

Star Has Your Favorite Meat Cuts!

<p>1ST FIVE RIBS STANDING RIB ROAST</p> <p>Save \$278 61¢ LB.</p> 	<p>SMOKED Pork Shoulder PICNICS</p> <p>5 TO 8 LB. AVERAGE</p> <p>Save \$65 34¢ LB.</p> <p>WATER ADDED</p> 	<p>FRESH SMALL PORK SPARE-RIBS</p> <p>Save \$123 46¢ LB.</p> 	<p>OLDE VIRGINIE SLICED BACON</p> <p>Save \$109 40¢ LB.</p> 		
<p>SAVE 70° LB. STACK O' RIBS STEAKS</p> <p>\$289 LB.</p>	<p>SAVE 71° LB. ZWEIFLE'S NATURAL CASING COCKTAIL WIENERS</p> <p>\$198 LB.</p>	<p>SAVE 30° LB. KRAKOW. POLISH SMOKED SAUSAGE</p> <p>\$159 LB.</p>	<p>SAVE 20° LB. WHITE BRAND SMOKED LIVER SAUSAGE</p> <p>79¢ LB.</p>		
<p>SAVE 31° LB. QUARTER PORK LOIN SLICED</p> <p>3 Rib + 3 Loin + 3 Center Cut Chops</p> <p>\$128 LB.</p>	<p>SAVE 80° LB. BONELESS BOTTOM ROUND ROASTS</p> <p>\$219 LB.</p>	<p>SAVE 80° LB. TOP ROUND STEAKS</p> <p>\$249 LB.</p>	<p>SAVE 60° LB. TOP ROUND ROASTS</p> <p>\$239 LB.</p>	<p>STAR REGULAR & THICK SLICED BOLOGNA</p> <p>Save 30¢ \$129 LB.</p>	<p>SAVE 51° LB. 3 LB. FAMILY PACK CUBE STEAKS</p> <p>\$248 LB.</p>

PORK LOIN SALE!

SAVE 40° LB. RIB-HALF LOIN ROAST LB. \$129

SAVE 40° LB. LOIN-HALF LOIN ROAST LB. \$139

SAVE 56° LB. - (RIB & LOIN) Center Cut Pork Chops LB. \$173

SAVE 46° LB. Country Style Spareribs LB. \$123

SAVE 10° 2 LB. BAG SAUERKRAUT EA. 39¢

BONELESS BEEF!

SAVE 70° LB. - BOTTOM ROUND STEAKS LB. \$229

SAVE 62° LB. RUMP ROASTS LB. \$237

SAVE 74° LB. EYE ROUND ROASTS LB. \$265

SAVE 14° LB. SHORT RIBS O' BEEF LB. \$145

SAVE 51° LB. - REGULAR
Food Club 98¢
WIENERS LB.

SAVE 20° LB. - THORN APPLE VALLEY
HAM STEAKS LB. \$269

Fresh Fish
From North Atlantic Waters!

- FRESH HADDOCK
- FRESH PERCH
- FRESH COD
- FRESH HAKE (Deep Sea Whitefish)
- SOLE

FROZEN FISH SPECIALS

LARGE HADDOCK FILLETS	SKINLESS COD FILLETS
SAVE 30° LB. \$169	SAVE 40° LB. \$149
GORTONS CRUNCHY FISH PORTIONS	GORTONS CRUNCHY FISH STICKS
SAVE 10° \$179	SAVE 12 OZ. \$179

HOLLY FARMS GRADE A CHICKEN SALE!

ALL HOLLY FARMS CHICKEN IS FRESH GRADE A - GOVT. INSPECTED. IT'S THE FINEST CHICKEN YOU CAN BUY!



The one to pick to be sure.
Holly Farms
CHICKEN

TOP VALUE STAMPS

YOUR STAR SHOPPING BONUS!

TOP VALUE STAMPS

HOLLY FARMS WHOLE & SPLIT CHICKEN BREASTS

Save 40¢
99¢ LB.

HOLLY FARMS GRADE A PICK OF THE CHIX

3 BREAST HALVES • 3 DRUMS • 3 THIGHS

Save 22¢
97¢ LB.

GRADE A MIXED FRYER PARTS

Save 14¢
55¢ LB.

HOLLY FARMS GRADE A WHOLE FRYERS

Save 10¢
57¢ LB.

HOLLY FARMS GRADE A CHICKEN THIGHS

Save 22¢
87¢ LB.

SAVE 21° LB. HOLLY FARMS GRADE A **DRUM-STICKS**

98¢ LB.

HOLLY FARMS GRADE A Whole Legs

Save 20¢
89¢ LB.

HOLLY FARMS GRADE A WINGS

Save 29¢
58¢ LB.

HOLLY FARMS GRADE A CUT-UP FRYERS

65¢ LB.

HOW TO CUT UP A WHOLE CHICKEN

This procedure yields the meaty pieces of two drum sticks, two thighs, two wings, and two breast halves and the bony pieces of back, neck, back strip, and two wing tips. Use a sharp heavy knife.

- Cut through skin and pull leg and thigh away from side. Cut through cartilage at thigh joint.
- Place leg and thigh, skin side down, on cutting board. Cut through white circle of cartilage at top of leg and separate leg from joint.
- Separate wing from breast, bend joint away from breast. Cut through joint with sharp knife.
- Divide body by inserting knife through wing joint and cut along rib ends toward tail. Pull apart and cut through cartilage and skin at neck area. Place neck and back strip side down, on cutting board. Cut through white cartilage at "V" of neck.
- Place breast, skin side down, on cutting board. Split breast in half by cutting through the white cartilage at the neck downward.

PRICES IN EFFECT THRU SUNDAY DECEMBER 16, 1979 WE RESERVE THE RIGHT TO LIMIT QUANTITIES ONLY WHEN NECESSARY

— Providing you with the finest foods is our business —