COURIER-JOURNAL

All in the Family

By Sarah Child

See How She Runs

With the new emphasis on jogging in the diocese, it does not see amiss for me to

sarah Child am proud to report that I am

days. The rest of the family, athletes all, who pretend to treat me as an equal in sports oriented discussions, have trouble keeping the sneers out of their voices when I report my latest triumph, e.g. running two houses

now able to run a quarter of

a mile-non-stop -- on my best

farther this week than I did last week. (Our tract forms an oval and there are those of us who measure progress according to whose lawn we drop in.)

They offer helpful hints.

Wednesday, August 8, 1979 The head of the house, for lunch hour af

instance, who recently distinguished himself in family circles by running the Diet Pepsi 10,000 meters in 53 minutes (I'd have trouble making it in the car in that time) preached piously about my footgear, pointing out the advantages of a nylon runner with crepe sole over the two inch wedgie with open toe I'd been favoring.

The other three, soccer players of some repute, also had suggestions.

The oldest whose speciality is the 100 yard dash and who recently beat a male classmate in an impromptu race during lunch hour after he told her girls couldn't run as fàst as boys was of the opinion that I'm not competitive enough,

Her brother thinks my problem may be the dog. Hs says Clementine's habit of dashing for a squirrel at 50 miles an hour and then coming to a dead stop with me at the other end of the leash is not doing anything for my rhythm.

And the youngest who said she thought she could run, but wasn't sure and then went out and did four miles on one of her first tries, says apparel is definitely my weak point. Motivation is the key she opines and how can anybody be properly motivated wearing shorts and tank top that don't match.

I've my own theory as to why I haven't done any better in all my efforts. When we were kids my Gram used to tell us that:

Whistling girls And crowing hens Hicks Always come to Some bad end.

Nobody mentioned specifically what happened to females who sprinted instead of strolled. But, the message implicit in the above lines seemed clear enough.

St. Charles Borromeo

DEWEY AVE.

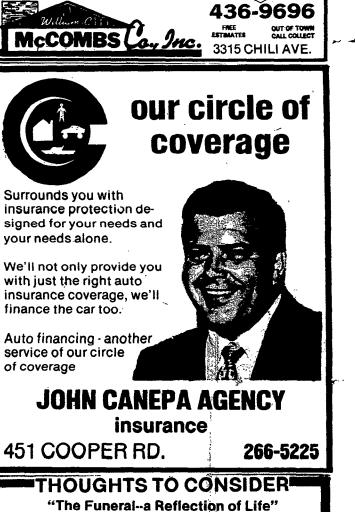
PHARMACY Prescription Specialists COSMETICS-TOILETRIES Home Heating Inc. PHOTO FINISHING 424-4848 271-4650 2910 Dewey Avenue 865-2210 AKE 1688 CLIFFORD AVE. ORNER near Goodi 3 tier serves up to 100, \$29 PHONE 24.5 4 tier serves 175 to 200, \$45 482-1133 the way 4 tier fountain cake, \$80 3 tier whipped cream, custard filling serves up to 100 \$45 We Deliver Decorator cakes, whipped cream & strawberry, lemon, pineapple, custard filling; 1/4 sheet, \$5.00; 1/2 sheet, \$8.00; full sheet \$15.00; Decorator cakes, butter cream frostings, half sheet \$7.00, full sheet \$13 A COMPLETE HOME IMPROVEMENT SERVICE! 15,000 CUSTOMERS CAN'T BE WRONG! Visit our complete kitchen & bathroom showro sulation/roofing/siding/ FEATURING KITCHENS BY 1 MAD (itchens INC. FREE ESTIMATES McCOMBS

APPLY HERE FOR A CASH BONUS ON THE IOME IMPROVEMENT LOAN YOU CAN'T IMPROVE ON.

Get our 10.98% ANNUAL PERCENTAGE RATE and life insurance at no cost to you.

APPLICATION

Community Savings Bank, Consumer Loan Dept. 12 Clinton Avenue South, Rochester, N.Y. 14604				For_	Amount of Loan Desired \$ ForMonths			
list proposed in	nprovements		<u></u>	· · · · · · · · · · · · · · · · · · ·	,			
Name	First	Middle	Last	Age	Social Security	y Number	Telephone Number	
Street Address	City	State	Zıp Code	How long?	Own	Rent	Monthly Payment	
Previous Address III above less than 2 y				CSB Checking Account		Savings Account Bank		
Your Employer	<u> </u>	How long?	Your	Position	Gross Incon	ne Week		
			<u></u>			Month	. Year	
Previous Employer (If	above less than 2 ye	ars)	How	long?				
Other Income	Week	Month	Year					
*Note: Al consider	limony, child red as a basis	support, or s s for repaying	eparate-mainte this obligation	enance income ne	ed not be re	vealed if you do not v	vish to have it	
Co-applicant's Name	First	Middle	Last	Age	Social Security	Number	Telephone Numb	
Street Address		City	State	Zip Code	He	w long?	Relationship	
Co-applicant's Employ	er		How long?	<u> </u>	Position	·	Gross Income	



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 Mortgage
Automobile

Property to be improved if other than above

Address

Owners

Mortgage holder

I prefer my payment date to be the ______ of each month.

We may request a consumer report in connection with your application. If you ask us, we will rell you whether or not such a consumer report was requested and, if so, we will also tell you the name and address of the consumer reporting agency that furnished the report.

ignature		

Co-applicant's Signature

ALL OWNERS OF THE PROPERTY BEING IMPROVED MUST SIGN THIS APPLICATION

Example of how low-cost our money really is with our specially reduced ANNUAL PERCENTAGE RATE of 10.98%.

Amount Borrowed	Term (mos.)	Monthly Payment	Total of Payments
\$1000	18	\$60.50	\$1089.00
\$2000	36	\$65.45	\$2356.20
\$3000	48	\$77.50	\$3720.00
\$4000	60	\$86.92	\$5215.20
\$5000	84	\$85.55	\$7186.20

And the amount of your cash bonus.*

The undersigned submits the foregoing statement to be true and correct

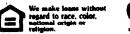
Amount Borrowed	Bonus \$25.00-minimum Ioan \$1000	
\$1000 .		
\$2000	\$25.00	
\$3000	\$25.00	
\$4000	\$25.00	
\$5000	\$50.00-on all loans of \$5000 or more	
	المانيسانية بيرينية محمد بتلكين في يراثي من المركز في التربيع بين المنها عن في محمد المركز من المركز وي المركز ا	

Other amounts and terms available up to \$10,000, with a maximum term of 10 years.

Who says you can't afford a home improvement loan this year? Community's 10.98% ANNUAL PERCENTAGE RATE is well below what you'd expect to pay in times like these. And the cash bonus we give means you save even more.

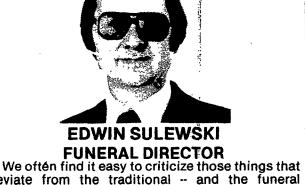
Throw in creditor life insurance at absolutely no cost (if you're under 65), and you've got a home improvement loan you can't : improve on. *Bonus amount determined on new money advanced.

Fill in and mail this home improvement loan application to Community. You'll have our answer in just a few days. And your home improvement loan a lot sooner than you thought.





Maun & Clinton, Midtown Plaza, Exchange & Broad, 100 West Ave. 424 Ridge Rd. West, Long Ridge Mall, trondequoir Plaza, 230 Waring Rd., 2000 Monroe Ave., Panorama Plaza, Pinsford, Perinton Square Plaza, Newark Plaza, Chill Center Mart



deviate from the traditional -- and the funeral service is no exception. However, we feel that the funeral service should reflect the best parts of the life that is now over. If the deceased lived a full life, had many friends and was full of fun and laughter, he or she might prefer -- or might even have prearranged -- a joyous rather than solemn ceremony. And, although everyone might not be comfortable with this break in tradition, a life that has been lived to the fullest is a cause for celebration!

In all cases, the personal preferences and desires of the family are our primary consideration and we make every effort to help carry them out. If you have any questions concerning costs, our services, or pre-arrangement, we invite you to call at any time.

We can furnish suggested reading, and information that can help you in adjustment. Please

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