.

Born May 21, 1885, Msgr. Hoefen, 95, was the oldest priest in the diocese and had served under all eight bishops of Rochester, including the first, Bishop Bernard McQuaid, whom he assisted as altar server.

Although he served in a variety of roles during his long priesthood (ordained June 10, 1911), he was most known for his pastorate at Our Lady of Perpetual Help from 1936 until his retirement in 1967.

Before OLPH, he was pastor of Holy Trinity in Webster from 1923 to 1936. Prior to that, he was assistant pastor of St. Michael's in Rochester. His first priestly assignment was as teacher at St. Andrew's Seminary.

In 1905, as a 20-year-old seminarian at St. Andrew's, he was appointed private Mass server for Bishop McQuaid. He was the last of Bishop McQuaid's private Mass servers.

"These Masses were offered in the bishop's private chapel in the Frank Street Cathedral-rectory," Msgr. Hoefen told the Courier in 1978.

"A week's vacation at the



MSGR. HOEFEN

bishop's summer home at Hemlock Lake was a reward for serving faithfully," he said.

"After his private Mass," Msgr. Hoefen recounted, "the bishop was often seen waiting for his horse and buggy to

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