

Rap Around Rap Around Rap Around Rap Around Rap

Joan M. Smith, Rap Around Editor

# Trackmen Off to Philadelphia Races

BY JOAN M. SMITH

It was a balmy afternoon the day RapAround stopped at Aquinas to see what was happening in the school's summer sports program. The track, soccer and baseball teams were out warming up but it was five young runners, in particular, we interviewed. Juniors, Jeff Huber, Steve Macaluso, Tom Sawnor, Daryl Mercadel and Fitzroy Crosdale will be representing Aquinas in the Penn Relays at Villanova University in Philadelphia, April 28-29. They will compete in the 1600 meter relay.

In between warm-up sessions, directed by distance coach Thomas Gigliotti, the runners were able to take a few minutes and discuss aspects of running — like how do they put up with the pain?

"You get used to it," declared Steve who's an 880 man.

Nodding his head in agreement, Fitzroy who will travel to Philadelphia as an alternate, explained, "By the fourth week of practice, every muscle aches but then

*"By the fourth week every muscle in your body aches..."*

your body becomes used to it."

As far as choosing track, Jeff who runs the 440 and 880 attributed his interest to the fact his brother had been on the track team. Tom has always liked all kinds of sports and Fitzroy wanted to break the monotony of school and decided track was a good choice.

Asked if he ever thought of becoming a distance runner, say a two-miler, Fitzroy gave a definite "no!" According to him, the distance runners put in about 9 miles in practice sessions while the five he does, "kills me!"

The boys agreed they all have the same thoughts during the gruelling practices and before competition — "Why do I do this!" Their answer, they say, is the

satisfaction which comes after the meets. Like the marathoners, they relish the fact that just finishing is an accomplishment, both psychological and physical.

The Penn Relays for which they're preparing is a competition that over the past 10 years some 100,000 young men and women from high schools, colleges and clubs have participated in.

Aquinas goes to Villanova backed by a tradition of winning track records. According to head coach, Charles Maggio, the Aq team took the City Catholic League title in 1973-74-75-76 and of course, there's alumnus Dick Buerkle (world indoor mile record holder) to further boost the runner's competitive spirit.

But while the Aquinas sprinters are lapping Dewey Avenue and environs, McQuaid coach Bob Bradley's 1977 Section Five-titlists are pounding the pavement along Elmwood Avenue. McQuaid trackmen Chris Cantabene (senior), Vaun Grattet (junior) and Rich Price (soph) will also be running in the relays which should give added excitement to the competition.



Photo By Terrance J. Brennan

Steve, Tom, Jeff and Fitzroy happily smiling in anticipation of a good showing in the Penn relays. Missing from photo is Daryl Mercadel who will be a starter. Fitzroy is the alternate.

# Strikes, Spares and Wins

BY JOAN M. SMITH

The Specksgoor family is a bowling family and one of its members, Gina who is a junior at Bishop Kearney, recently captured the New York State Regional Junior Bowling Championship. During the competition she rolled a total 1052 for the required six games which gave her an overall average of 175. Her regional qualification assured her a place in the New York State Junior Finals in Utica, April 15-16.

Both events are scratch bowling contests, meaning the bowlers roll without handicaps. Asked

if she minded bowling so many games, Gina said no and added, "I get better near the end." Though cash awards are not offered in junior bowling competition, Gina as a senior next year will be eligible to bowl for scholarship awards.

In the eight years she has been bowling, Gina's highest single game score is a 235, rolled last December in competition. She's kept pretty busy with her hobby as she bowls in two leagues; one on Saturday night where she maintains a 153 average and the other a Sunday traveling league where she has a 162 average. She hefts a 12-

pounder and described it as a "straight" ball as it heads towards the pins.

Not only is she an active bowler but she enjoys watching the professionals on TV. On Sunday she makes it a point to tune in to watch her peers to see how they're doing.

When she's not on the bowling alleys, Gina is either playing soccer or volleyball or as second baseman in a baseball league. But it's the bowling which she's enthusiastic about.

To those who are interested in the sport, Gina offered this advice. "If

you want to bowl, get on a league. It doesn't matter how good you are because you'll develop skills as you go along.

Gina acknowledged she is still learning and has set particular goals for herself. When next season opens she plans to have a new bowling ball to help in her efforts to boost her average to the 170 mark.



GINA

Photo by Terrance J. Brennan



## WINNER'S CIRCLE

RapAround weekly will run a photo of a group of students taken somewhere in the diocese. One person will be circled and if that person brings the clipping to the Courier-Journal before noon of the Tuesday following our publication date, he or she will receive \$5. This week's photo was taken at Bishop Kearney during class. The person circled above should bring the clipping to Joan M. Smith, Courier-Journal, by noon, Tuesday, April 18 to receive \$5.

## Last JA Fair

The final Rochester Junior Achievement Trade Fair for this business year will be at Eastview Mall, April 15. Representatives from the 31 companies participating will be selling their inventories. The companies are in the process of stopping the manufacturing processes, closing out their books, paying wages and commissions.

Awards totaling \$10,000 in trophies, prizes and scholarships will be presented to JA achievers at the Futures Unlimited Banquet and Awards Night, May 16, which will close the current business year.