# **Mercy Swimmer** All Around Athlete

By Terrance J. Brennan

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After winning the New York State girls' swimming title in the 100-yard breaststroke last month, Mercy senior Erin Sheehey admitted that she would have been happier to finish second but a couple of seconds faster.

Erin's time of 1:10.3 was definitely not her personal best, but it was good enough to beat the state's finest. including top-seeded and rival Section 5 competitor Lisa Webster Holzwasser from Thomas.

"The race was really only me and her (Holzwasser)," Erin, second-seeded, said. "The next girl was a couple of seconds behind, but I'm lucky to even been close with the lousy start I got.'

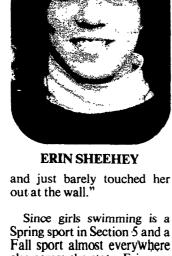
Erin explained that she could see everyone else hit the water at the start while she was still in mid-air. Gradually, though, Erin closed the gap due to the poor start, and, by the last lap, was neck and neck with Holzwasser. Then, close to the finish, Holzwasser shortened her stroke.

"I guess she was trying to increase her speed with the faster chopping strokes," Erin said, "but, I kept mine long



Since girls swimming is a Spring sport in Section 5 and a Fall sport almost everywhere else across the state, Erin was skeptical of how well she and other local swimmers would do because of the lack of competition to keep them sharp. One extra worry for Erin was the pulled shoulder muscle she aggravated by playing volleyball a couple of weeks before.

Erin swims for the Rochester Sea Dragons (formerly Perkins Swim Team), and trains with Sea Dragons coach, Bruce Smith.



## Action At **DeSales**

November was busy month for DeSales High School. The school hosted recruitment days and an "Awareness Week" that acquainted students with the needs of others. Events included prayer services, slide presentations and a "Fast for Harvest." For this project, students were asked to skip lunch and donate their savings to the Alabama hurricane victims. Proceeds totaled \$100. Clothing and toys were also collected throughout the week for the needy in Alabama.

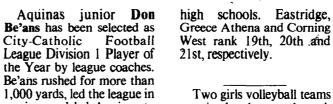
John Mawn from the national Right-to-Life organization spoke at a special assembly, Nov. 19, and Bishop Matthew Clark celebrated Mass for the DeSales community, Nov. 21.

"He's really up on the latest training methods," Erin said. 'Plus, he has more confidence in me than I have in myself."

Erin said that her daily training outside the pool included one half-hour of isometric exercises and 15-20 minutes working with weights. She admits her pleasure in winning the states, but still holds her victory this past Summer in the Empire Games as perhaps her greatest accomplishment "mainly because we competed against college kids."

Erin carries a 91 average in her courses at Mercy and is interested in a career in sports medicine, "perhaps working with olympians." She has not made a final choice as far as college yet, but says that her list of about 30 schools has been narrowed to about 10.

Erin also plays on the Mercy volleyball and soccer teams. As a center-sweep, she has been chosen the past two years as a first-team all-star in the Private-Parochial Soccer League. Erin isn't the only noted athlete in her family, either. Her brother, Mike, is a freshman at Syracuse University and plays varsity basketball. He was a member of the 1979 East High School championship team.



Winners Circle

Two girls volleyball teams scoring, and led Aquinas to remained unbeaten through the Section 5 Class AAA. play last week. Mercy (3-0) title last month. Also was pushed to its limits last selected to the City-Catholic week by Harley-Allendaleall-star team were: Tim Columbia, but rallied to win Thomas and John Consul 15-12, 13-15, 15-12, 14-16, (Bishop Kearney); Chris 15-13, at Mercy. Cardinal Mooney (6-0) stayed un-Heier and Dan Geen (McQuaid); Todd Funk, Tom beaten with a 15-4, 15-4, 15-Giglia, Mike Goodberlet 3 win over Private-Parochial and John Bianchi (Cardinal league rival Nazareth Mooney); Todd Dawes, Cecil Douglas, Joe Starnino, Academy. John Loiacono and Bob

RapAround weekly will run a photo of a group of students taken somewhere

in the diocese. One person will be circled and if that person brings the

Our Lady of Mercy during lunch. The person circled should bring the

Sports Who's Who

clipping to Joan M. Smith, Courier-Journal, by noon, Tuesday, Dec. 11°.

clipping to the Courier-Journal before noon of the Tuesday following our

publication date, he or she will receive \$5. This week's photo was taken at

Members of the City-Catholic Cross Country League all-star team selected by league coaches include: Paul Callens and Paul **Barcelo** (Aquinas); brothers Mike and Scott Testa (Cardinal Mooney); Rory Schnurr and Jim Oberst (Bishop Kearney); Tom Warth, P.K. Brimstein, Mike Das and Rennie Brimstein (McQuaid).

GRAD-NOTES - Jim Brown(ex-Aquinas), Notre

Dame sophomore, looked forward to returning home to Rochester last week to play for the Fighting Irish hockey team against Cornell University at the War Memorial. However, due to a shoulder injury, the 6-3, 200-pound defenseman was unable to play. Brown played two seasons of high school hockey and two years. of Junior A hockey with the Rochester Monarchs before #

Don Drum (ex-Cardinal Mooney) returns for his third season of varsity basketball at Niagara University. The 6-2, 175pound junior plays starting guard for the Purple Eagles.

and moving on to college.

graduating from Aquinas 💤

St. John Fisher College freshman fullback Chuck Graham (ex-McQuaid) tied two Cardinal football individual season records this past year, for most points scored and most touchdowns. His 48 points and eight touchdowns equalled the marks set by Mike Mandrino in 1976.

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## **Inside Operation**

Recently, Notre Dame coordinators Mary Joan Glanton and Martha Danaher paid a visit to the Courier-Journal's office to view the proceedings involved in putting together a newspaper, Above, Scott Schuman explains the workings of a computer video read-out.

## Christmas at Mooney

The Cardinal Mooney chorus and band begin their swing into the Christmas season on Wednesday, Dec. 12 with the chorus performing a concert at the Greece YMCA. On Dec. 16 they will appear at Midtown Plaza, 2 p.m. On Dec. 17, 18 and 20, the band and chorus will entertain elementary school children with a Christmas concert in the Mooney

### **BISHOP KEARNEY**

Thursday, Dec. 6 — Junior PAX Day, rm. A-102, second period; Parents' tureen supper, 6:30 p.m. Friday, Dec. 7 — Faculty meeting, 12:30 p.m. Saturday, Dec. 8 — Band paper drive, 9-4 p.m.;

Boutique, 10-4 p.m. Tuesday, Dec. 11 — Junior PAX Day, rm. B-215, sixth period; Kabaret tryouts, 7:30 p.m.; senior parents financial aid meeting, auditorium 8 p.m.

Wednesday, Dec. 12 — Penance Day.

**CARDINAL MOONEY** Monday, Dec. 10 -Men's Guild Board meeting. Wednesday, Dec. 12 — Interim reports due.

**DESALES** Monday Dec. 10 — Board of Trustees meeting.

MCQUAID

Wednesday, Dec. 5 —

Department meeting,

Magee(Aquinas); Sam

James, Marvin Huggins and

John Edmondson (Franklin);

Mike Lester, Henry Hood,

In the final football

rankings by New York State

sportswriters, Section 5

Class AAA champion

Aquinas Institute is in 14th

place among the state's large

Wiggington(Madison).

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dismissal, 1:28 p.m. Friday, Dec. 7 — Winter sports assembly, 1:31 p.m. Monday, Dec. 10 -Fisher Glee Club assembly, 9:35-10:25 a.m.

Wednesday, Dec. 12 -End of second marking period.

### NAZARETH

Dec. 6-7 — Art Boutique, items on sale during lunches. Thursday, Dec. 6 — Honors assembly, 8:30 a.m.;

freshman class rep meeting rm. 112, 2:45 p.m.; PATON meeting, cafeteria, 7:45 p.m. Dec. 7-9 — Students

travel to Albany for Youth And Government.

Monday, Dec. 10 -Dismissal, 1:35 p.m.; faculty meeting, rm. 317, 2 p.m.; music department meeting.

Tuesday, Dec. 11 -Vocal groups on stage, 2:45-4 p.m.; forensics meeting, 2:35-3:30 p.m.; department meetings.

Wednesday, Dec. 12 -

Spanish classes to Planetarium; vocal groups on stage, 2:45-4 p.m.; passport processing for Italy and Spain trips, 2:30.

**OUR LADY OF MERCY** Saturday, Dec. 8 — 🌋

Sunday, Dec. 9 - Advent Family Mass.

Monday, Dec. 10 Administrative Board meeting, 3 p.m.

Tuesday, Dec. 11 — SGA meeting; faculty meeting, 3 | \* 4



auditorium.