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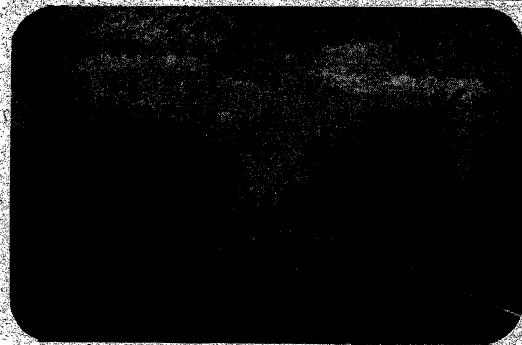
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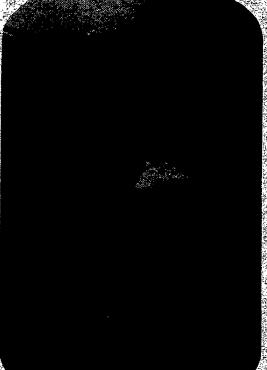
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Kathy tries the javelin throw.

Big Wheels

The Rochester Wheels, a group of about 22 wheelchair athletes, were represented by 12 of their members in recent competition in New York City. The National Wheelchair Athletic Association contests were a means of selecting athletes for further competition in international games to be held in Toronto early in August. The local Wheels who won their way to Toronto are Connie Head, Julius Duval and Ray Lewandowski. Pictured here are three other Wheels — Kathy Amorosa, Lenny Strom and Gene Spinning - practising for the New York meet.



Lenny runs the MCC track.



Kathy negotiates a curb and incline that hampered her progress.

Award Winner Credits Christ

Stanley Zawacki feels "that Christian Love and a belief in Jesus "Volunteer of the Year" award — and he makes no bones about it.

He also feels that the same is true of the runnersup, Mrs. John H. Martin and Mrs. Thomas Stofer

"Both of the runnersup are highly motivated Christian people," Zawacki says.

He recalls the awards ceremony. have been responding is that called "I was extremely nervous as I sat Christian Love — or Charity I am a Christ: was responsible," for his waiting to give my speech. But Roman Catholic, and every day I getting the Webster Kiwanis once I stepped to the microphone pray to lesus Christimy God and ask the Spirit took over, and the words flowed."

> "What we have is the Spirit of God on our side and giving witness to this fact is our job," he says.

In accepting his award at the Dome Arena June 13, Zawacki told the assembly, "The ideal to which I

Add Survey Stats: For the third billions. Tennis appealed mostly to the more affluent and better educated. Recreational vehicles, archery, firearms and hunting equipment were in the upper bracket of big sellers lice skates, hockey equipment and scuba gear showed a definite decline.

Quote and Unquote Yankee manager Billy Martin "George (president) and Bill Shea (attorney) or the expansion Foronto team in the American Baseball League next season: "We'll be competitive within a few years." Sparky Anderson, manager will not void the purchase of the Oakland players."... An official at the 24th and 25th players on the rosters of today's big league clubs, and I think the next expansion

pray to Jesus Christ my God and ask Him for His guidance and in-spiration I ask Him to tell me what I should do to give me my orders, to teach me and to give me strength.

"My mind, my heart and my will are dedicated to the living Christ, who is present in all the people whom I serve

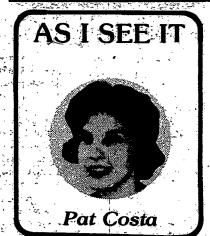
The Holy Spirit of God is the spark that enables us to get involved with new actions each day. It is the Power that enables each of us to volunteer, to get involved and to be committed to causes of all kinds

"Each of us is being prompted by the same Spirit to make the future happen by working at it, not by wishing for it."

Zawacki is involved in a number of civic and religious corganizations, including the Knights of Columbus.

Business in the Diocese

Frank Grillo, an industrial photographer for the Rochester Gas and Electric Co., recently was named Rochester Professional Photographer of the Year 1975 by the Greater Rochester Professional Photographers. Grillo, a 1975 graduate of RIT, and president of the photographers' group, will serve in the coming year as secretary of the Professional Photographers of New York State. His work has been displayed throughout the East, and he has lectured on photography extensively



I know. I know. This is supposed to be a column about television exclusively. But in a cable connected household, as this now is, allowing for the possibility of baseball seven nights a week plus the arrival at last of some hot summer days, the set and I are not, so to speak, on viewing terms.

Being Rochester, the hot sunny weather will not last for more than a week before the rain sets in and I will be back at my regular place agonizing with my favorite soap opera characters, smiling vacuously back at Barbarino and thrilling once again to the dulcet intonation of Walter's "And that's the way it is

In the meantime, however, I hied myself to the local half price book store and for the sum of 60 cents plus five cents tax purchased four paper back books with the covers

Should you have such an establishment in your immediate vicinity I suggest strongly that you do the same. It may be the best bargain of the season.

For my money I picked up one copy of "Plants for All Seasons" by Elspeth Hart which will tell me how to propagate all my own plants without resorting to the expensive commercial route. I also picked up one "plain spoken manual for the

non-professional tree lover" titled catchily "The Home Owner's Tree Book" by John Stuart Martin which details what our house and grounds can look like in 23 years if I get

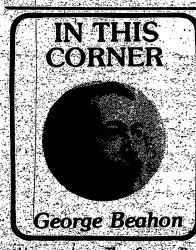
The third choice really excites me. It is a book by Lewis Thomas who is president of the Memorial Sloan-Kettering Cancer Center in New York and one of this country's foremost names in medicine. Dr. Thomas, also a published poet, won the National Book Award last year for his book, "The Lives of a Cell" which is a collection of essays originally written as monthly columns for the New England Journal of Medicine. So readable, however, were these "notes of a biology watcher" that Viking Press put them together in what is now the acclaimed book. In its recent bicentennial issue, the New York interview with Dr. Thomas and one of his essays. He discusses altruism of ants: "The weirdest aspect of the behavior of social animals, beyond scientific understanding, is their ceaseless giving away of things
. We could begin by examining this (genetically determined) behaviorial trait in

ourselves. There are signs that it is there, not as spectacularly as in the insects but nonetheless there.

My fourth de-covered paperback is titled "The You Don't Need a Man to Fix It Book".

Right off, the authors begin by telling me how smart I really am and how average the average repairman is: "Do you have the impression that your airserviceman conditioner automatically a whiz at piecrusts? Or can write absence excuses for his kids in iambic pentameter?"

Not so, they say. "The only difference between a repairman and you is that somebody showed him how." And with that kind of encouragement I'll read ANYTHING these teachers have to



Hopscotching The Sports Beat the next critic of Fun and Cames who includes Notre Dame in the list of football factories can step to the comer, climb on the highchair, and don the dunce cap. Football Writers Association carries results of a survey of National Football League rosters, which naturally include the prime cuts of the ex-collegiate beefsteak. The Big 8, which has gained status as the best of the alleged amateur football leagues, had: 135 ex-players in the NFL: Only 30 of them had escaped their respective campuses with degrees. No major conference had as many as half their NFL reps carrying degrees. (Some of the major notorious factories simply passent the departing seniors with a december attention that they spent tour years on the grounds.) But Notre Dame? Of the 24 ex-Irish playing in the NFL at survey time, all 24 had degrees: Let's hear it for Notre Dame!

year in succession; tennis was the fastest growing sport in america.
The National Sporting Goods
Association reported that 16 percent of all U.S. households played tennis last year. Sporting goods equipment expenditures for the year reached a new high of \$10-1/2

Steinbrenner (owner), Gabe Paul all are confident the commissioner within a few years". Sparky Anderson, manager of the World Champion Cincinnati Reds "I look teams (Seattle and Toronto) will be the worst in history."