

# RapAround

## Equal Time

What causes you stress and what do you do to combat it?

### BISHOP KEARNEY

**JOE ROTOLO**  
Senior  
soccer



"Pressure from school and work. I become depressed under strain. I handle stress by talking it out. Yes, definitely, I think stress has become a big part of the teenagers' lives."

**GREG GRISOFF**  
Sophomore  
wrestling



"Peer pressure is the cause of most stress in teenagers. Stress has become a big part of their existence. I use my wrestling to ease my tensions."

**JIM KRYGIER**  
Sophomore



"A real active day — running around and doing a number of different things. When I'm under stress I become tired so I try to relax at night and try to forget it all. At times teenagers are under as much stress as adults."

**JOE MARMO**  
Sophomore



"School and parents. I become angry when under stress. I just rest and think things over. Stress has become a big part of young adult lives because of problems like drugs."

**PAT FLANIGAN**  
Sophomore  
football



"Peer pressure — it is probably the most stressful situation for teens. Sometimes because of stress I get frustrated. I try to think it out — to do the best thing that will be best for me in the future. I don't think stress is a big part of teenage life. Adults have a lot more to worry about because of their responsibility."

**KARL PEARCE**  
Sophomore  
basketball



"Tests. I get frustrated or confused when the stress builds up. I'll breathe deeply and try to calm down — this helps. Stress is becoming a bigger part of teenagers' lives because of the growing responsibilities. Teens sometimes have more stress because we have school to worry about and jobs."

**PAUL ALLEN**  
Sophomore  
soccer



"Parent pressure versus peer pressure — for example when a time is set to be home and others don't have to be home at that particular time. This is definitely a stress situation for young adults. Usually I try to relax and ignore stress — and it seems to work. In a way parents have more stress because they have a family responsibility; we only have ourselves to take care of."

**JOHN CHATT**  
Sophomore  
basketball



"Trying to be successful in school work and carrying through responsibilities. I involve myself in activities and listen to music to overcome the stress. Also I'll talk it out with my friends. There are more problems for teenagers so there's more stress for them. I think a lot of young adults turn to drinking to overcome the stress."



## Winners Circle

RapAround weekly will run a photo of a group of students taken somewhere in the diocese. One person will be circled and if that person brings the clipping to the Courier-Journal before noon of the Tuesday following our publication date, he or she will receive \$5. This week's photo was taken at Mercy in gym. The person circled should bring the clipping to Joan M. Smith, Courier-Journal, 114 South Union St., by noon, Tuesday, Nov. 18 to receive \$5.

## Sports Who's Who

**FOOTBALL** — Aquinas' Bob Bleier completed 7-of-9 passes for 171 yards and three touchdowns, two to Tony Alomar, as the Little Irish rolled to a 34-19 win over Rush-Henrietta Sperry. Alomar caught TD passes of 15 and 80 yards and Tim Lambert added another of 15 yards.

David Hookway caught touchdown passes of six and 39 yards from quarterback Mike Hebert to lead McQuaid to a 32-12 win over Edison Tech at McQuaid. Tyler Owens and Jed Hanna also scored for the Knights.

John Murphy passed 13 yards to Lyndon Gross for a second-quarter touchdown and Jim Schmidt kicked the extra point to give Bishop Kearney a 7-6 victory over Cardinal Mooney at Kearney. Larry Brooks scored for the Cardinals in the first quarter, but the extra point attempt failed.

Aquinas' Don Beans leads all City-Catholic Football League scorers with 12 touchdowns, good for 72 points in eight games. McQuaid's Jim Jenkins is second with 44 points; Tim Lambert of Aquinas, fourth with 36 points; and Tyler Owens of McQuaid, fifth with 30 points. Beans has rushed for nearly 1,000 yards this year and has had feelers from some of the top colleges and universities in the country, such as: Notre Dame, Penn State, Pittsburgh, Florida State, Ohio State, Purdue, Maryland and Syracuse.

Vinnie Mastro Simone of Bishop Kearney finished in second place behind Mark Royer of East High in the final standings of the individual scoring race in the City-Catholic Soccer League. Mastro Simone totaled 21 goals and six

assists for 27 points as Royer had 20 goals and 10 assists for 30 points. Pat Kane of Aquinas was fourth with 14 goals and four assists for 18 points.

McQuaid won the Section 5 Class AA team cross country championship last week at Stuart Park in Newark. Paul Dodd led the Knights' runners with a fifth-place finish.

Bob Bradley of McQuaid and Brighton's Art Nelson were selected as Section 5

Class AA cross country Coaches of the Year by a group of their peers.

**GRAD-NOTE** — The St. John Fisher College football team (5-3) lost last week to Stony Brook, 34-14, thus eliminating them from any post-season bowl consideration. The bright spot in the Cardinals' attack last week, though, came from McQuaid grad Chuck Graham, who ran for 127 yards in 14 carries.

## On The Go

- AQUINAS**  
Saturday, Nov. 15 — APA Card Party and Buffet.
- BISHOP KEARNEY**  
Thursday, Nov. 13 — Parent/Teacher meeting, 7-9 p.m.  
Friday, Nov. 14 — Registration deadline for Dec. 13 ACT test; late registration for Dec. 6 SAT test.  
Monday, Nov. 17 — Parent/Teacher meetings, 7-9 p.m.  
Tuesday, Nov. 18 — Parents' Club mailing.
- CARDINAL MOONEY**  
Thursday, Nov. 13 — Yearbook pictures; Follies dress rehearsal.  
Friday, Nov. 14 — Follies performance, 8 p.m.  
Saturday, Nov. 15 — Follies Dinner Theater, 5 p.m.  
Sunday, Nov. 16 —

- Follies matinee, 2 p.m.  
Tuesday, Nov. 18 — AFPA Thanksgiving Food Drive begins.  
Wednesday, Nov. 19 — Baked Food Sale.
- DeSALES**  
Thursday, Nov. 13 — Spiritual Growth Committee meeting; Father Falcone Bible Study Class.  
Friday, Nov. 14 — Kit Sale promotion.
- McQUAID**  
Nov. 14-15 — Bazaar.  
Wednesday, Nov. 19 — Dismissal, 1:28 p.m.; faculty meeting, 1:45 p.m.
- NAZARETH**  
Thursday, Nov. 13 — Bryant Stratton visits Business Department, 8:15-12:20 p.m.  
Nov. 13-21 — Sophomore class fund raiser.  
Monday, Nov. 17 — CPR

- 3-hour course, 8:15-11:15 p.m.  
Wednesday, Nov. 19 — Careers Day; CPR, rm. 11, 2:45-5:15 p.m.
- OUR LADY OF MERCY**  
Wednesday, Nov. 12 — Reports distributed for mid-semester.  
Wednesday, Nov. 19 — Parent/Teacher conferences.
- ST. AGNES**  
Wednesday, Nov. 12 — Homeroom moderators meeting; Human Development Week begins.  
Thursday, Nov. 13 — Freshmen orientation study habits.  
Friday, Nov. 14 — Report cards issued.  
Monday, Nov. 17 — Freshmen orientation time management; Theology class speaker, Sylvia Thompson.  
Nov. 17-18 — Overnight retreat for Theology class.

based at the Plaza Athletic Club  
50 Chestnut Plaza, Rochester

GET BEAUTIFUL TREAT YOURSELF TO EXCITING NEW SENSATIONS AS YOU GET STRONGER SHAPLIER & TOTALLY ENERGIZED LOOK SLEEK FEEL FANTASTIC MOVE RUN DANCE LEAP JUMP TOMORROW

**Aerobic dance & exercise**  
by Pat Drum's "Skinny School"

New classes starting Nov. 17

Call 546-7350 for a detailed brochure

city of rochester · brighton · perinton · pittsford

Featuring  
\*ST. AGNES HIGH SCHOOL  
\*MERCY HIGH SCHOOL  
\*ST. JOSEPHAT'S GYM

E. River Rd.  
Blossom Rd.  
E. Ridge Rd.

Penfield · irondequoit · henrietta · Greece · 20 convenient locations