



St. Joseph's Announces Health Seminar Series

Elmira—As a result of a poll taken at the health fair recently at the Arnot Mall, St. Joseph's Hospital is sponsoring a series of seminars designed to help people take better care of their health.

"Arthritis—What It's All About."

Dr. Murray Polsky will address "What to do about Depression," at the March 7 session.

A panel will discuss "How to Cope with my Children While I'm Aging," on April 4. Members of the panel will be Dr. Frank Brand; Sister Juliana O'Hara, county Office for the Aging director; Mrs. Patricia Hunt, Services for Seniors;

and Catherine Cross of the Retired Senior Volunteer Program (RSVP).

Dr. Alan Rothberg will be the speaker for a "Women's Night of Health" May 2.

Dr. Romeo will return June 6, this time to speak on "Disease of the Heart."

Further information can be obtained by contacting the Community Relations Department at St. Joseph's.

The eight-month schedule of health-related seminars will be open to the public. The series is being conducted at the direction of the St. Joseph's Hospital Development Council's Community Relations Committee.

The offerings, titled "To Your Health Seminars," will be presented on the first Wednesday of each month, beginning Jan. 3. All sessions will be in the Doctors Meeting Room, on the first floor of St. Joseph's, at 7:30 p.m.

Mrs. Giuliana Calderone, series chairperson, said, "We took into consideration the concerns of many Twin Tier residents who participated in a study conducted at the health fair. The schedule reflects the results."

Local medical professionals and other specialists will participate in either a lecture, or a panel-type presentation. All sessions will allow ample time for questions and answers.

Weight control and women's concern for their health were the two most prominent interests indicated by the respondents to the poll, followed by depression and aging.

On Jan. 3, the topic will be "Hypertension—The Human Time Bomb," with Dr. Dominic Romeo, a cardiologist, the featured speaker.

On Feb. 7, Dr. Michael V. Sobel will speak on

A Holiday

Bishop Joseph L. Hogan celebrated a special Christmas Mass at the Auburn Correctional Facility (ACF) for the third straight year. The event was sponsored by the facility's Legion of Mary with family members of the residents in attendance. Shown above (from left) are Fathers William Leone, associate pastor at St. Jerome's, E. Rochester; James Enright, prison chaplain; Bishop Hogan; Father Charles Mulligan, diocesan Social Ministries director; and members of ACF's Legion of Mary. At right, Peter Sansone adjusts skullcap placed on his daughter, LaKeesha by



Bishop Hogan, Fathers Elmer Heindl and William Gordinier, not shown, also took part.



Refugees

Singapore police tow a boatload of 269 Vietnamese refugees toward the open sea on Dec. 17, after the refugees tried to disembark. Catholic Family Center is working in this area with local parishes to resettle such refugees. Angelina Boella's office has been officially designated as the area's refugee placement agency. She may be reached by calling (716) 546-7220.



Re-Appointed

Paul G. Rombaut has been appointed to his fifth two-year term as master of the Fourth Degree Knights of Columbus, Fifth New York District, which consists of the diocese of Rochester. Rombaut is past grand knight of Greece Council and a member of St. Charles Borromeo parish. An exemplification of the Fourth Degree will take place May 19, 1979, in Rochester. Raymond L. Nary is general chairman of membership and Robert J. Farrell has been appointed marshal.

Pupil Wins Contest

Carey Mayo, an eighth grader at Webster's Holy Trinity School, the daughter of Mr. and Mrs. George Mayo, has won first prize in the Monroe County Volunteer Firemen's Association 14th Annual Fire Prevention Essay Contest.

Carey's award was 50 silver dollars and a trophy.

Another student, Juanita Urban, a sixth grader and daughter of Mr. and Mrs. Richard Urban, also won an

award for an outstanding essay.

The contest drew more than 2,500 entries from 70 county schools.

The awards were presented at a special awards ceremony at the school attended by Herbert Hartman, Penfield Fire Marshall and head of the association; Father William Hart, pastor; Chief Douglas Marquart of Webster; Frank Kujawa, Webster Fire Marshall; and Don Fox, a member of the Fairport Fire Department.

Women to Tour Middle East

Sister Kathleen Kircher, coordinator of the diocesan ministry to divorced and separated people, and Helen M. Cohen, director of

Thomas More's Utopia

The 25th anniversary of the founding of St. Thomas More Parish in Brighton will be celebrated at the appropriately named Utopian Ball, Jan. 13 at Oak Hill Country Club. The dinner dance begins at 7 p.m. Reservations should be made with Bonnie LeGrett through 442-3990 daytimes, 482-4434 after 6 p.m. Closing date is Jan. 7.

community relations for the Jewish Community Federation, will lead a study tour of the Middle East in which 15 local women will meet with Arab and Israeli women "in a search for new insights."

Among the sponsors of the 17-day tour, which begins Jan. 15, is the Women's Interfaith Coalition. This includes Church Women United; Immaculate Conception Parish, JCF Women's Association, Nazareth Academy, St. Joan's Alliance and Young Women's Christian Association, according to the press release.

Focus on Eucharist Scheduled

A Focus on the Eucharist Mass with evening vigil has been scheduled at the chapel at the Motherhouse of the Sisters of St. Joseph Thursday, Jan. 4.

An evening prayer is scheduled for 7:30 p.m. with Mass at 8:15. Exposition will follow. Father Salem Faddoul will officiate.

Vigil

The night-long vigil sponsored each month at Holy Rosary by the Blue Army will begin at 9 p.m. Jan. 5 with Mass celebrated by Father Richard Brickler. The concluding Mass at 6 a.m. Saturday will be offered by Father Robert Meng.

Mercy Vocations

The Sisters of Mercy Vocations Team has scheduled an information session on the religious life for 1:30 to 4:30 this Sunday afternoon, Jan. 7, at the Mercy Motherhouse, 1437 Blossom Rd. Women interested are invited to contact Sister Kathleen Mary O'Connell at the Motherhouse by Jan. 5.

Elmira Edmundite Heads Region

Elmira — Father Richard M. Myhalyk, SSE, a native of Elmira, has been appointed regional superior of the Edmundite Community of the South. He is pastor of Our Lady of Lourdes Parish in Mobile, Ala., director of various programs his order sponsors in that diocese and a member of the Mobile District Board of Catholic Education.

Father Myhalyk's parents are Mr. and Mrs. Peter Myhalyk of Pine City. He is a graduate of St. Mary's school and Southside High School in Elmira, and of St. Michael's College in Winooski, Vt., where he taught chemistry and served as assistant treasurer. He holds a Master of Divinity degree from St. Basil's College of the Toronto School of Theology.

Ordained May 1, 1971, Father Myhalyk is the youngest Edmundite ever to serve in his new position. He



FATHER MYHALYK

was appointed by his immediate predecessor, Father Edward A. Leary, who became head of the order last June. His territory takes in the dioceses of Mobile and Birmingham, Ala.; Raleigh, N.C.; El Paso, Tex.; New Orleans, La.; and Detroit, Mich.

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