

Jean M. Smith, Editor

## JA Companies Begin Business

Junior Achievement of Rochester opened its 1979-80 program last week with a meeting of 35 JA companies.

### Fr. Kinsky To Appear On TV

Catholic Schools Week is Oct. 14-20 and Father Richard C. Kinsky, CSB, superintendent of the Rochester Diocesan Schools will be busy discussing the Week and its events with the media. He will be interviewed on Channel 13, Oct. 9, 9:15 a.m.; appear on the Ed Meath Show, Channel 10, Oct. 11, 6:30-7 a.m. and will speak at the weekly television Mass, Channel 10, Sunday, Oct. 14, 8 a.m.

Operations are in full swing at five business centers in Rochester Monroe County and three satellite companies in Ontario County. The centers are: RIT Metro Center, Eastridge High School, Schroeder High School, Britton Road Junior High School and Pittsford-Sutherland High School.

Events scheduled for the coming year include: three trade fairs, officers training course on Nov. 2, Presidents Day during JA Week in January, conferences, officer competitions and the Future Unlimited Banquet in May.

The Junior Achievement Offices and meeting rooms have moved to the fourth floor of the RIT Metro Center.



## The Early Cardinals

At 7:30 a.m. when most people are still in a daze, Sister Marlene McQueeny and her Cardinal-Mooney freshmen cheerleaders have already held a meeting, exercised and then practice cheers. The girls who makeup the freshmen squad have joined an organization that has captured three Section Five cheerleading titles; 1974, '75, '77. In photos above, Sister Marlene and her senior helpmates, Terri Thomas and Jacki Vigliotti map out the practice regimen while Sharon Kroubalkian, Diane Heberger limber up and Margaret Nietopski and crew begin cheer patterns.

## Knowing How to Study Isn't All That Simple

School is for learning but a basic skill often neglected or taken for granted is — how to learn. The first in a series of "how to" study programs known as the "HM" (for Harvard Milton) Study Skills Program has been published and recently the New York Times Educational section (9/11 issue) not only reviewed the guide but the reason behind compiling it.

According to the Times education writer, millions of youngsters have returned to their classrooms with the idea of learning as much as possible in as little time as feasible. In industry, he explained, this is called productivity and much effort goes into time and motion studies to improve the worker's skills. In education, according to some experts, similar skills are largely neglected, to the students' disadvantage.

The Study Skills Program is an attempt by a group of educators from Harvard University and Milton Academy, a private college-preparatory school near

Boston, to correct the neglect.

The program according to the article, has been endorsed by the National Association of Secondary School Principals. In explaining this unusual cooperation between a leading university, a prominent independent school and the public school establishment, Owen B. Kiernan, the NASSP's executive director, says that he and his associates have become increasingly concerned that lack of these skills, particularly as students move on to secondary school, "makes it increasingly difficult for them to succeed."

In the workbook editor's view, the present popular demand for stress on the "basics" — reading, writing, and computation, omits something even more basic — study skills. Pupils and parents assume that such skills are routinely picked up in passing and that they require little more than common sense and a measure of self-discipline. This isn't the case, say the experts. Like any skills, they can be taught and

teaching them effectively saves frustration and wasted effort.

The 95-page student workbook, accompanied by a 36-page teacher's guide, deals with 12 units: Introduction; Learning to listen; Vocabulary (Getting Meaning from context); Note-Taking Methods; Listening and Taking Notes; A Way to Read a Textbook; Vocabulary (Literal and Figurative Meanings); How Do You Study; Improving Your Memory; Preparing For and Taking Tests; Objective Questions; Organizing a Paragraph; Organizing a Paragraph and Answering Essay Questions; Using Your Time.

In the section on note-taking the program offers advice on what to do — summarize only the main ideas and always in your own words; And what not to do — write down too much. It also underlines the importance of learning to outline subjects and ideas by "mapping" out notes in a simple easy-to-remember diagram.

## Equal Time

How do you study best?  
BISHOP KEARNEY

ANTONELLA LOTURCO  
Senior

"I get all my notes together and find a quiet place and read them over and over. I prefer quiet rather than noise from a radio or stereo. I study after dinner about eight o'clock. If I know the subject well I don't take too much time with it but if I'm weak in a subject I take longer studying it. My advice for freshmen developing study habits is not to study too late or you will fall asleep."



PAT FLANNIGAN  
Freshman  
football

"I like to be relaxed and sit in my room alone — quiet tends to help the concentration. After supper around eight-thirty is a good time for me to study. For tests I go through my notes which are written the way it's easy for me to study. My advice about studying is to be organized, keep folders and notebooks for each class so you have all the information in order to study for a test."



CHERYL TIBERIO  
Sophomore  
cheerleading

"Usually I study before I go to bed because I'm comfortable and no one else is around and it's quiet. Sometimes I study with the radio on but I don't have it blaring — total quiet would drive me nuts. My advice for studying is don't spend so much time on the good subjects, put the time on the weaker ones and study them last."



TED OBERLIES  
Freshman  
football

"I usually study in bed or in a comfortable situation. I might have the radio on but on low volume. Radio noise doesn't bother me unless it's really loud — hearing it doesn't break my concentration. I have a pretty busy schedule and I study right after supper until I go to bed. Good study habits and organization make school much more enjoyable because I'm prepared. I'd advise that you need a lot of time to study and take the time. Don't rush but relax."



MIKE LUFT  
Sophomore  
lacrosse

"I like to have a little bit of noise when I study like the radio on. Or sometimes, my friends are over — I like company when I study. I do my easy subjects first and save the hard ones until last. I study around eight or nine o'clock everyday and spend about two hours at it. I can concentrate with noise as long as it's not blaring. My advice to those who are developing study habits is to keep a lot of notes. Make sure things are kept neat and dated and spend two-three hours a night on studying."



RORY SCHNURR  
Senior  
cross country

"Usually I like to relax alone, have the radio on lightly. I study when I have time and try to work it around my schedule. I study a couple of hours a day — it may be more this year because I have a busy schedule. Luckily I have a good memory but I try to learn facts rather than memorize them. My advice for developing study habits is to relax and don't get into bad habits — like laziness — because they are hard to break."



"Very carefully in a quiet atmosphere. But you can't really concentrate in total quiet — a little bit of noise from the radio helps. Sometimes I study during lunch period or right after dinner around eight-thirty. Usually I'll take the easier subjects first and then the harder ones. My advice about studying, especially for tests, is don't save all the studying until the last minute."



LORI JANIAK  
Sophomore

"Usually when everything is quiet and everyone is somewhere else so that there are no interruptions. Quiet is the best way to have concentration. I'll study the easy subjects first and then work a longer time on the more difficult subjects. When studying, you have to be relaxed, comfortable, have all your information with you and know exactly what you have to study."



## On The Go

### BISHOP KEARNEY

Thursday, Oct. 4 — Fathers' Club meeting.  
Oct. 3-4 — Senior overnight retreat.  
Monday, Oct. 8 — No classes, Columbus Day.  
Wednesday, Oct. 10 — Rochester area colleges visit school, 1-2 p.m.

### CARDINAL MOONEY

Thursday, Oct. 4 — Greece College Career Night at Arcadia High School, 7:30-10 p.m.  
Oct. 4-12 — Preliminary competency tests.  
Monday, Oct. 8 — No school, Columbus Day.  
Tuesday, Oct. 9 — Men's Guild meeting.  
Oct. 10-12 — Sophomore

### retreat.

Wednesday, Oct. 10 — PTA mini-schedule.

### DESALES

Monday, Oct. 8 — No classes, Columbus Day; Board of Trustee meeting.

### MCQUAID

Wednesday, Oct. 3 — Advisors meeting, dismissal, 1:28 p.m.

Friday, Oct. 5 — Assembly, 9:23 p.m.

Monday, Oct. 8 — No school.

Tuesday, Oct. 9 — Academic Council.

### NAZARETH

Friday, Oct. 5 — Chocolate Drive holiday.  
Monday, Oct. 8 — Columbus Day holiday.

### OUR LADY OF MERCY

Oct. 5-7 — Senior trip to Toronto.

Oct. 8 — Columbus holiday.

Tuesday, Oct. 9 — Faculty meeting.

Wednesday, Oct. 10 — Bishop's Mass; Freshmen-parent-teacher meetings.

### ST. AGNES

Thursday, Oct. 4 — Slide program on energy efficient appliance.

Friday, Oct. 5 — Freshman orientation; study skills.

Monday, Oct. 8 — Columbus Day, no school.

Tuesday, Oct. 9 — Seniors receive beanies; senior bonfire.