

Sarah Child



All in the Family

Easy to Make Recipes The Best

There are cookbooks and then there are cookbooks. Some are basic, some are pretentious, some worth their weight in gold, some useless.

One of the best and most useful kind of cookbook is that which comprises a collection of down-to-earth recipes put together by a group whose members have submitted family favorites.

And that's the kind that came in the mail this past week from the Mt. Morris Historical Society. Society president Dolores Scura,

who sent along an accompanying letter, said the proceeds are being used to help restore the home of Gen. William Augustus Mills, the founder of Mt. Morris.

She wrote: "Since our town is primarily Italian, we decided to collect recipes for this book. Youngsters from the elementary school made the block prints. To date we have sold over 3000 books... The recipes are delicious, simple to prepare and many are rather inexpensive. Best of all, they're Italian."

The head of the house and I enjoyed scanning it and as soon as I saw the recipe for burdock (a most edible weed) I knew this to be an

authentic Italian cookbook. Some other recipes in this book are the pane frita (fried bread dough sprinkled with sugar), pignolati (miniature honey-covered cookies) and Easter bread.

There are 78 pages of recipes, charmingly executed woodcuts, and Italian trivia in "Traditional Italian Recipes of Mount Morris." The book sells for \$4.75 which includes postage and handling and can be obtained from the Mount Morris Historical Society, 14 Main St., N.Y., 14510.

Perusing this cookbook reminded me that I have yet to discover how to make the small, hollow rolls that are traditional breakfast fare in Italy. Freshly made every morning, they are crusty and absolutely delicious with butter and marmalade as an accompaniment to the chocolate or coffee and hot milk mixture that is served. If any of the good Italian cooks of Mt. Morris or anyone else knows how to produce that hollow inside, crusty outside effect I'd be grateful for the tip.

Southern Tier

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Auburn-Geneva



Cheers for Christmas

"Nine Cheers for Christmas" was the title of the Christmas program at Corning Catholic School North which took place before the holiday vacation. Shown are, from left, Adam Gross (angel), Stephanie Clark (Mary), David (Giacomo) (Joseph), Lenard Hychalk (John), and Stephanie Reynolds (angel).

Programs Offered On Welfare Increase

Elmira — The Southern Tier Office of Social Ministry has scheduled five educational programs on the call by New York State's bishops, including Bishop Clark, for an increase in the basic public assistance grant.

The New York bishops made their call in the spring of 1980, urging legislative action to increase the grants, which have not changed since 1974. The action failed in the 1980 legislative term, and the effort is being continued.

Recent statements by Gov. Hugh Carey and Senate Majority Leader Warren Anderson have indicated that some increase probably will be enacted this year; still to be determined is the amount of the increase.

Parish Human Development Committee members have been invited to the educational programs, which will include explanations of the welfare system, of some myths about it, and why an increase is needed.

Specific actions parishes and parishioners can take in support of a grant increase also will be discussed.

The first program will be in Schuyler County, at St. Mary of the Lake Parish Center in Watkins Glen, on Tuesday, Jan. 20 beginning at 7:30 p.m.

The second will be for the Tompkins-Tioga Region, and will take place Thursday, Jan.

22, at 7:30 p.m. at St. Francis Church, Catonk.

Chemung County session will be Monday, Jan. 26, at 7:30 p.m. in St. Peter and Paul School in Elmira.

Two sessions have been scheduled for the Steuben Region. The program will be given Tuesday, Jan. 27, at 7:30 p.m. at St. Patrick's School, Corning, and again Tuesday, Feb. 3, at 7:30 p.m., at St. Ann's School, Hornell.

Bishop Yaelkel To Address Unity Service

Parish heads — There will be a service observing the Week of Prayer for Christian Unity Sunday, Jan. 18, at 7:30 p.m. at St. Mary Our Mother Church, Horseheads.

This year's observance of the ecumenical effort begins Jan. 18, and ends Jan. 25.

Featured speaker for the service will be Bishop Joseph H. Yaelkel, presiding elder of the New York West Area of the United Methodist Church, which includes Chemung County. Bishop Yaelkel has held his position since 1972.

The Cantata Singers, directed by William Payne, also will take part in the service. All local clergy have been invited to join the profession.

At Your Parish...



Carolers

Students from St. Salome's School took part in Christmas caroling around the Irondequoit neighborhood this year. Special stops were made at the homes of senior citizens and shut-ins. Shown here (front row from left) are Bill Maier, Karen Maier, Cathy Dayton, Sheila Moffitt, Kristina Skelton, and Matt Pease. Back row are Sean Scantlin, Thomas Homer, teacher Heidi Baller, Meg Dayton, Bob Messenger and Sam Cino.

St. Thomas the Apostle

The Rosary and Altar Society at St. Thomas the Apostle parish will sponsor a Family Communion Breakfast from 10:15 a.m. to 12 noon on Sunday, Jan. 18 in the school hall.

Tickets for the breakfast are \$1.75 for adults and \$1.50 for children. Reservations may be made by contacting Joanne Yount, 342-2217; Betty Wilson, 342-3603; or Sandy Interlichia, 342-6721. Reservation deadline is Jan. 16.

Holy Family

The Rosary Society at Holy Family parish, 415 Ames St., will next meet with services at 7:30 p.m. on Wednesday, Jan. 14 in the Pine Room. In addition to the regular business meeting, a birthday celebration for all members will take place. Stella McCombs will be this month's hostess.

Guardian Angels

The Rosary Society of Guardian Angels parish will sponsor a continuous Novena to Our Mother, Our Lady of the Americas each Monday evening at 7:30 p.m. starting Jan. 19. The Novena will take place in the church, 2061 E. Henrietta Rd. Benediction will take place every ninth Monday of the Novena. All are welcome to attend.



St. Cecilia

Dr. Dennis E. Boike will speak on Children and Discipline at St. Cecilia's parish hall at 7:30 p.m. on Sunday, Jan. 18. The public is invited to attend.

St. John, Fairport

Students from St. John of Rochester parish, Fairport, did well in the recent Fire Prevention Essay contest sponsored by the Monroe County Firemen's Association. From left Jackie Monacell, Jeff Monacell and Margaret McCarty all took awards for their essays.

Ithaca Observing King Birthday

Ithaca — A series of activities which began on Jan. 10 and will continue through Jan. 15 are marking the birthday of Rev. Martin Luther King, Jr. in Ithaca.

Ithaca Mayor Raymond Bordoni has proclaimed the Jan. 10-15 period the "1981 Martin Luther King, Jr. Celebration in Ithaca."

An "Intergenerational Day" Saturday, Jan. 10, began the observance; it was conducted at the Southside Community Center. On Sunday, Jan. 11, observances occurred in local churches.

Jan. 12, 13, and 14 were days for emphasis of human rights and dignity in many of the local schools.

This evening, Wednesday, Jan. 14, "An Evening of Black Experience," including music, poetry, choirs, choruses and dance, will be presented at 7:30 p.m. at the Ithaca High School by Ithaca school students.

Tomorrow, Thursday, Jan. 15, there will be a Community Unity Breakfast from 7 to 9 a.m. at the Greater Ithaca Activities Center, 318 N. Albany St. Thursday evening there will be a Human Rights Commission dinner at 5:30 p.m. at the Ramada Inn.

The final program of the observance, also Thursday evening, is titled "The Revival of a Dream," and will be at 8 p.m. at the Strand Theater. The program will feature an address by Ruben L. Speaks, bishop of the 10th Episcopal District of the AME Zion Church, Roosevelt, NY.

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