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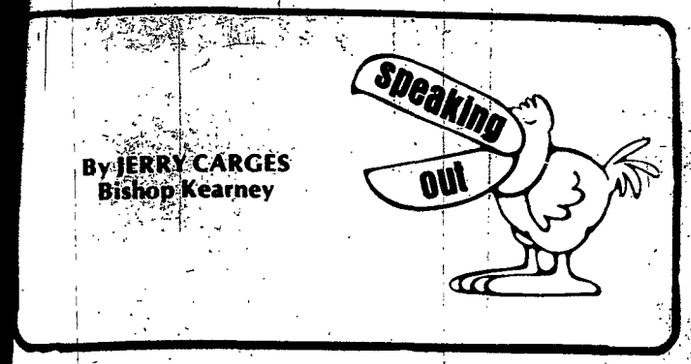

By JERRY CARGES
Bishop Kearney

The biggest factor in choosing a college will depend mainly on what field of business you are interested in entering. In high school, guidance counselors are helpful in aiding you to choose a career. It is usually a good idea to write a college and request information on what it has to offer. A visit to the college, to get a feeling of the atmosphere is helpful.

A college education has to be considered a costly investment. The constantly increasing cost of room and board at colleges has an effect on enrollment of out-of-state students. As a result, local colleges have a higher campus population on a commuting basis.

High schoolers who apply late to a college are often forced to accept second choice schools because acceptance quotas of colleges are filled while students are still in senior year. This theory of taking second choice schools adds to the high rate of college drop-outs.

College life differs a great deal from the high school routine. Now, the universities urge independent study with most of the work and class preparation done by the student. The choice is up to the individual whether he is willing to work.

One of the most difficult adjustments in college is becoming accustomed to dormitory life. It seems that most are affected by the drastic change from home life to living in one room with a new roommate.

Sometimes, I wonder if going to college is worth the effort. Considering all the time and work put in, there is always a chance of not being able to find a job. Occasionally, a college education might overqualify a person. However, I feel that one advantage of a college education is the opportunity to increase your status in the business world. In addition, being on your own forces you to become more independent.

College preparation begins now. If you are seriously considering going to college, you should acquire the help of a guidance counselor at school. The decision should be the student's and it should be made after a great deal of thought. I encourage you to take the challenge and give higher education a chance.

Combined Workshop

The theme of Catholic Schools Week, Jan. 30-Feb. 4, is "Everyone Grows" and it was chosen for the Inter-High Faculty Workshop held at Nazareth Academy on Jan. 16. Faculties from Nazareth, St. Agnes and DeSales assembled in the auditorium to hear Penfield psychiatrist Dennis Boike discuss the topic of "The Adolescent: Challenge to Our Ingenuity and Commitment."

After lunch they listend to a presentation, "Education as a Work of Social Justice," by Sister Eileen Conheady, SSJ, Social Justice coordinator for the asisters of St Joseph in Rochester.

The program concluded with a prayer service and the day's activities ended with a volleyball game in which the St. Agnes faculty proved the victors.

Photo by Terrance J. Brennan

JA Activity

Rochester Junior Achievement members were busy these last few weeks preparing for their Midtown sales event scheduled in February. On Jan. 20, presidents of the 34 JA companies were guests of the JA Board of Directors at the Chamber of Commerce. Displaying their products at this get together were from left: Ken Strachan from Benjamin Franklin High School; Laurie Radder and Cici Schiffino, Our Lady of Mercy; Joseph Born, Bishop Kearney, and Michael Brown, McQuaid. Also, JA purchasing managers and vice-presidents of manufacturing were guests of the Purchasing Agents Association of Rochester at a seminar at Gleason's, Wednesday, Jan. 25.

Guidance in Religious Vocations

Any young man considering a vocation to the priesthood is invited to call one of the priests pictured here. They are, from the left, Father Robert Gaudio of Auburn, whose telephone number is (315) 252-7261; Father William Lum of the campus ministry at the University of Rochester, (716) 275-4321; Father Thomas Valenti of Rochester, (716) 271-7240; Father John Firpo of Horseheads (607) 739-3817; Father Donald Schwab of Hornell, (607) 324-0410.

McQuaid Grad Wrestles in USSR

By JOHN DOSER

Rick Salamone, a sophomore at Bucknell University by way of McQuaid Jesuit High School, is in Moscow and Tiblisi, USSR, this week as a member of the U.S. wrestling team which is competing against some of the best wrestlers from Europe and Asia.

He left a week ago Saturday from New York with an AAU squad, most of them older than himself, and won't be back until this weekend.

Ironically his parents, Dr. and Mrs. Charles Salamone, don't expect to find out how he did in the tournament until he gets back to school.

His mom, Mrs. Marlene Salamone, says this is another big step on the way to his dream — making the U.S. Olympic wrestling team.

He made it to Moscow because last summer he took third place in the AAU National Senior Championships — a definite happier accomplishment over his 2-11 record as a freshman at Bucknell.

But there are valid reasons for the 2-11 record according to Bucknell mat coach Bob Ferraro.

Ferraro explains that Salamone who stands 4-11 and is 13 pounds lighter than the maximum weight for the lightest weight class in NCAA competition — that means his 105½ pound frame gives away as much as 12 per cent of his body weight when he climbs on the mats to face 118 pounders in collegiate matches.

But put him on the same floor with others in the same or near weight class, and he's a real tiger.

Ferraro says Salamone would be a national contender if the NCAA had a 105.5 pound weight class.

Salamone, one of the best grapplers ever to come out of McQuaid Coach John Roselli's stable, won the state intersectional title at 91 pounds in his senior year.

And despite his losing record last year at Bucknell (He's red-shirting this year) he impressed Coach Ferraro with his throws and tilts which are more important under international freestyle rules than in NCAA battles.

His mother explains that Rick came close to making the U.S. Olympic team two summers ago in Montreal — he went there anyway and stayed in the Olympic Village with the U.S. team.

But last year he won a berth with the U.S. Junior World Team which visited Bulgaria and although he didn't win a match, he made a lot of other wrestlers happy, his mom explains.

"He was beaten every time; he'd write home that again he had made someone else happy. He later told us he was wrestling Army men and every time one of them beat an American they got a week's vacation."

Olympic Team Coach Shelby Wilson, who himself won an Olympic Gold Medal in 1960, first saw Salamone wrestle in a qualifying meet held by the New York Athletic Club, the AAU team which Salamone represents.

He took a liking to him and has said he shows promise, and a good attitude, listens and takes coaching, and really wants to do the job.

He's not there yet, Wilson says, but if he keeps it up, *with his attitude he'll be shooting for 1980 and the Moscow Olympics.*

Salamone knows he can learn as much from observing as he can from competing; he's prepared to do some of both.

"The Russians have the best lightweight in the world. I plan to do as well as I can and I want to learn as much as I can. We'll be able to learn a lot from just watching the matches," he told Dennis O'Shea, Bucknell sports information director.

It's frustrating for his parents to be in the dark and not know how he's doing, but Mrs. Salamone is delighted by the marvelous opportunity her son has to travel.

"He keeps a journal and he'll write down his experiences each day, what he's seen and what he's done.

"I don't think he has a camera with him because this trip actually came up all of a sudden," Mrs. Salamone says.

It's very cold in Moscow at this time of the year she adds, and she knows he doesn't have his heavy parka and heavy shoes — he left before she could send them to him.

Like all moms everywhere, she hopes he's not cold.

When Rick isn't wrestling, he might be scuba diving or possibly mountain climbing — two of his more exciting relaxation activities — in fact he went scuba diving in Canandaigua Lake over the Christmas holidays.

After the tournament ends he plans to stay on for a tour of Europe which he's bound to know a whole lot better than the USSR.

Asked where Tiblisi was, for example, he told Bucknell's O'Shea that it's somewhere south of Moscow and then added — *on the other hand it's a whole lot of Russia that's south of Moscow.*

St. Agnes News

The St. Agnes Glee Club took fourth place in the Christmas Concert contest held at Lincoln First Concourse, Dec. 12-16.

A New York City trip, sponsored by the Fine Arts Department, is planned for the February recess. Six teachers and 40 girls will be on their way to sightsee, shop and attend the Broadway show, Act One, starring Lisa Minelli.

Nannette Nocon, member of the Student Senate was in Albany, Jan. 5-8 for a leadership workshop sponsored by the New York State Secondary Schools Student Organization (NYSSSSO) which student leaders from all over the state attended. She has also attended the NYSSSSO technical summer workshops.

In February Sister Anne Patrice's Acting Workshop will present "Final Curtain", a form of improvisational theater, as a final exam for the semester.

WINNER

Dan Geen, a freshman at McQuaid, was the recipient of the Winner's Circle $5 for the week of Jan. 18.