

Joan M. Smith, Editor

# Jumps, Twists, Are All in a Day's Work

By Joan M. Smith

Fall has arrived bringing football with basketball not far behind. And where would these sports be without the cheerleader. Who else can bring life to a team by whipping the spectators into frenzied support? What is a cheerleader? From RapAround's recent vantage point as a judge for Mercy's Field Day cheerleading contest, along with Rosemary Wilson, Theresa Pollock, and Sister Barbara Weyland, assistant principal at Cardinal Mooney, a composite was formed. A cheerleader is a popular, outgoing, energetic person — one, by the way, who can twist and bend the bones at will.

During the last few weeks the Rochester scene has been dominated by cheerleading. Aside from Mercy's competitions, the former Section V cheerleading champions, the Cardinal Mooney squad, went into action, Sept. 26, by kicking off the school's Homecoming Weekend. Earlier in the week the professional National Football League Buffalo Bills cheering squad was in town on a promotional tour. But whether amateur or professional, all cheerleaders have one thing in common — plenty of hard work.

According to Chris Sullivan, a former Jill and now director of the group, the Bills, in preparing for their 10 season games at Rich Stadium, practice from May to August, four hours, two nights a week. After the preseason games, they scale down to one night a week practices.

The Mercy girls, preparing for the Field Day contests practiced every night after school until 5 p.m., for a full week. They moaned when describing their mastering the side aerials (cartwheels with no hands), and backhand springs. They were in competition for two days with the seniors taking first place. Eileen Hetterich and Christine Browne (freshman tie); Mary Heindl, sophomore; Martha Clement, junior and Janet Barringer, senior, took the Miss Cheerleader Award given to each team.

At present Mercy doesn't have a bona fide cheerleading team, but according to Eileen, her sister Liz, senior, is trying



Who says cheerleading isn't dangerous? Liz Hetterich sports a cast from pulling ligaments during practice routines. Classmate Marge Heindl gives Liz her support.



All smiles at being designated Miss Cheerleader are: Eileen, Martha, Janet, Chris, and Mary.

to coordinate one. The girls are all interested in trying out for such a team, and for some of them, cheerleading isn't a new activity. Janet was a cheerleader for the CYO basketball team at Holy Trinity and also cheered for the Pop Warner Webster Wildcat football team. Martha cheered for a CYO basketball squad at Our Lady of Lourdes as did Mary, who also cheered for the Brighton Baron football team.

What do the girls think of cheerleading? They all agreed that it's fun and good exercise but, complained Martha, "People underestimate cheerleading. It's harder work than people think it is."

The most difficult aspect of their work they noted was trying to get the crowds to cheer. "People just don't want to do it," said Eileen.

Martha thought it might be interesting to be a professional cheerleader, and for her and all cheerleaders Chris Sullivan offered some advice. "Be comfortable with yourself and project your personality," she said and she emphasized that cheerleading and its practices should be approached like any sport.



The Buffalo Bills football team's cheering section demonstrating one of the many routines to be seen at the Bill's games at Rich Stadium.

## Mercy Competitor Heavy on Drama

It has been announced by Sister Mary Bonaventure, principal of Our Lady of Mercy High School, that Katherine Oberlies has been named a National Merit Scholarship Semifinalist. She is now eligible to compete for Merit Scholarships to be announced next Spring.

Katherine, who is an honor student, has taken advanced courses including English, college credit biology, chemistry, math, calculus and Latin. Her extracurricular activities include dramatics and student government. She

has performed with the Rochester Community Players, the Irondequoit Community Players and Tic-Tac Players. A special event in her life was playing Juliet in "Romeo and Juliet," a production by the National Technical Institute for the Deaf at Rochester Institute of Technology. In order to play the part, Katie learned sign language.

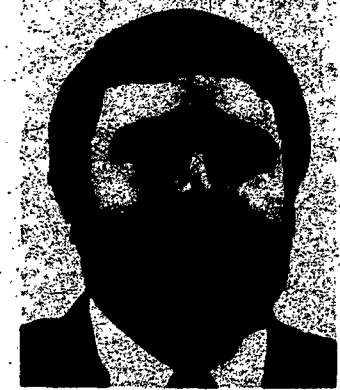
Katherine is a member of St. Thomas More Parish and participates in the youth group. She plans to attend college and then law school. She hopes to work as a lawyer for the legal rights of the handicapped, especially the deaf.

## Focus On Leaders

Michael Perrotta, Bishop Kearney Student Council president; Dan Ercolano, vice president; and Lorraine Trovato, secretary, along with their moderator Brother Costello, attended a leadership workshop sponsored by the Christian Brothers, in West Park, New York, Sept. 18-20. Students from 13 other schools also attended.

Students attend the workshop each year to learn effective methods of leadership. This year, students and moderators took part in role-playing skits. The theme of each skit dealt with possible problems that could arise within the student council.

According to Lorraine, however, it was not all work. There was plenty of time for softball and football games, and hiking. At a candlelight liturgy, students acted out different excerpts from the Bible. Afterwards they dined with the Christian Brother novices.



MIKE AXEL

## New To Aquinas

Aquinas is pleased to announce additions to the school's faculty. Paul Guarneri will teach math. Dr. Frank Little and Mr. Edward Zempelko, CSB, science; Mr. Maurice Restivo, CSB, languages; Vince Dolard, Ms. Mary Ann Pallo, and Mr. William Clark, CSB, English. Michael Axel joins the school as band director.

## On The Go

**AQUINAS**  
Thursday, Oct. 2 — Drama rehearsal.  
Monday, Oct. 6 — Band Booster meeting, 7:45 p.m.  
Tuesday, Oct. 7 — Drama rehearsal, 7:30 p.m.  
Wednesday, Oct. 8 — Band performs at re-opening of Clinton Ave., noon to 1 p.m.

**BISHOP KEARNEY**  
Thursday, Oct. 2 — Faculty meeting, dismissal, 11:50 a.m.

Friday, Oct. 3 — Fall play rehearsal, auditorium, 3 p.m.  
Monday, Oct. 6 — Senior girls overnight retreat at Camp Stella Maris; rehearsal for play, 3 p.m.  
Tuesday, Oct. 7 — Senior girls overnight retreat ends; play rehearsal, 3 p.m.  
Wednesday, Oct. 8 — Suburban College Night at Eastridge High School, 7:30 p.m.

**CARDINAL MOONEY**  
Wednesday, Oct. 1 —

English class field trip; Follies rehearsal, 7 p.m.

Saturday, Oct. 4 — Paper Drive.  
Monday, Oct. 6 — Follies rehearsal, 7 p.m.

Tuesday, Oct. 7 — Preliminary Competency testing; Men's Guild meeting.

Wednesday, Oct. 8 — Preliminary Competency testing; sophomore retreat; Notre Dame Retreat House, begins; College Career

Night; Women's Guild Board meeting.

**NAZARETH**  
Thursday, Oct. 2 — Chocolate Drive, Awards assembly.

Monday, Oct. 6 — Athletic Association pep assembly.

Tuesday, Oct. 7 — Faculty meeting, rm. 317, 3:45 p.m.

Wednesday, Oct. 8 — Class meeting with Guidance Office.