By Joan M. Smith

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Rochester paid tribute to a favorite son last week. Col. Thomas Schaefer, who spent 444 days as a hostage in Iran, returned to his hometown, Feb. 3, and the Catholic community was out in force to contribute to the celebration.

The Bishop Kearney Marching Kings gave him a musical welcome at the airport and performed in the official ceremonies at the War Memorial. Auxiliary Bishop Dennis W. Hickey also was on hand at the War Memorial where he joined Rabbi Shamai Kanter, representative of the Jewish Community, and Canon James B. Prichard, Episcopal Diocese of Rochester, in offering the prayers of Thanksgiving.

Numbered in the enthusiastic audience which included Verterans of Foreign Wars, the American Legion, members of the military, and city and county dignataries, were Sister Lucetta and eighth grade pupils from Holy Ghost School, Further down the aisle, waving American flags, were junior high pupils from Sacred Heart school. They were accompanied by Sister Sheila Luber, SSJ, principal, and their teachers. The pupils were eager to talk about their awareness of the hostage situation. The girls said they had read everything about the hostages since Day One and were ecstatic that their optimistic opinion that the hostages would definitely be school. released had proven true.

During the ceremonies, was the theme behind Col. Mayor Thomas Ryan Schaefer's remarks, and those



Photo by Joan M. Smith

A happy, proud Col.
Schaefer spoke to those who braved the cold and attended the ceremonies at the War Memorial welcoming him home. Bishop Dennis W. Hickey represented the Diocese of Rochester.



presented Col. Schaefer with greeting cards from an eighth grade class in Penfield. Afterwards, a smiling Mary Lyons told this reporter that the greetings had come from, her GCD class at St. Joseph's

American duty and pride #

in uniform (policemen, Marine and Air Force personnel) seemed to stand a bit straighter as he spoke. In discussing their ordeal in Iran-he said, "We are not heros, not one of us — we did a job that would be expected of any American.'

Bishop Hickey closed the ceremonies with benediction.

Sexometer' Unveiled As NFP Instrument

(RNS) — An "Sexometer" that can signal to women their. fertile and infertile periods has official reported here.

The device was developed for the World Health Organization (WHO) for use in developing countries with

been developed, a research population problems, said Dr. official reported here. Heinz Wolff, head of the

\$100,000 Raised For Italian Relief

of the victims of last year's carthquakes in Italy.

Two distinct efforts, one by the Diocese of Rochester and the other by an ad hoc civilian group, raised \$37,040.45 and \$75,000 respectively:

Relief Fund Committee, the lay group, announced its total last week at the office of the

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More than \$100,000 was Vice Consul of Italy, Arthur

The committee also said that a special group of five people will travel to Italy at their own expense distribute the funds.

In the diocesan effort, headed by Father Joseph The Italian Earthquake Reinhart all monies received are forwarded to Catholic Relief Services which in turn aids the earthquake victims.

Scout Awards Given

The Boy Scouts of America honored II scout leaders with the highest award presented to adult leaders recently. The Silver Beaver Award, presented by the Otettana Council Boy Scouts of America went to Dorothy with the presentation of the DeRomanis and John Lings, Silver Beaver Award. The Jr., Rochester, Ellen Neisner award is based on leadership, and Robert N. Wilson, guidance and devotion to the Brighton, Juanita Ashman ideals of scouting and is the and Donald Beasen, Spen highest bestowed on adult cerport; E. Edward Keiser, scouters by the council, a Greece: Randy DeFrank, scout release said.

Irondequoit; Robert W. Belt and Frank Lisuzzo, Gates: and John Newberry, Webster.

Each year the Otetiana Council recognizes out-standing scouting volunteers

British Medical Research Council's Clinical Research Center, and a member of a WHO panel on contraception.

He said the device is simple to use, requiring only that the woman place a small electronic sensor in her mouth every morning to take her temperature. The sensor transmits the temperature to a miniature computer which stores the daily information.

"When the 'safe' (infertile) period in her cycle is reached, the computer activates a green 'go-ahead light,'" Dr. Wolff reported. He said the meter can be equipped with an additional circuit to "activate an alternative red light to advise when the optimum phase for conception has been

Dr. Wolff said the device is in production for testing at family planning clinics and is expected to go on trial in British clinics this year.

The electronic Sexometer is based on temperature changes which accompany a woman's monthly reproductive cycle. Studies have shown that the temperature changes can be used as an accurate indicator of the days when a woman is fertile and conception is most likely to occur, and those periods when she is infertile and conception not expected. This knowledge is already being used by followers of Natural Family Planning.

Insights In Liturgy

By Father Thomas Nellis



Reflections of A Presider

The introductory of the ucharistic prayer comes to ind as a good summary of hat presiding at Eucharist eans to me. Each of the esider's three exhortations the people evoke a difent aspect of his role.

(1) "The Lord be with " The Eucharistic urgy is essentially a social fair. It is not my personal ayer to God at which her people just happen to present. It is our prayer, ur celebration of the Lord's ath and rising.

As presider, I certainly ave a special and unique le to play in offering that rayer and leading that lebration. But unless the copic of God actively volve themselves in the cred action, I have failed my duty as a priest.

(2) "Lift up you hearts." If_ ne people are able to spond truthfully, "We ave lifted them up to the ord," it will be not only ecause I, as the presider, elp them by preaching an fective homily and by roclaiming the Eucharistic rayer with devotion, but ilso because I support and coordinate the other ministries necessary for a fruitful celebration of the Eucharist.

Friendly ushers, competent servers, enthusiastic readers, beautiful music, attractive vestments and furnishings, an adequate sound system — all these and more enter into the work of disposing God's people for prayer. Therefore, concern for these things is an important part of my role as presider.

(3) "Let us give thanks to the Lord our God." When I utter these words at Mass I sometimes have the sense of being at the very center of the universe, where heaven is joined to earth and time enters eternity. Jesus, the High Priest of the New Covenant, is about to become sacramentally

present in the midst of his people so that once again he can offer his sacrifice of praise through us, with us, and in us. The "thanks and praise" we are privileged to offer to God in the Mass is nothing less than Jesus' own love for his Father, now transplanted and rooted in our poor, human hearts.

How wonderful, how awesome, how hopeful is that solemn invitation of the presider, "Let us give thanks to the Lord our God." By offering here on earth the sacrifice of the Cross we take part in that heavenly liturgy where Christ sits forever at God's right hand, making intercession for us. We anticipate that moment when the kingdom of this world will become the kingdom of the Lord and of his Christ, and every creature in the universe will join the angels and saints in singing: "To him who sits on the throne, and to the Lamb, be praise and honor, glory and might, for ever and ever." (Rev. 5:13)

(Father Thomas Nellis is thé associate pastor for the community at St. Cecilia's Parish, Rochester.)

FREE MILK PROGRAM

The United States Secretary of Agriculture has announced new income guidelines to be used by schools participating in the Special Milk Program and/or Free Reduced Lunch Programs in determining a child's eligibility for free and reduced price meals and/or free milk. These new guidelines become effective by March 2nd. The quidelines are available at the schools for all parents.

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