

Sister Ellen Frawley, r.c.



Viewpoint: Sisters Reflect

### The Ministry Of Prayer

The prayer ministry, both on an informal level and formally, is now without doubt the largest and most vibrant in the American Church, and here in Rochester as well.

Thousands of persons who have participated in contemporary movements are powerfully drawn to prayer, to the Scriptures, to a desire for a real relationship with God, to a real Christian life. The Cursillo, Marriage Encounter, Genesis, Teen Seminar, Antioch Retreats, the Charismatic Movement — all have helped bring this about. Many individuals have been similarly touched by God in their own private lives. The ministry has often needed strong foundations of doctrine and Scripture, against which to test and temper the multitude of charisms. Lay leaders have emerged to become teachers and spiritual guides.

Religious women, too, are prominently in the prayer ministry, with retreat centers and houses of prayer

### 'At Home' Retreats Offered

The Cenacle Center for Spiritual Renewal is about to introduce an entirely new concept in retreats to the diocese.

An evening of information on "At Home Retreats" will be given 7:30 p.m. Thursday, March 12, at the center, 693 East Ave.

According to Sister Betty Rogers, R.C. who, with Ruth Page, will introduce the program, the retreat movement, though in its initial stages in the diocese, has been known in 27 states and seven countries during the past nine years.

She indicated that the format adapts the Spiritual Exercises of St. Ignatius, and stresses the value of consistent daily prayer and its integration into one's whole life.

visits to hospitals and nursing homes for reception of the Eucharist and shared prayer. All this with a view to the true development of the life of the spirit that each person has and is.

Among the religious women, the Cenacle Sisters have been very happy to live and minister in the Rochester diocese in a full-time spiritual ministry since 1948. The Cenacle has tried to live its name which signifies the "upper room, spacious and furnished," the room of Jesus' own prayer and of His gifts: the Eucharist and Pentecost. Both were preceded by prayer. The high-priestly prayer of Jesus, His great self-revelation, and the prayer of His disciples at His urging, are integrally of the mystery prolonged in the Church's life today, through the modern Cenacle. It hopes to become more and more the room of His gifts and His prayer.

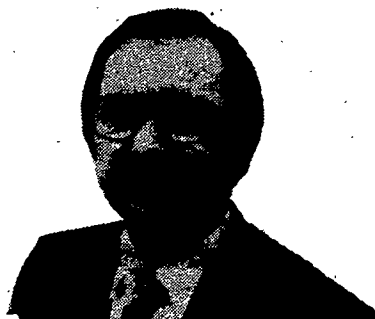
of their own, and a diversity of spiritual programs throughout the parishes, also. All of this rich ministry is supported by dedication whether in lay or religious life — and by study, training, and growing experience.

This wealth of programs serving the ministry of prayer includes retreats, workshops and seminars in human development and spirituality, spiritual direction and Scripture studies, days of prayer and overnight renewals, meetings for men and women (morning, afternoon and night), support programs for special groups,

**BAKERY** 1688 CLIFFORD AVE. near Goodman  
**KORNER**  
 3 tier serves up to 100, \$40 PHONE 482-1133  
 4 tier serves 175 to 200, \$60  
 3 tier whipped cream, custard filling serves up to 100, \$60 We Deliver

Decorator cakes, whipped cream & strawberry, lemon, pineapple, custard filling; 1/4 sheet, \$7.00; 1/2 sheet, \$10.00; full sheet, \$18.00. Decorator cakes butter cream frostings, half sheet \$9.00, full sheet \$16.00.

### THOUGHTS TO CONSIDER



EDWIN SULEWSKI FUNERAL DIRECTOR

#### "When You Aren't Sure How To Help"

Most of us have found ourselves feeling out of place, inadequate or uncomfortable when someone we know dies. We often aren't sure what to do to help or comfort the family — and may even feel guilty because we are unable to match the grief of those closest to the deceased.

These feelings aren't unusual. It is important to remember that the sympathy and understanding given at this time are of great value. Attending the funeral and offering your friendship during the months to come will be of greater value than you may realize. The love and concern you give will be appreciated in a way you may not fully understand until you, yourself, have experienced a similar loss.

There are many appropriate ways to express your sympathy. If there are questions we can answer for you at any time, please call a member of our staff.

### SCHAUMAN FUNERAL HOME

2100 St. Paul St. 342-3400

### ST. FRANCIS OF ASSISI CHURCH

77 Whitney Street • Rochester, New York 14611

<b>Ash Wednesday</b> .....	8 a.m. Mass and distribution of Ashes. 8 p.m. Ash Wednesday Liturgy and Distribution of Ashes
<b>Miércoles de Ceniza</b> .....	6:30 p.m. Misa y distribución de Cenizas.
<b>Monday</b> .....	March 16, 7 p.m. Slide Presentation on El Salvador, Soup Supper
<b>Tuesdays</b> .....	7 p.m. Mass April 14, 7 p.m. Communal Penance.
<b>Martes</b> .....	7:30 p.m. Luz y Vida en distintas casas.
<b>Wednesdays</b> .....	7 p.m. Adult Education.
<b>Los Jueves</b> .....	7:30 p.m. La Misa en la Iglesia el 9 de abril, Rito de Penitencia.
<b>Los Viernes</b> .....	7 p.m. El Via Crucis en la Iglesia.
<b>La Semana Santa</b>	<b>Holy Week</b>
<b>Domingo de Ramos:</b> Bendición de Ramos y Procesión 11:45 a.m. y Misa a las 12:30 p.m.	<b>Palm Sunday:</b> Blessing of Palms Procession and Mass Sat. 5 p.m., Sun. 9 and 11 a.m.
<b>Jueves Santo:</b> 8 p.m. La Misa	<b>Holy Thursday:</b> Mass, 6:30 p.m.
<b>Viernes Santo:</b> 5 p.m. Via Crucis, Los Siete Palabras y Oficios	<b>Good Friday:</b> Liturgy of the Lord's Passion, 3 p.m.
<b>Sábado Santo:</b> 9 p.m. Vigilia Pascual	<b>Holy Saturday:</b> Easter Vigil, 7:30 p.m.
<b>Domongo de Pascua:</b> 12:30 p.m. Misa	<b>Easter Sunday:</b> Mass, 11 a.m.

### FOCUS ON EUCHARIST

This month's Focus on Eucharist will open with evening prayer at 7:30 p.m., Thursday, March 5 at Christ the King Church, 445 Kings wy. S. Father William Rankhauser, SJ, will celebrate Mass at 8 p.m. Adoration of the Blessed Sacrament will continue with time of quiet meditation ending with Benediction. All are welcome to attend.

### ADORATION

The monthly adoration of the Blessed Sacrament will begin at noon, Thursday, March 5, at Blessed Sacrament Church. The rites include a recitation of the rosary at 12:15 p.m. and benediction at 5 p.m. preceding the regular 5:20 p.m. Mass. The intention of the devotions is priestly and religious fidelity.

### A Carmelite Sister of the Divine Heart of Jesus

Serves GOD the Church and her NEIGHBOR through the APOSTOLATES of Prayer — Reparation and Active Charity caring for the aging and children



Life in Carmel D.C.J. is a life of Love and Service... we enjoy a close Community Life, praying, dining, recreating and planning in common — as a Family, headed by our respective Superiors.

TO SERVE GOD TO ENRICH YOUR LIFE

Write to: VOCATIONAL DIRECTRESS CENTRAL PROVINCE 16341 MANCHESTER RD. ST. LOUIS, MO. 63122

**ABBA**  
**PRINTERS & THERMOGRAPHERS**  
*Specializing in Raised Lettering and Wedding Invitations*  
 LETTERHEADS • ENVELOPES • BUSINESS CARDS  
 BROCHURES • BUSINESS FORMS • RESUMES • CATALOGS  
 POSTERS • FLYERS • TICKETS • CARBONLESS FORMS  
 473 Central Park / Rochester, NY 14609 / 454-4434

**LENTEN SPECIALS**  
**Fresh Fish Fry \$1.99**  
 Genuine Haddock  
 To Go — served with french fries & cole slaw

Restaurant Now Open 11-9 Tues.-Sat.  
**Shrimp Scampi 5 (U10's) ... 5.25**  
**Broiled Scallops ... 4.95**  
**Fresh Fish Fry ... 3.25**  
 Above entrees served w/ french fries & cole slaw

**CLAMS**  
**Steamed Clams (12) ... 2.95**  
**Clams Casino (6) ... 2.25**

**Retail Store Open**  
 Large Variety of Fresh & Frozen Fish  
 Guaranteed Lowest Prices in Town

**Bruno Seafood Restaurant Fish Market**  
 2344 Lyell Avenue  
 254-8620  
 1/4 mile west of 390 behind Burger King  
 Management by Rund's

**Sing Praise Together**

**A Time To Celebrate Your Good Marriage**  
*The Marriage Encounter Weekend*

**A time to share**  
 What's a Marriage Encounter weekend all about? Basically, it's a 44-hour experience (Friday evening to Sunday afternoon) designed to give married couples the opportunity to celebrate their lives together. It's a time to share feelings, hopes, joys, frustrations and dreams. In a private atmosphere — away from all the tensions and distractions of everyday life.

**A time to look at ourselves**  
 What happens at a Marriage Encounter? A series of talks are given by a team of trained couples and a priest. Each talk gives a husband and wife an opportunity to look at themselves as individuals. Then they examine their relationship together, and how to build on the love they already have.

**A time for us to be alone**  
 There is no group discussion. On a Marriage Encounter, you concentrate on your spouse to such an extent that you're hardly aware of the other couples present. The presentations are given to the group as a whole. After each presentation the husband and wife have time in the privacy of their own room for their own personal sharing. Marriage Encounter is not a marriage clinic, a sensitivity session, or a retreat. It's unlike anything you may have heard about or experienced before.

**A marriage encounter weekend is not something you need — It's something you deserve.**  
 Up-coming weekends:  
 March 13-15; 27-29;  
 April 10-12;  
 May 1-3; 15-17  
 A \$15. registration fee is required to insure reservations. Couples are asked to make a contribution on the weekend. However, we do not want money to be the reason for any couple staying away from the Encounter. An anonymous blank envelope contribution is asked for on the weekend, and more details given then.

**Make "a weekend." You deserve it.**

WE'RE READY TO GO: WEEKEND OF  
 When using this form to reserve a weekend, please enclose a check or money order in the amount of \$15.00, made out to Couple Power.

WE NEED MORE INFORMATION  
 Mail to Couple Power or call 663-1727 and we will send you a brochure.

Names \_\_\_\_\_  
 Address \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Wedding Date \_\_\_\_\_

**Couple Power Inc.**  
 P.O. Box 345  
 East Rochester 14445  
 (716) 663-1727 Spanish Speaking Weekends Available