



St. Ann's Home To Host Forum

White House mini-forums are being conducted throughout the nation to assimilate the views of citizens in order to prepare formal recommendations on policies affecting the aging for the White House Conference on Aging in 1981.

Elderly delegates from the mini-forums will attend county forums which in turn will send delegates to a state forum. All of this leads up the national conference.

Voluntary nursing homes were asked to conduct forums in their own communities and St. Ann's Home/The Heritage did so last May, primarily for older Americans and concerned citizens in the Iron-quoit area. However, officials felt that the attendance was not representative of the numbers who live in Iron-quoit.

For this reason, St. Ann's

Home/The Heritage, 1500 Portland Ave., has scheduled another hearing from 1 to 3 p.m., Wednesday, Sept. 24, in St. Ann's Auditorium.

Matters such as housing, transportation, perceptions of the elderly, care and services lacking in the community to assist the elderly, assurance of adequate income for older Americans, increased opportunities for employment and improving quality of life are some of the topics.

All are urged to attend to express their concerns and recommendations on matters affecting older Americans.

Charismatic Prayer

Father Thomas Green, SJ, will speak at a day of prayer hosted by the Catholic Charismatic Renewal Service Committee on Saturday, Sept. 27 starting at 9:30 a.m. The service will take place at St. Monica's school, gym, 841 Genesee St.

Father Green, a native Rochesterian, is currently stationed in the Philippines as spiritual director of the Seminary in Manila.

He has written two books, "When the Well Runs Dry," and "Opening to God." For further information those interested may call the Charismatic Renewal Office, 436-6252. The public is invited.



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Convention Planners

More than 200 delegates are expected to attend the 85th annual national convention of the Knights of Equity on Oct. 23-25 at the downtown Holiday Inn. Meeting in conjunction will be the Daughters of Erin. Making preparations is a committee that includes, from left, Arthur Farren, George Fay, Mrs. Isabelle O'Connell and John Kirk, near the convention site.

Sarah Child



All in the Family

Chili Time Upon Us

The intention was to wait until October to print the three chili con carne recipes that arrived when a reader asked for one for chili sauce.

But a cool breeze drifting past the typewriter hints that chili con carne weather is just around the corner. So here they are as promised:

Peter B. Taub's 3-Alarm Chili:

Brown two pounds of beef. Add a cup of chopped onion, two cloves of chopped garlic. Stir. Add a pinch of

oregano, one tablespoon of ground cumin, one tablespoon salt, two large cans of tomatoes and three cans of red kidney beans. Simmer together for an hour, skimming off fat. Cook 20 minutes

For extremely hot chili, the tongue-burning kind, add a teaspoon of ground red pepper and three or four heaping tablespoons of chili powder.

For a more balanced taste, one in which the true chili eater can discern whether it is moose meat or beef, cut the chili powder some, maybe in half, and maybe cut the pepper in half, too.

Rose Kime's Chili

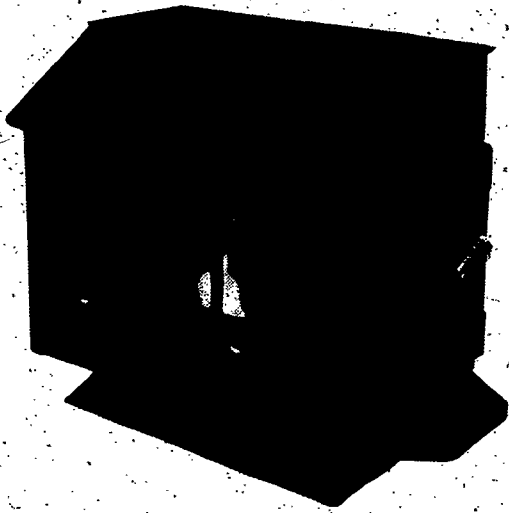
Heat 3 tbs. fat in 10-inch skillet. Add large chopped onion, large green chopped pepper and 1 pound of chopped beef. Cook until brown, stirring occasionally. Add two cups tomatoes, 1 can of tomato soup, 1/2 tsp. paprika, 1/2 tsp cayenne pepper, 1 bay leaf, 1 tsp chili powder. Cover. Simmer one hour, stirring often. Add more water if mixture gets too thick. Combine 1 mashed garlic clove, 1/2 tsp salt and 1 can of kidney beans and add to mixture. Makes six servings.

Fran Sanagorski's Chili

Brown 1 pound ground chuck, 1 chopped onion, 1 small green pepper and 1/2 tbs. chili powder in fat in skillet. Add one medium size can of crushed tomatoes. Simmer when cooked down add two more tbs. chili powder, 1 tsp. sugar and 1 can kidney beans and cook an hour more. Add a little water to thin it if you like or 2 tbs. flour to thicken it. It's even better reheated.

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Leon V. Kofod photo

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