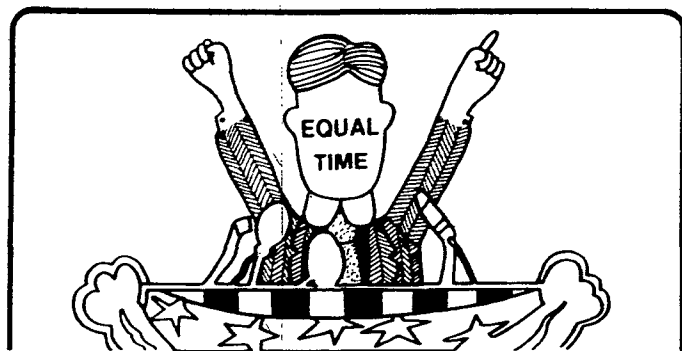


# Rap Around Rap Around Rap Around Rap A



How important do you consider your high school years?  
ST. AGNES

**Alicia Jones, freshman, Our Lady of Good Counsel.**



"I feel high school will be the four most important years of my life. I think it is most important to go to a good high school. It will be a good influence on me and also will prepare me for whatever college I choose. I look forward to having a good time during the four years."

**Pam Shortt, St. Augustine's.**



"I feel the four years of high school will be the most important of my life because I will get to know people and also the good education will help me find a good job. I look forward to meeting the new people, the learning and all of the activities that weren't available in grammar school."

**Cynthia Morrison, French Middle School.**

"First of all the high school years are important because they are when you have a chance to prove yourself. Also they will help me achieve more responsibility and more college doors open when you come from a good high school. If you like the school you will try and learn more."



**Pam Murphy, St. Cecilia's.**

"I feel the four years will really be important in my receiving a good education. It's part of your life when you meet new people and try a lot of new experiences. Also I'll be tackling much more responsibility. I like French, dance and music. I knew the time would come to go to high school but I didn't want the summer to end."



**Tessie Samela, Good Shepherd.**

"My high school years will be very important. They will help me learn to associate with people. It's the four years in which you do the growing up. I'm looking forward to playing basketball and joining the ski club. I'm also interested in dance and French."



**Kathy Meyering, Good Shepherd.**

"I think the four years of high school are important because of meeting new people and continuing a good education which will eventually mean a good job. I intend to join the ski club and to play baseball. One of my favorite courses is Spanish."



**Lisa Douglass, Wilson Junior High.**

"I think the four high school years are important because they will give me a good education which will mean a good job. Also, I'll meet many new people and I'm looking forward to making new friends."



**Meg McBride, Good Shepherd.**

"I feel the four high school years are really important because of the good education and the chance of meeting new friends. I'm looking forward to joining the sport programs like basketball, volleyball and the ski club."



## Wrestler Competes in Iran

By JOHN DOSER

Mark Panetta, who wrestled last season for the McQuaid Knights, went to Iran this summer to learn how the Iranians do it.

He found out there's a lot more to wrestling than he ever dreamed.

"I learned a lot, I picked up some techniques — like when they shoot in, we sprawl back and jump away from the takedown."

"I kind of got the idea to face the takedown and wrestle a little more freestyle; there are a lot of techniques to pick up from the Iranians because they are very aggressive wrestlers," Panetta says.

You have to learn, he says, to go right at the opponent — even if the opponent is coming right at you. "You still go at them."

The trip to Iran was arranged through the Rochester Amateur Sports group headed by Frank Oliveri and Sam Chiavari; Oliveri is a former University of Rochester head wrestling coach and Chiavari is the father of a former high school wrestler.

The competitors were broken down by ages and Panetta found himself in the junior division because he's only been wrestling for three years.

Panetta, who wrestles at 147 (or 68 kilos) looks bigger than he actually is — although he assures that he is definitely under 150.

The Iranians have one outstanding characteristic according to Panetta.

"The Iranians have really big thighs; their legs are much stronger than ours; in

fact I was talking with an Iranian and he pointed to my legs and said they were too small.

"It's a common thing here in the United States for many wrestlers to have small legs; they told us if you have small legs, it's easier to pick you up," Panetta explains.

As the result of that observation, Panetta returned home with the intention of doing something about it.

"I'm working on my legs now; I'm trying to build them up. It would be a big improvement to my wrestling this year if my legs were stronger," he says.

Part of the goal of the trip was for high school juniors to come back and share their experiences with teammates.

In Panetta's case, he'll be sharing what he learned with St. John Fisher wrestlers under coach Roger Woodworth.

Panetta found some time to watch Iranian television when he was not on the mats.

"The television there is only on at certain times. I noticed that it went off at 10 at night and when it goes off they put the Shah of Iran on TV. You see his face everywhere you go in the country; any hall, dining room, or cafeteria — there's always a picture of the Shah, his wife, and his son," Panetta says.

He also managed to listen to the radio, but he says he only heard a few stations whose programs originated in England.

"There was some English music there, but we didn't really have too much of an opportunity to listen to music while we were there."

"Iranian music is all right, you can listen to it — it's something like ours. It's not as modern, but they're getting there, I guess."

All the boys who went to Iran (and some others who went to Japan) had to raise their own funds to pay for it.

Oliveri, who says he's very happy the trips came off because at one time there were many questions about

them even getting off the ground, says it wasn't really that difficult to put the trips together because of the many persons who got involved to help.

"It certainly was not a one-man job; I have an awful lot of people to thank for it and we've set a tremendous precedent as far as I'm concerned. I know we are going to have future exchanges and certainly not just in wrestling," Oliveri explains.

He says other future student-athlete exchanges are planned to take place in gymnastics, volleyball, swimming, track and field, etc.

"All people have to do is to contact us, follow our advice, and contact the national AAU — and they can accomplish the same thing — it offers an incredible exposure to many of our athletes all over the world," Oliveri says.

"We are in the process of raising money for next year so that we can reduce the need of athletes going to their parents to ask for so darn much money to fund these trips," Oliveri says.



It was a busy time for Notre Dame sophomores on the first day of school. One duty was to have ID photos taken and James Pepin was caught in a crossfire of camera clicking.

### Sports Dinner Scheduled

The first dinner meeting of the Aquinas Sports Boosters will be on Tuesday, Sept. 20 in the student cafeteria. The social hour will begin at 6:30 p.m. followed by dinner at 7:30.

Nick Teta, head football coach, along with all the coaches for the Fall sport programs will be on hand for the occasion.

John Nuccitelli, president of the club will outline the activities of the club for the coming school year. Charles Schiano and two Lancer Soccer players will also be at the meeting to discuss soccer and its future in Rochester.

To make reservations, call the school at 254-2020 by Friday, Sept. 20.

### School Benefit

Good News, an original musical about the personal struggle of an individual's living out the gospel message, will be presented on Sunday, Sept. 25 at Our Lady of Mercy High School, 1437 Blossom Road at 7:30 p.m.

Sixty teenagers from 13 high schools in cooperation with St. Augustine's and St. Monica's parishes will participate. The play is

produced and directed by Father David Simon with words and music by Anthony Falzano.

Tickets will be \$2.50 at the door for adults, \$1.50 for senior citizens and children under 12. Advance tickets are \$2 and can be obtained by calling 325-6368 between 8:30-2:30 p.m. Monday through Friday. All proceeds will benefit Corpus Christi School.

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